KMCT
DENTAL COLLEGE

Recognised Research Centre of Kerala University of Health Sciences
Recognised by Dental Council of India and Govt. of India
KMCT Medical College Campus, Mukkam, Kozhikode-673602
Phone: (0495)2292002, 2292004
E-mail: dental@kmct.edu.in, website: www.kmctdentalcollege.org

2.2.3 Institution facilitates building and sustenance of innate talent/ aptitude of individual students (extramural activities / beyond the classroom activities such as student clubs, cultural societies, etc)

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The Institution celebrates / organizes national and international commemorative days, events and festivals

Introduction

Our institution puts lot of effort in organizing the commemorative days, events and festivals in our campus. This makes the students aware of the importance of the specific day and cause of it. We conduct several cultural activities like speech, essay writing etc. The students used to actively participate in all the activities. The programme happens as an awareness programme, as it shows up the importance of each day. Commemorating each day helps in understanding and fulfilling the needs of society and hence we will be able to provide healthcare and service to the community. This in turn helps to set up the standards in general and oral health of individuals.

World No tobacco day

- We celebrates World No Tobacco day on May 31st every year.
- We conduct public awareness skits each year and pamphlets are distributed on the ill effects of tobacco usage on the body and on the oral cavity and the various types of tobacco products and its ill effects.

International Women's day

- We celebrate International Women's day every year on March 8th .
- As a part of this program, we gift a token of appreciation to all the female faculties in the institution as a gesture of respect.
- Various competitions and fun games are conducted for female students and faculties.

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Principal
KMCT Dental College
Manassery, Mukkam

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International Yoga Day

- We celebrates International Yoga day in the month of June every year in our campus.
- We organize Yoga and meditation lessons for students and faculties under a trained Yoga instructor.

Teacher's day

- We celebrate Teachers day every year in September to appreciate the effort of all the teachers.
- We conduct various cultural programs for all teaching faculties of our college.
- Students gives speech on the importance of teachers day and they express their gratitude to teachers.

National Tooth Brushing day

- We celebrate the National Tooth Brushing day every year in the month of November
- We conducts awareness talk for public distributes tooth brushes and tooth pastes to the poor who is in need.

World AIDS day

- We organizes World AIDS day program each year on December 1st
- World AIDS day is an international day dedicated to raising awareness of the AIDS pandemic and mourning those who have died of the disease.
- Public awareness pamphlet distribution is conducted

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National Dentists Day

- We conducts National dentists day each year on March 6th.
- We organize talks on the issues faced by Dentists all over the country and about the best clinical practices.
- We conducts several cultural activities like Soap carving, Essay writing etc for students and faculties.

World Cancer Day

- Our Institute conducts a free oral screening as a part of World Cancer Day program every year on 4th February.
- The Intern students of our institution educate the general public about importance of oral screening for cancer detection and the habits they should avoid.
- We distributes public awareness pamphlet regarding the causes of cancer and the importance of quitting habits.

We celebrate all the important national days such as Independence day, Republic day and Gandhi Jayanthi in our institute. This makes the students and faculties to keep up the spirit of patriotism.

We annually celebrate various festivals in our campus such as Onam, Christmas, Ramzan etc. Since our country is famous for unity in diversity, we must take an effort to appreciate and experience all type of cultural fests. Our institute believes in this and we never miss an opportunity to celebrate our culture hence the future generation cultivates a mind of unity and peace.

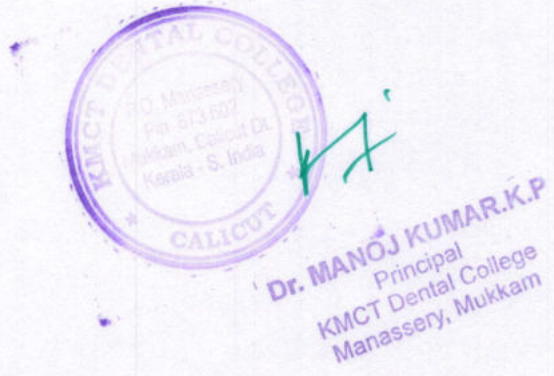
Another festivals what we celebrates without fail is Holi. Since, Holi is a festival of colours and the win of good over evil, our institution takes maximum effort to

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make it a grand success. All the students and faculties become the part of celebration.



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REPORT ON VARIOUS CLUBS

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LITERATURE CLUB

Name

The name of this organization is BOOK **WORM**

OBJECTIVE

The purpose of the Literature Club is to encourage and engage with the art of the written word both amongst ourselves and within the greater community. Club is open to anyone and everyone who shares a love for literature and wishes to join in the promotion of reading and writing.

Executive Committee 2020-21

President : Marium Raheema

Secretary : Jaseela

Treasurer : Geethu Biju

Event organisers : Athul Chandran and Praveena

Elections

Elections shall be held annually at a time designated by the Executive Committee.

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MAGAZINE COMMITTEE

CREATION OF THE COMMITTEE

This Committee is formed to publish a regular / periodical magazine that highlights staff / students concerns and activities.

OBJECTIVES OF THE COMMITEE

- To serve as an avenue where students and staff develop their writing skills, communication and presentation abilities.
- To update and inform students and staff about student relevant topics and updates on recent technological, managerial, pharmaceutical and general changes .
- To provide a creative platform for student development and participation by contributing literature for publishing in the Institute's magazine.

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MAGAZINE COMMITTEE 2020-21

The college magazine, OCCLUSION, released annually provides a platform for students and faculty to express their creativity. It encourages freedom of expression and provides a medium for exchange of thoughts and information. The Magazine Committee is responsible for the publication of OCCLUSION.

The faculty and student representatives constitute the Magazine Committee. The Committee meets periodically to discuss and select the articles for publication.



Sitting Right to left-

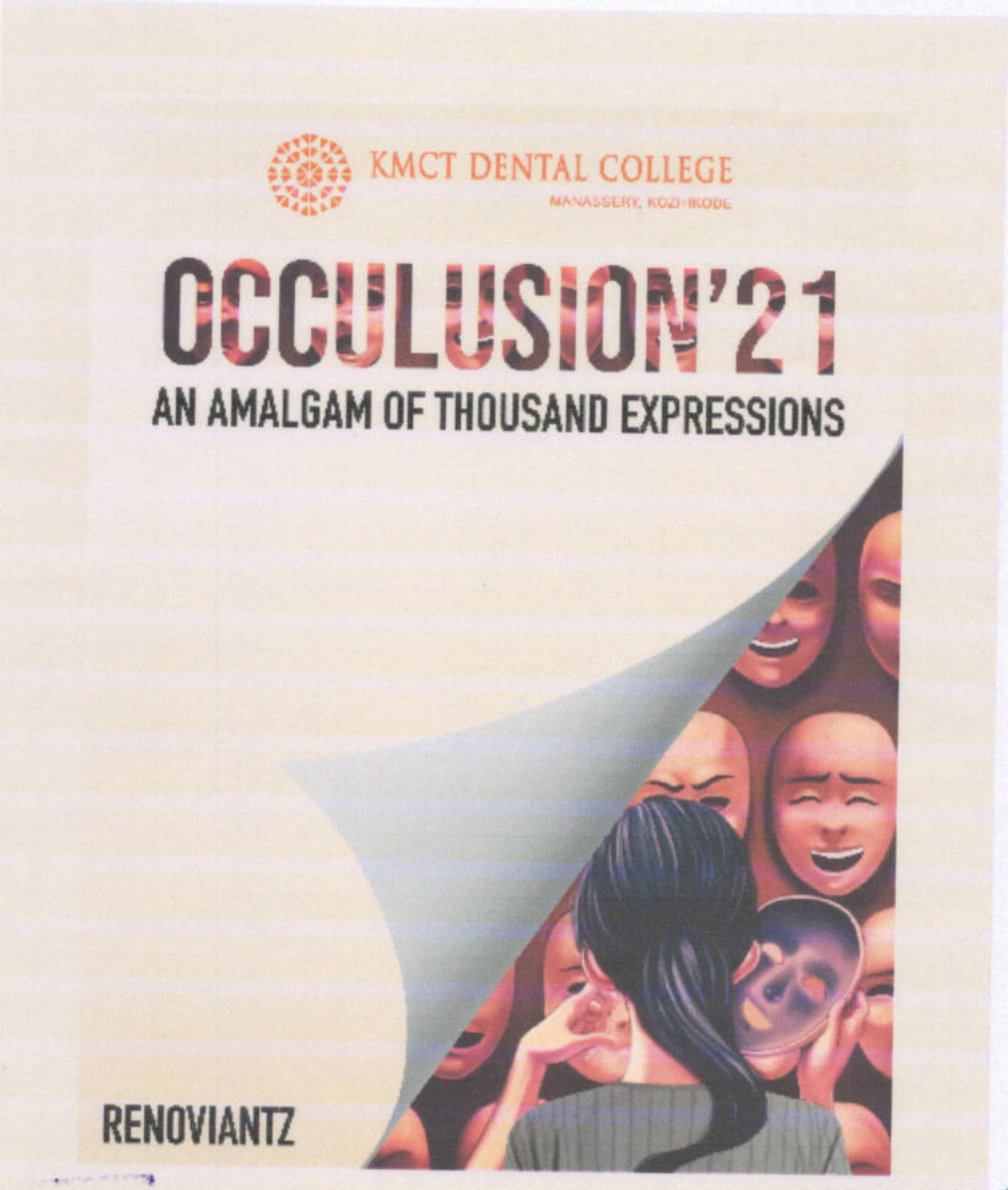
Dr.Anroop(staff magazine editor) Dr.Manoj kumar (Principal) Dr.Harish kumar (Magazine Advisor)Standing right to left-Anand menon (Arts section) Jaseela saleem (Student Magazine Editor) Dona Elizabeth sam (Malayalam section incharge) Dheeraj giridhar (Designing) Delsiya jhon (Photography) Mehjebin shirin (English section incharge) Niyas V (Photography)

