

Recognised Research Centre of Kerala University of Health Sciences Recognised by Dental Council of India and Govt. of India KMCT Medical College Campus, Mukkam, Kozhikode-673602 Phone: (0495)2292002, 2292004 E-mail:dental@kmct.edu.in, website: www.kmctdentalcollege.org

# INSTITUTIONAL BEST PRACTICES: BEST PRACTICE 2:

## JOINT INITIATIVE BY KMCT DENTAL COLLEGE & UL CARE NAYANAR SADANAM



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KMCT Dental College has started a joint initiative with 'UL Care Nayanar Sadanam'(ULCCS), to nurture the employability of intellectually challenged adults to help them to attain self sufficiency by training them to practise various activities so that they learn to to perform their daily routine by themselves and this gives them a state acceptancy within the family society.

### **Objectives of practice:**

- 1. To provide oral health awareness sessions to the inmates.
- 2. To conduct Dental health screening and treatment camps for students, cartakers and staffs.
- 3. To provide vocational training and job placements for the students(inmates).
- 4. To train the faculty on management of intellectually challenged group.

### The context :

- The collaboration of a dental institution with a foundation where intellectually challenged adults are been trained for their self betterment, can uplift the oral health awarness among the inmates.
- Rehabilation and skill development will be more effective in trainable age group of above 18years.
- The faculties of our institution will get an oppurtunity to get trained by the experts from ULCCS.
- Oral health awarness and hands-on training programmes by our institution; will help them to improve their oral hygiene.
- We train the cartakers and staff members of ULCCS on different brushing techniques.



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• The in-house free oral health screening and treatment camps conducted will be very much beneficial for all the inmates. If any tedious procedure is needed, the inmate will be refferd to the dental college, for the same.

#### The Practice:

Our Institute and ULCCS has initiated a joint effort by conducting various dental screening and treatment camps for the inmates of ULCCS, so that we can we can mould their skill in certain vocational areas, which will help them to improve their quality of life. The initiative has been a grant success, since we made sure that they get placed in our campus itslef. This helps them to make an earning of theirown. The dental screening camps conducted turned out so effective because, we could diagnose many initial lesions and preventive measures were taken accordingly. We have trained them to perform certain oral hygiene measures to include it in their daily hygiene practice. Our staff members who had attended the home visit, also got benefited by receiving the training in managing the intellectually challenged individuals. All those who were part of this got benefited immensely.

#### **Evidence of success :**

We have received a lot of appreciation from ULCCS for the interest we showed for this joint initiative.

Inmates, staffs and caretakers were so delighted by receiving the best in-house free dental treatment. The ULCCS members arrange a thanksgiving ceremony after each visit, where they appreciate the effort our institution takes.



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### Problems encountered and Resources required :

Initially our Public Health Department faced issues regarding getting approval from ULCCS. Later when we explanied the MOU with ULCCS authority, the were delighted to cooperate with our institute. After the first visit itslef, we were appreciated for our effort they welcomed us to conduct more sessions in the future.