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MAGAZINE COMMITTEE 2019-20

COLLEGE MAGAZINE

We, the trigerianz union batch, are glad to inform you that our college magazine work has begun with all it's enthusiasm. And we require all your enthusiasm and support in order to complete it.

We require entries from your side that is original, creative and deep in content. And we accept anything from stories, articles, movie reviews, drawings, craft works to even travelogues, poems and what nots....

We require your contributions by 31st July.

And filtering for the best is a must.

All students, PGs, staffs and non teaching staffs are invited to contribute.

Shakir Jamal
Chief editor

Shakir- 9495437859
Jyothi- 9526447611



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The Magazine Committee



Sitting left to right: Dr. Sameera G. Nath (Staff Editor), Dr. Harish Kumar V. V. (Staff Editor), Dr. Manoj Kumar K. P. (Principal), Dr. Ramesh Kumar C. (Magazine Patron), Shakir Jamal A. P. (Student Editor, 2K15 Batch)

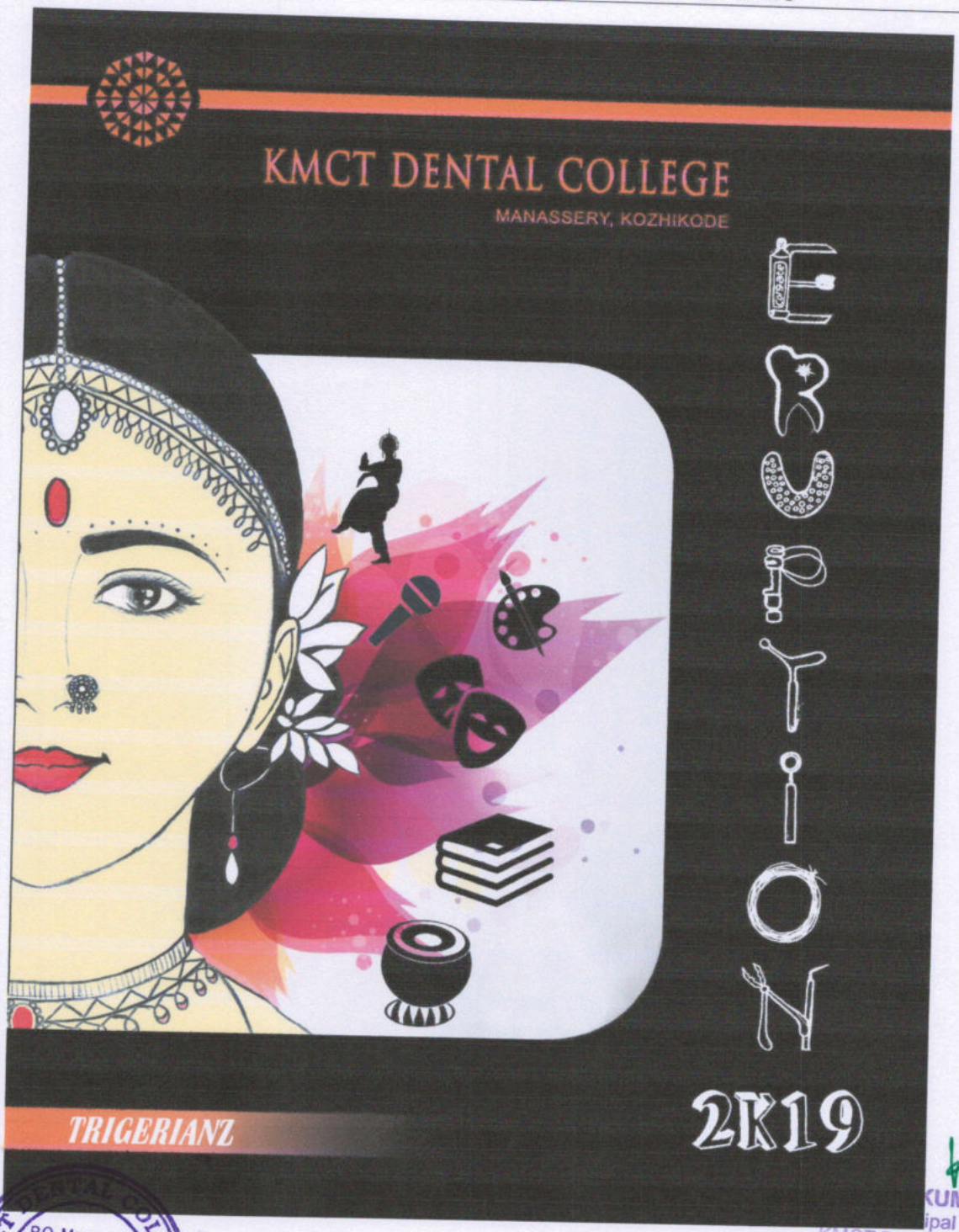
Standing left to right: Athira S. (English Section in-charge), Sini C. V. (Arts Section), Sidharth Manoj (Editing), Sreelakshmi V. (Student co-editor), Adithya Varma (Arts Section), Sneha Sara John (Malayalam Section in-charge), Muhammed Favas (Photography), Sneha Jain (Photography), Febin Mariyam (Art Section), Mohammed Ismail (Designing), Saigal George (Designing), all are from 2K15 Batch.

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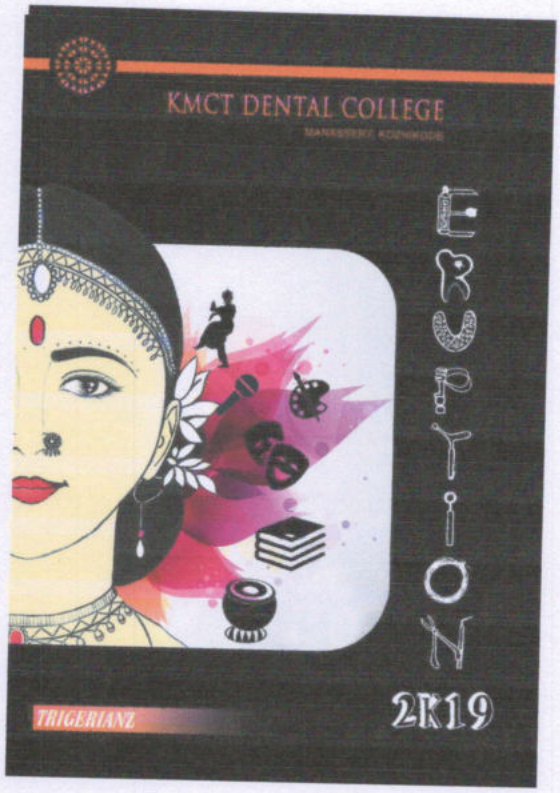
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Dexterity-The Art in Dentistry



Dexterity-the adeptness with the hand. The knack and the talent of the dentist though, doesn't limit itself to just the skills of practice but extend beyond to the field of art. Every artist isn't a dentist but every dentist is an artist. He creates, moulds, shapes and defines people with a smile and what art is as beautiful as this?

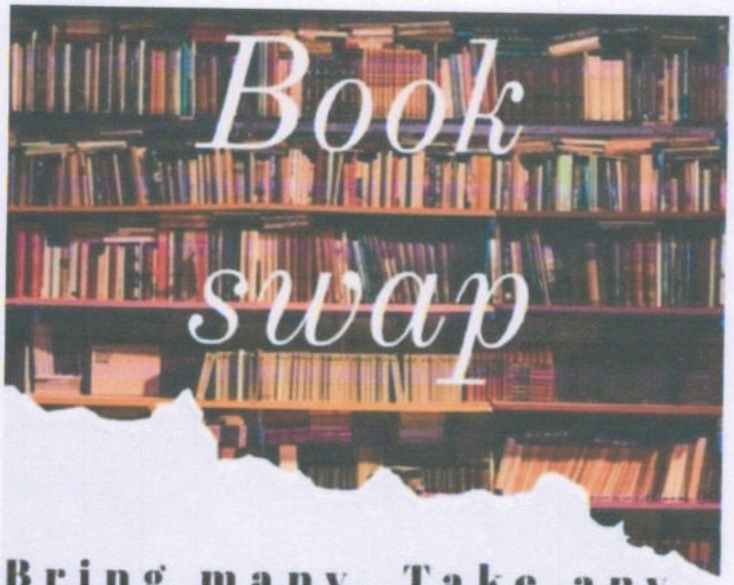
This magazine is compiled of the artistry of the students of KMCT and is a small platform for the original, by the original, from the original.

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Bring many..Take any

Get introduced to few new books and introduce some of your favourites.



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KMCT DENTAL COLLEGE STUDENT'S UNION 2018-2019 'LITERATURE CLUB'



We,the union batch 2018 of KMCT Dental College along with the guidance of Dr. Ramesh(HOD Dept of Conservative Dentistry), Dr.Harish Kumar(HOD Dept. of Periodontics), Dr.Ausaf(HOD Dept. of Oral Medicine and Radiology) and Dr.Arun Paul(Dept. of Public Health Dentistry) has taken initiative to start a literary club in our college. In association with this club, a session is being held at Lecture Hall 2 on the 27th of September from 2pm to 4pm. Students and staff who are interested are kindly requested to give their names to Mohammed Ismail, Students union chairman.

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ARTS CLUB

Name

Officially, this club shall be recognized as, **COLOURS.**

Mission

Art Club is devoted to the promotion of the arts at KMCTDC. Our mission is focused on the promotion of creativity and fun while connecting with art faculty and the artist community of central MN.

Membership

Eligibility

Art Club is open to ALL students and faculty. KMCTDC invites all individuals who have a passion for creativity and wish to contribute to the art community

Voting Membership Criteria

Upon joining Art Club, all members become "voters", and have the ability to vote on topics during the club meetings. Along with this privilege comes the expectation and responsibility of attending a majority of the meetings.

Executive Committee 2020-21

President : Harish Kumar

Secretary : Adithya Verma

Treasurer : Sindhoora.s

Event organisers:Navaneeth and Pooja Narayanan

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Inauguration

WALL MAGAZINE

The unveiling of KMCT Dental College's wall magazine
On 6th March
At 11 a.m
Near the office premises

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WALL MAGAZINE- 'THALIYOLA'

The manuscript for the display of art activities paintings, drawing, sketches, poem and articles.

The wall was prepared for display coenduring eco-friendly campus with bamboo frames, coir, rubber sheet covered with jute for the display.

The magazine was managed as each month for different batch. The batch was given charge to post their contributions.

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YOGA CLUB

Name

Officially, this club is known as **SWASTHI**

Importance of healthy body inarguably the priority every human focus on. And extra point will always be for a healthy mind in a healthy body. The best method to attain this is yoga.

To help students and staff, we at KMCT dental college introduce a yoga club. The attendance in such an activity will help in managing stress and focus on positivity.

Executive Committee 2020-21

President: Dr Arun Paul

Secretary: Hari Narayanan

Treasurer: Adarsh E

Event organisers: Anantha padmanaban and Aparna Hari

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ACADEMIC YEAR 2020-21

YOGA DAY

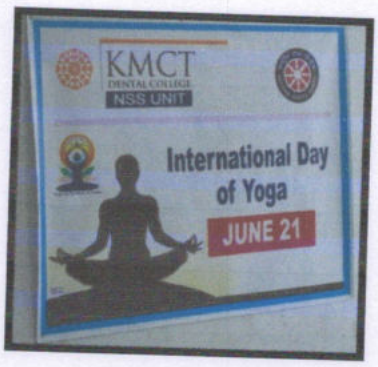




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TRAVEL CLUB

The club is known as TRAVEL **BUFF**

MANAGEMENT

THE TRAVEL team will be selected from members of travel committee and will be minimum of 3 people. The travel team shall nominate a lead travel team member who will be responsible for coordinating the activities of the team.

FINANCE

No member of travel team shall normally be paid fees or receive any remuneration other than reasonable out pocket expenses.

Executive Committee 2020-21

President: Santhosh V C

Secretary: Fahid Nisaro siyo

Treasurer: Mohammed Rafi

Event organisers: Hamid Husain and Harsha





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MOVIE CLUB

Name

We shall be known as **LIGHT CAMERA ACTION**

Objectives

The purpose of Film Club is to provide educational opportunities outside of the classroom for those interested in classic films. It is also the purpose of the Film Club to experience the atmosphere and work of film festivals. The club will formally meet bi-monthly.

Membership

The Film Club is open to all students.

To become an official member of Film Club, a student must only reach out to a currently active board/club member and express their interest.

Students must attend a majority of the bimonthly meetings in order to remain an active member of the club. They also must be respectful during the meeting in order for all members to have a complete experience. Participation during the discussion following the film is not required, but is expected and appreciated.

Executive Committee 2020-21

President	: Binu purushotham an
Secretary	: Dheeraj
Treasurer	: Richu Joji
Event organisers	: Sagar bharath and Riffa

Elections

Elections shall be held annually at a time designated by the Executive Committee.

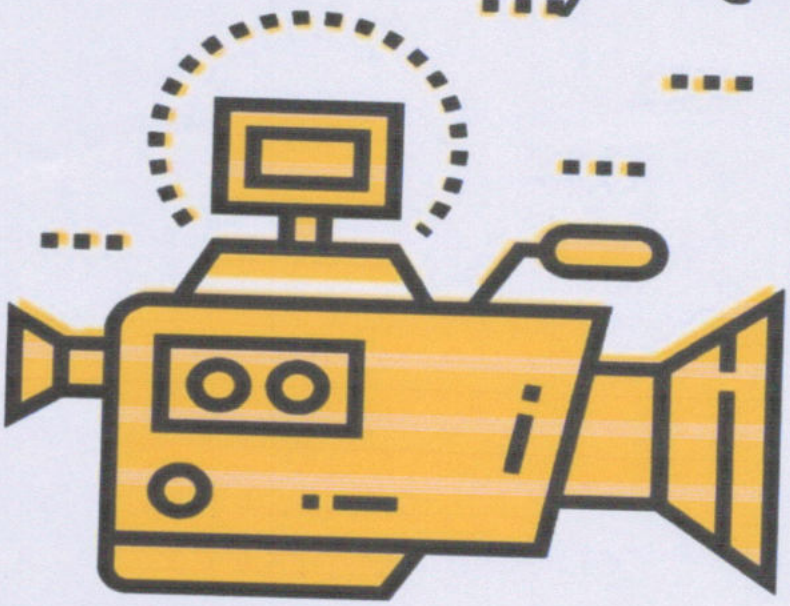
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Literary club



CHAT WITH SCRIPTWRITER

ALL MOVIE ASPIRIENT ARE KINDLY INVITED TO JOIN US

Lecture hall 2

Kmct dental college

2 - 4 pm

#RVZ

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Principal
KMCT Dental College
Manassery, Mukkam

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Mukkam, Calicut Dt.
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E-mail: dental@kmct.edu.in, website: www.kmctdentalcollege.org

ACADEMIC YEAR 2020-21

Chairman: - Hari narayanan , Dona Elizabeth Sam

University union councillors: - Fahid nizaro siyo

General Secretary: - Vineeth R J , Adithya Lakshmanan

Secretary for Arts: - Anand Menon,Roshni Thomas

Secretary for Sports: - Abhishek M , Jaseena

Magazine Editor: - Fathima Linsha, Jaseela

Treasurer: - Niyas, Syed Muhammed Shakeeb

Executive Members: -

Aiswarya v s

Akshay v r

Rasmiya k k

Salman faris

Ashikha hanam

Ashna khan

Suhana

Sumaina jasmine

Fathima ruksana t

Febina harif

Staff Advisor: - Dr.Harish Kumar V.V

Professor & HOD, Department of Periodontics

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INDEPENDENCE DAY



CANCER DAY AWARENESS PROGRAM





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REPUBLIC DAY



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ACADEMIC YEAR 2020-21

DWANI-2021

KMCT Dental College organised arts week DHWANI 18 from 5/ 04/2021 to 7/04/2021. The event was organized by union batch, that is Final year part I of the academic year 2018-19. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organized various events like

1. Light music competition
2. Poem writing
3. Story writing
4. Essay competition
5. Mehandi competition
6. Face painting competition
7. Rangoli competition
8. Solo and group Dance competition
9. Mudiyattam competition
10. Nadanpattu competition
11. Margam kali competition

After each event prize was distributed for 1st 2nd and 3rd prize

Apart from the cultural week celebration union batch organised celebrations of festivals like Onam, Christmas and EID. During onam celebration various competition like

1. Flower carpet competition
2. Tug of war
3. Uriyadi
4. Onathallu

During Christmas celebration crib making competition was conducted. Prizes were distributed for each event.

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ACADEMIC YEAR 2020-21

KMCT Dental College organised sports week DHRONA from 23/ 10/2021 to 31/10/2021. The event was organized by union batch, that is Final year part I of the academic year 2018-19. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organised both indoor and outdoor events namely

1. Athletic meet
2. Cricket match
3. Football match
4. Badminton
5. Table tennis
6. Chess
7. Caroms

After each event prize was distributed for 1st 2nd and 3rd prize

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OMFS DAY 2021

KMCT Dental College and Association of Oral and Maxillofacial Surgeons of India [AOMSI] – Kerala chapter jointly celebrated "International Oral and Maxillofacial Surgery (OMFS) Day 2021" at KMCT Dental College campus on 13th Feb, 2021.

Dr.Arun Babu (Secretary- AOMSI Kerala State Chapter) was the chief guest. Dr. Soumithran CS (HOD-OMFS, GOVT Dental College, Kozhikode) and Dr Manoj Kumar KP [Principal – KMCT Dental College] were present on the occasion. Dr. Soumithran CS took a scientific session on the topic Oral & Maxillofacial Surgery the Enchanting Journey.

HODs of different departments, Teaching staff and Non-teaching staff, and House Surgeons attended the programme. Surgical Skill contest and Quiz competition were also organized in connection with the International Oral and Maxillofacial Surgery (OMFS) Day celebration.

This day was observed to raise awareness on the important role oral and maxillofacial surgeons play in improving the quality and safety of health care worldwide through the advancement of patient care, education and research in oral and maxillofacial surgery,"





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NATIONAL ORAL PATHOLOGY DAY



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KMCT DENTAL COLLEGE

Dept. of Oral Pathology & Microbiology

Celebrating

NATIONAL ORAL PATHOLOGY DAY 2021

On 25th February 2021



COMPETITIONS

SOAP CARVING

Date : **25th February 2021 Time : 8.30 - 9.30**
Venue : **OP Students Lab**
Theme : **Willbe given at venue**

ESSAY WRITING

Topic : **Impact of Corona on Dentistry**
Last Date : **On or Before 24th Feb 2021- Before 9 - pm**
To be Sent to **opkmct@gmail.com in JPEG format**

DENTROLLS

Last Date : **On or Before 25th Feb 2021- Before 9 - am**
To be Sent to **opkmct@gmail.com in JPEG format**
No Offensive trolls; Only Topic Related Trolls

1st & 2nd Prize in each Category will be declared on 25th February
UGs, Interns, PGs & Staff can participate

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KMCT DENTAL COLLEGE

NATIONAL ORAL PATHOLOGY DAY

25th FEBRUARY 2021

Dept. Of Oral Pathology & Microbiology

RULES & REGULATIONS



Soap Carving

Time & Date: 25th February 2021, 8.30 - 9.30 am
Venue : OP students lab
Theme : Will be given at venue

Essay Writing

Topic : IMPACT OF CORONA ON DENTISTRY
Last date: On or Before 24th Feb 2021 before 9 pm
To be sent to opkmct@gmail.com in JPEG format

DenTrolls

No Offensive Trolls; Only Topic Related Trolls
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1st & 2nd Prize In Each Category Will Be Declared on 25th Feb

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Rangoli

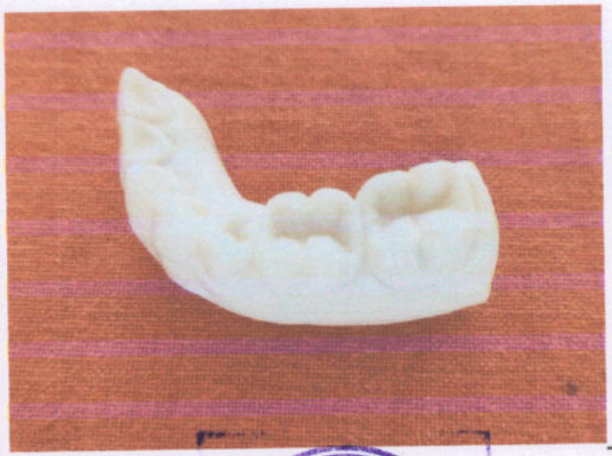
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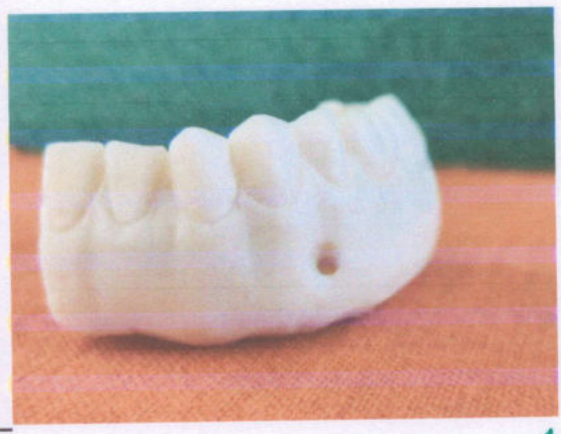
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Soap carving (1st Prize)

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Prize distribution to the winner of Soap carving

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CERTIFICATE OF EXCELLENCE

is presented to

for.....prize in .....competition
held on 25th Feb, 2021

Organized by- Department of Oral Pathology & Microbiology
KMCT Dental College

Dr. Manoj Kumar K P
Principal
KMCT Dental College

Dr. Rajeesh Mohammed P. K.
Professor & HoD
Dept.of Oral Pathology & Oral Microbiology
KMCT Dental College

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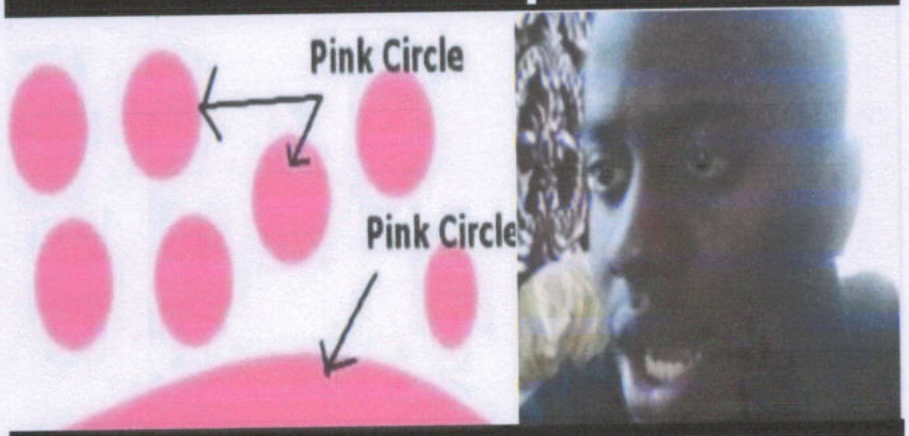
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DENTROLLS

Seeing OP slides before teacher explains



Seeing OP slides after teacher explains



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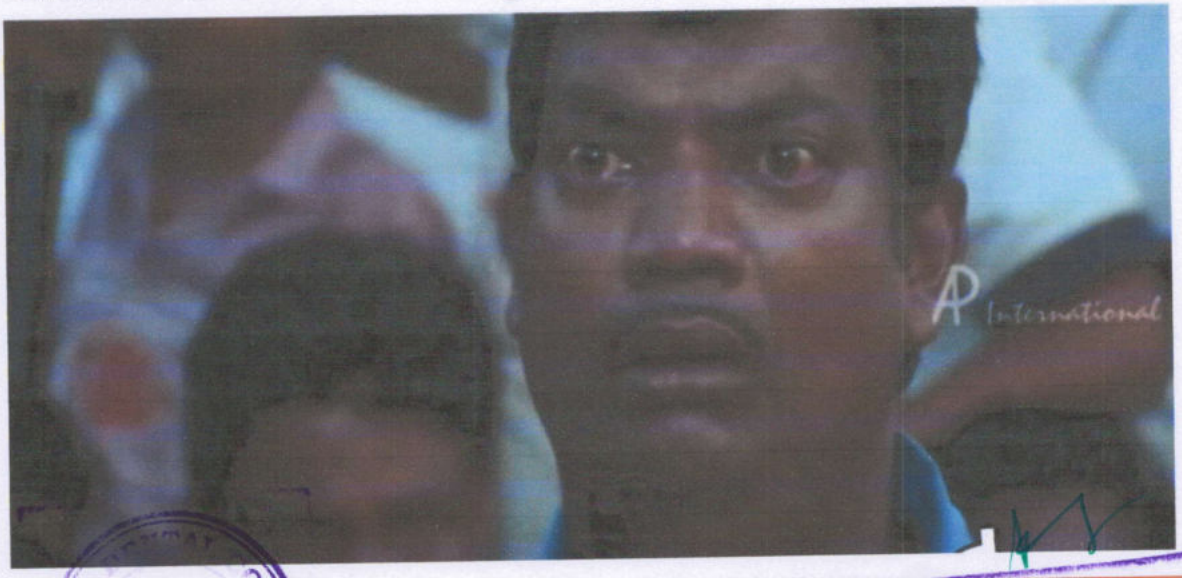
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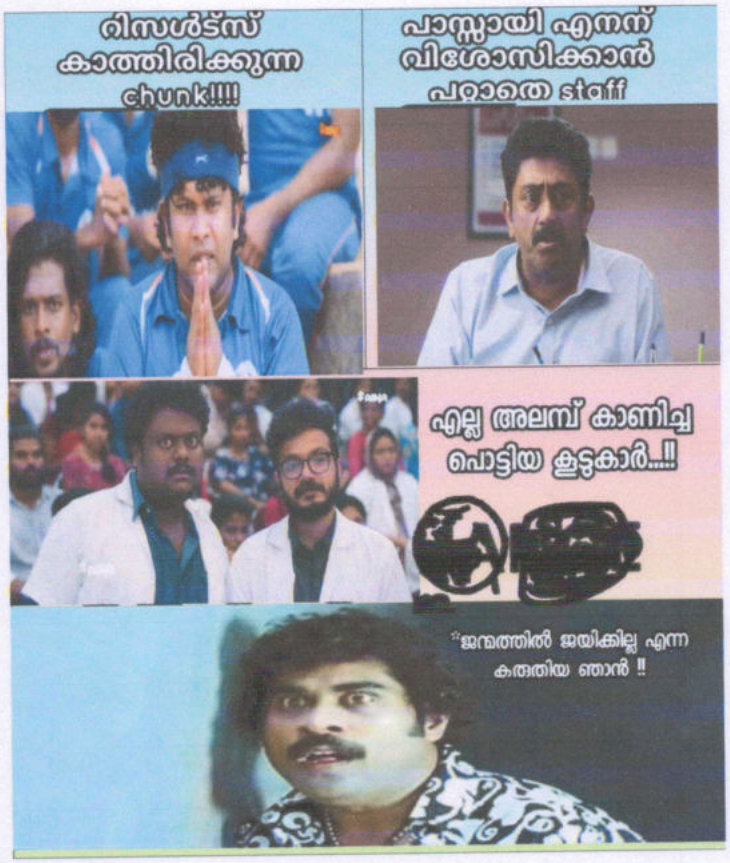
students after seeing oral pathology slides :



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ESSAY WRITING

ENTRY NO.1:-

Impact of corona on dentistry

Hana Abdul Kareem -2nd Year

Beyond a shadow of doubt the highly contagious nature of the COVID have adversely effected the field of dentistry in many adverse ways. It is a known fact that dental health care workers are at the highest risk of contracting COVID, as the dental procedures generate blood and saliva droplets that could lead to the contagion of the disease at a very rapid pace.The use of dental instruments during dental procedures could result in the generation of blood and saliva droplets.There is a high chance of these droplets contaminating the instruments used and the environment around, both the practitioners and patients could be at risk of being infected with the microbial pathogens.This has lead to the closure of many medical institutions to reduce the risk of contagion.

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Researches suggest that dental clinics might be a possible transmission source of such viruses.
This has created a lot of fear and awareness among the dental practitioners and patients.This shall have a severe effect on those currently thinking to invest in the dental education and dental sectors.In one way or the other this have created havoc among the patient who are considering dental treatments during the pandemic, which in turn have created tension in the dental sector and the practitioners due to lack of patients and employment opportunities. Social and economic rhythm have had a downward spiral since the pandemic which is quite evident in all it's aspects. The ongoing tense situation can only be put into hold by taking adequate social and economical precautions.

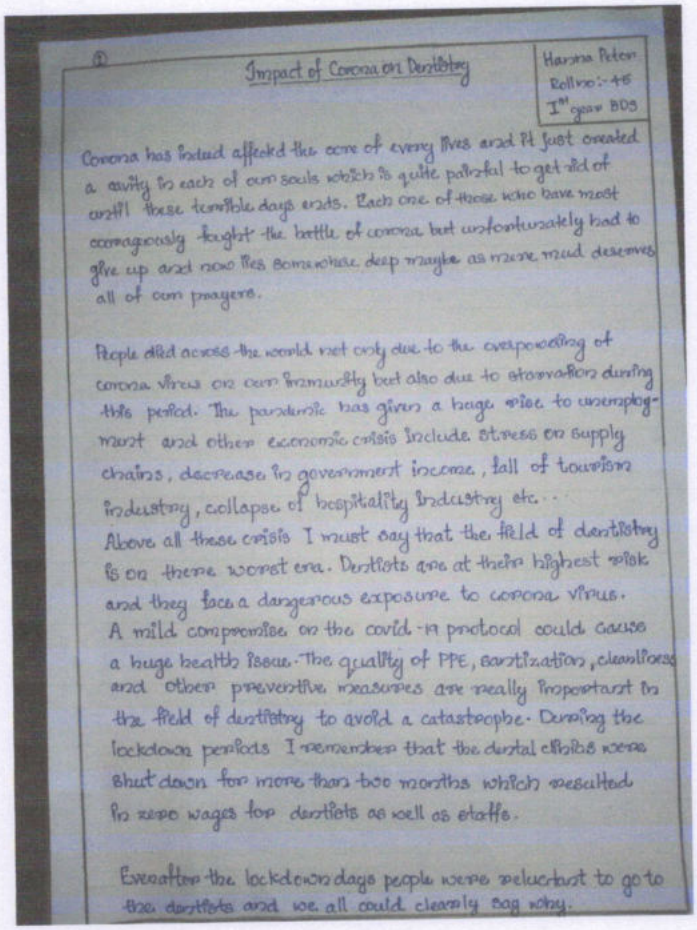
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ENTRY NO.2:-



① Impact of Corona on Dentistry

Hanna Peter
Roll no:- 45
I st year BDS

Corona has indeed affected the core of every lives and it just created a cavity in each of our souls which is quite painful to get rid of until these terrible days ends. Each one of those who have most courageously fought the battle of corona but unfortunately had to give up and now lies somewhere deep maybe as more mud deserves all of our prayers.

People died across the world not only due to the overpowering of corona virus on our immunity but also due to starvation during this period. The pandemic has given a huge rise to unemployment and other economic crisis include stress on supply chains, decrease in government income, fall of tourism industry, collapse of hospitality industry etc..
Above all these crisis I must say that the field of dentistry is on there worst era. Dentists are at their highest risk and they face a dangerous exposure to corona virus.
A mild compromise on the covid-19 protocol could cause a huge health issue. The quality of PPE, sanitization, cleanliness and other preventive measures are really important in the field of dentistry to avoid a catastrophe. During the lockdown periods I remember that the dental clinics were shut down for more than two months which resulted in zero wages for dentists as well as staffs.

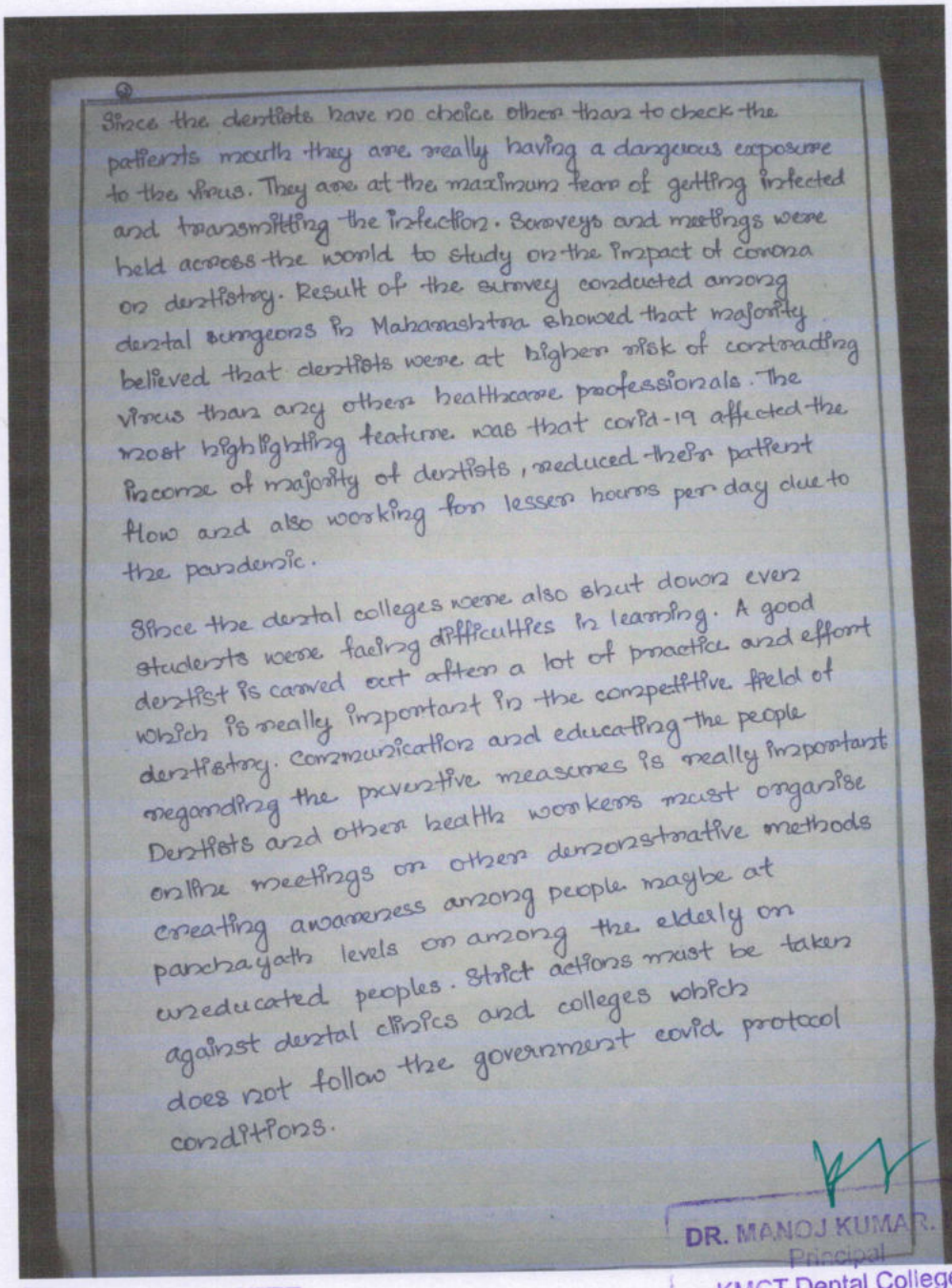
Even after the lockdown days people were reluctant to go to the dentists and we all could clearly say why.

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Since the dentists have no choice other than to check the patients mouth they are really having a dangerous exposure to the virus. They are at the maximum fear of getting infected and transmitting the infection. Surveys and meetings were held across the world to study on the impact of corona on dentistry. Result of the survey conducted among dental surgeons in Maharashtra showed that majority believed that dentists were at higher risk of contracting virus than any other healthcare professionals. The most highlighting feature was that covid-19 affected the income of majority of dentists, reduced their patient flow and also working for lesser hours per day due to the pandemic.

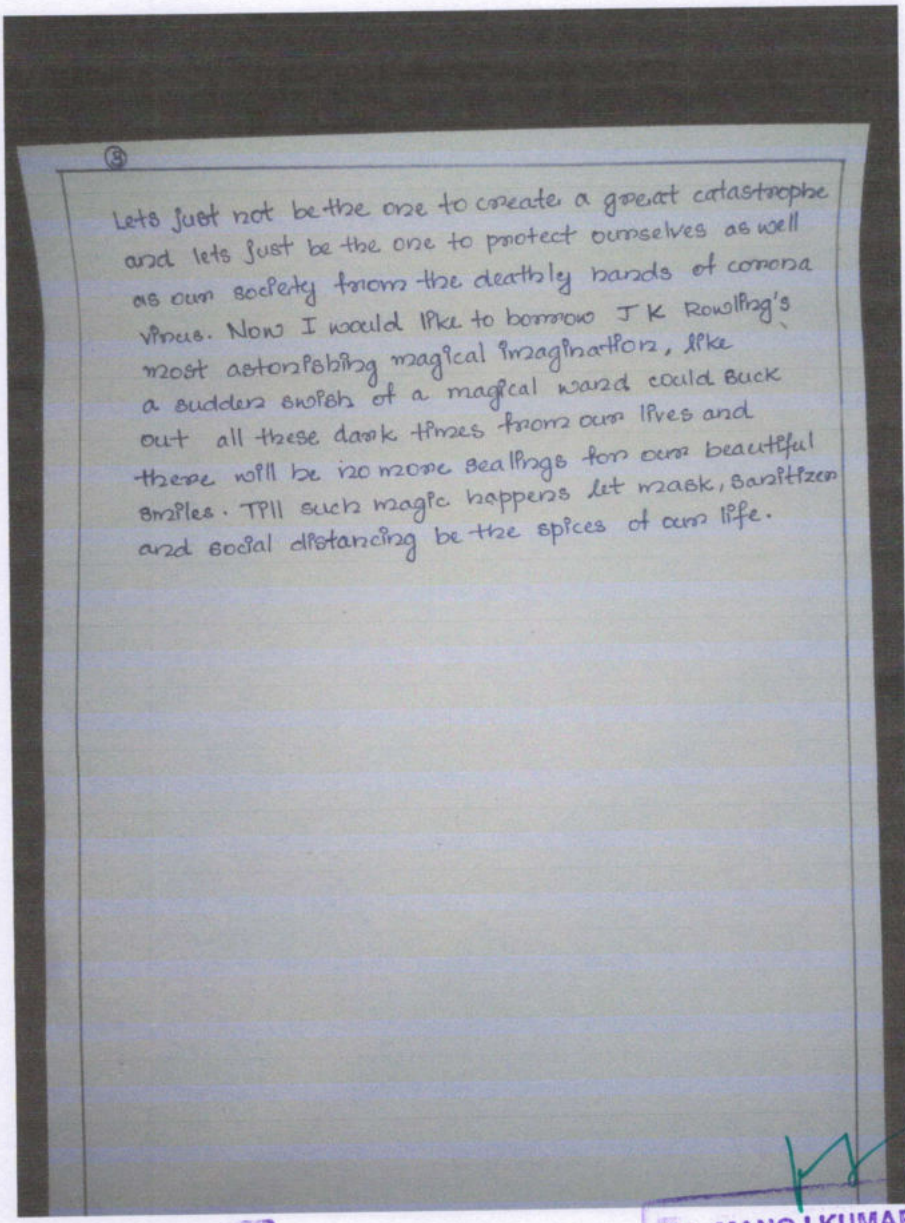
Since the dental colleges were also shut down even students were facing difficulties in learning. A good dentist is carved out after a lot of practice and effort which is really important in the competitive field of dentistry. Communication and educating the people regarding the preventive measures is really important Dentists and other health workers must organise online meetings on other demonstrative methods creating awareness among people maybe at panchayath levels or among the elderly or uneducated peoples. Strict actions must be taken against dental clinics and colleges which does not follow the government covid protocol conditions.

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(8)

Lets just not be the one to create a great catastrophe and lets just be the one to protect ourselves as well as our society from the deathly hands of corona virus. Now I would like to borrow J K Rowling's most astonishing magical imagination, like a sudden swish of a magical wand could suck out all these dark times from our lives and there will be no more scarings for our beautiful smiles. Till such magic happens let mask, sanitizer and social distancing be the spices of our life.

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ENTRY NO.3:-

Lock Down-For Better or for Worse

During pandemic of COVID-19, lockdown was inevitable to help stop spread of disease and prepare better in coming days for official machinery to handle disease burden. This is akin to two sides of coin. Online lessons for students, WFH for parents, home isolation for senior citizens were all witnessed with a pinch of salt. While everyone was cramming to see nature healing its wounds, relationships building between cold partners, family members, it also saw raise in domestic violence due to of causes, say lost jobs, dwindling finances, heightened domestic work load in all sections of society.

On the other hand, stressed out family members, lack of social activity has incited domestic violence and stay home regimen among youth and children has led to increase in traumatic injuries of anterior teeth for which timely intervention could not be reached out. This has spanned into altogether another problem of low self-esteem, low confidence and lack of social interaction.

With unlock happening in graded phases we as pediatric and dental surgeons are staring at myriad of oral injuries, mental stresses, inadequate academic performances. As pediatric dentist we are endowed with holistic approach ahead to deal with daunting task of not just dental and oral injuries but also counseling children and parents alike, and at the same time protecting ourselves and our patients at this need of hour.

With this I conclude with a prayer on my lips that Almighty will protect our mankind and bring back the much-awaited health and glory to our mother earth.

P Prathyusha

Professor & HOD, Department of Pedodontics and Preventive Dentistry

KMCT Dental College

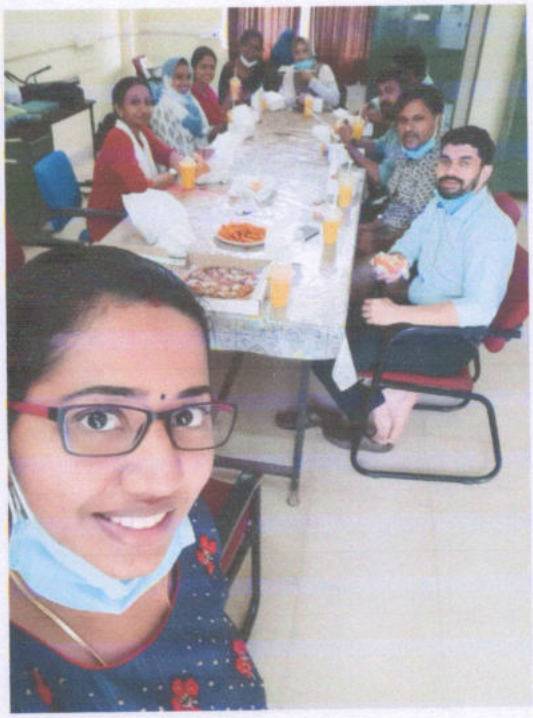
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FACULTY JOINING PARTY



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CHILDRENS WEEK CELEBRATION

KMCT Dental College and department of pediatric and preventive dentistry jointly celebrated "World Children's week celebration" at KMCT Dental College campus from 15/11/2021 to 20/11/2021.

Dr Manoj Kumar KP (Principal – KMCT Dental College), Dr Amith Adyanthaya (HOD- department of pediatric and preventive dentistry) and all other staffs of the department were present on the occasion.

HODs of different departments, teaching staff and Non-teaching staff, and House Surgeons attended the programme. PG's awareness talks and brushing programs in schools, adoption of Anganwadi were organized. Pedo patient activities from 11 am to 12pm were organized on all days of children's week. Painting, newspaper craft and PEDO trolls and games for UG's, PG's and staffs, cake cutting and prize distribution were organized by the department. The deparment also launched YouTube channel '**kidz dent@kmct'** an informative and awareness platform for children and parents.

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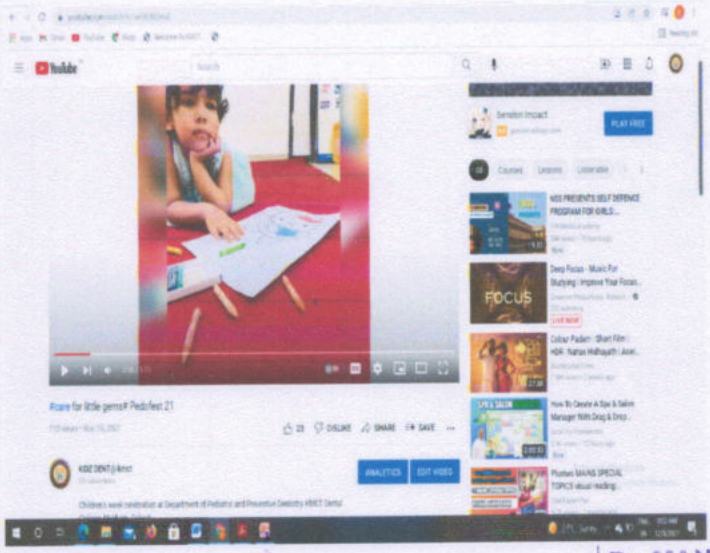
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CHILDRENS WEEK MASS TOOTH BRUSHING PROGRAM



LAUNCHED YOUTUBE CHANNEL 'KIDZ DENT@KMCT'
AN INFORMATIVE AND AWARENESS PLATFORM FOR CHILDREN AND PARENTS



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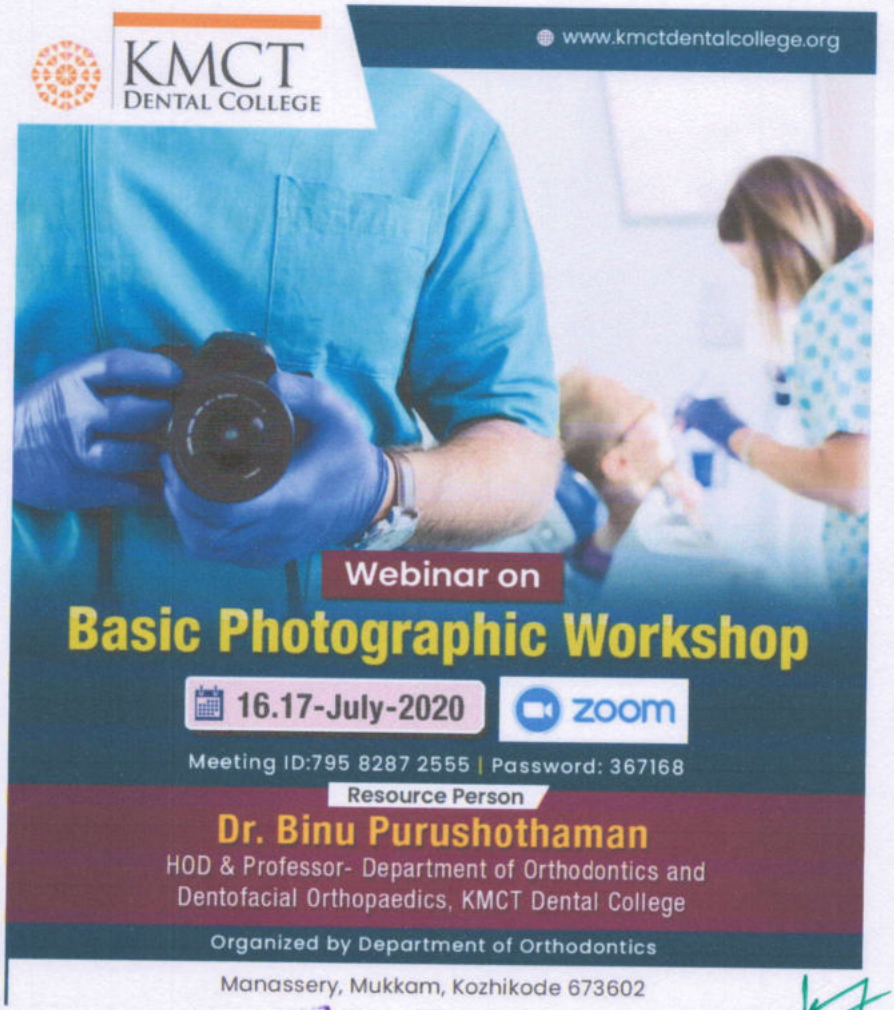
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BASIC PHOTOGRAPHIC WORKSHOP

Scientific session on laser was provided by Department of orthodontics with Dr Binu Purushothaman as resource person. Due to the present pandemic situation, the session was conducted online. it was an interactive session with active participation of over 100 people with good feedback.



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ACADEMIC YEAR 2020-21

YOGA DAY

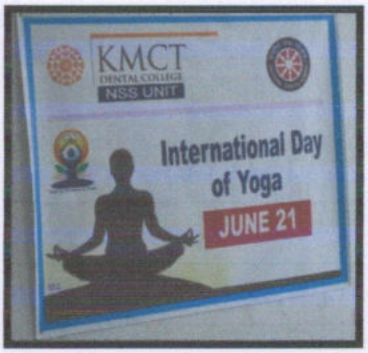




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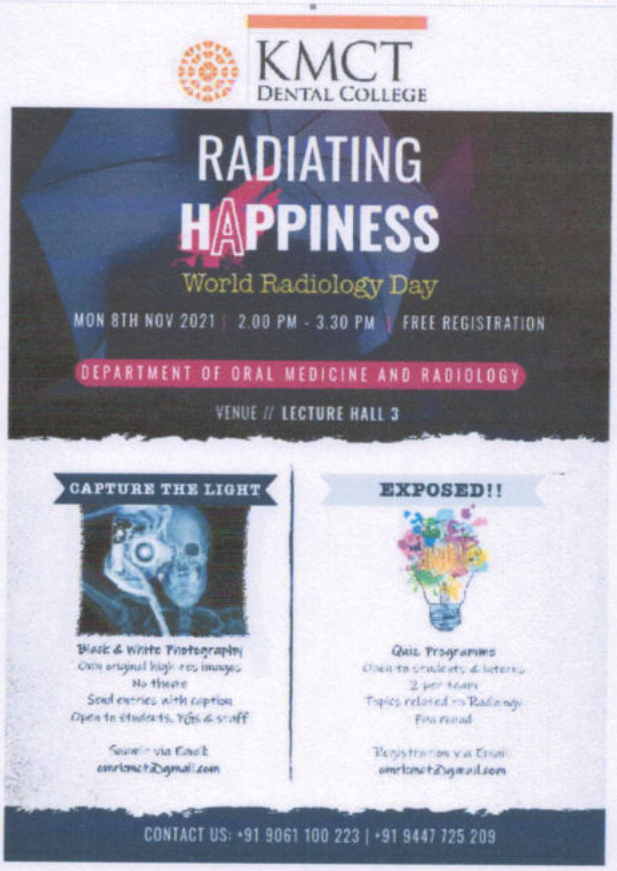




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RADIOLOGY DAY '21

Department of oral medicine & radiology celebrated radiology day by conducting a Quiz competition and Black & White photography contest on 8th November 2021 at lecture hall 3, KMCT Dental college. Our quiz masters Dr. Hamesh Gangadharan and Dr. Niyas started the session by introducing the participants and they were divided into 5 teams with 2 students each. After the quiz competition the winners were awarded with cash prize of Rs.2000 and the winner of photography contest were awarded with cash prize of Rs.1000 by our HOD Dr.Manoj Vengal.



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2021

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist day 2021" at KMCT Dental College campus on 22nd Jan 2021. Various fun games were held at department. Due to Covid scenarios celebrations were done by strictly following the covid protocols keeping the social distancing and compulsory wearing of facial masks and hand sanitization.

ONAM 2021



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CHRISTMAS CELEBRATION



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ONAM CELEBRATION '21

Department of Oral medicine & radiology has conducted onam celebration on 18th august 2021 with athapookalam and sadhya.





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ONAM CELEBRATION





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Onam Celebration -20/08/2021



Onam was celebrated in the department with Pookalam making competition and by conducting various games following strict covid protocols. Department of Periodontics has won the second prize in Pookalam making competition.

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Scientific session with hands on demo on laser conducted by department of Periodontcs on the event of Alumni meet – "Yadein" on 31/10/2021



Scientific session on laser was provided by department of periodontics on the event of KMCT alumni meet Yadien for the alumni's. Hands on session was provided for the candidates on chicken meat. Live demo on laser bleaching, laser frenectomy and laser depigmentation made the event well applauded.

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CHRISTMAS CELEBRATION '21

Department of Oral medicine and radiology celebrated christmas on 22nd december 2021 with great fun and frolic.Students and teachers dressed in red attire followed by Cake cutting ceremony and lunch . After this several games were held for both students and staff.





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CHRISTMAS CELEBRATION



NEW YEAR CELEBRATION



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CHRISTMAS DAY CELEBRATION





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Christmas celebration: 22/12/2021



Celebrated the festival by crib making competition, carol singing and cake cutting. Department of periodontics shared the first price for crib making with department of OMR

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NEW YEAR CELEBRATION



New year celebration was conducted in the department on 31/12/2021. Final year and third year students who were posted in the department, interns, post graduates, non-teaching staffs and faculties actively participated in the event. Celebrations began at 11 AM by an inaugural speech by Dr Harish Kumar VV, HOD Periodontics. New year gift exchange was followed by lunch. In the afternoon fun games were organized by interns in the department.

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New Year Celebration : 31/12/2021



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ACADEMIC YEAR 2019-20

Chairman: - Hari narayanan , Dona Elizabeth Sam

University union councillors: - Fahid nizaro siyo

General Secretary: - Vineeth R J , Adithya Lakshmanan

Secretary for Arts: - Anand Menon,Roshni Thomas

Secretary for Sports: - Abhishek M , Jaseena

Magazine Editor: - Fathima Linsha, Jaseela

Treasurer: - Niyas, Syed Muhammed Shakeeb

Executive Members: -

Aiswarya v s

Akshay v r

Rasmiya k k

Salman faris

Ashikha hanam

Ashna khan

Suhana

Sumaina jasmine

Fathima ruksana t

Febina harif

Staff Advisor: - Dr.Harish Kumar V.V

Professor & HOD, Department of Periodontics

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ACADEMIC YEAR 2019-20

ONLINE ARTS FEST-2019

KMCT Dental College organized arts week DHWANI 19 from 01/ 04/2020 to 02/04/2020. The event was organized by union batch, that is Final year part I of the academic year 2019-20. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organized various events like

Light music competition
Poem writing
Story writing
Essay competition
Mehandi competition
Mime competition
Rangoli competition
Solo and group Dance competition
After each event prize was distributed for 1st 2nd and 3rd prize

Apart from the cultural week celebration union batch organised celebrations of festivals like Onam , Christmas and EID. During onam celebration various competition like

1. Flower carpet competition
2. Tug of war
3. Uriyadi
4. Onathallu

During Christmas celebration crib making competition was conducted . prizes were distributed for each events.

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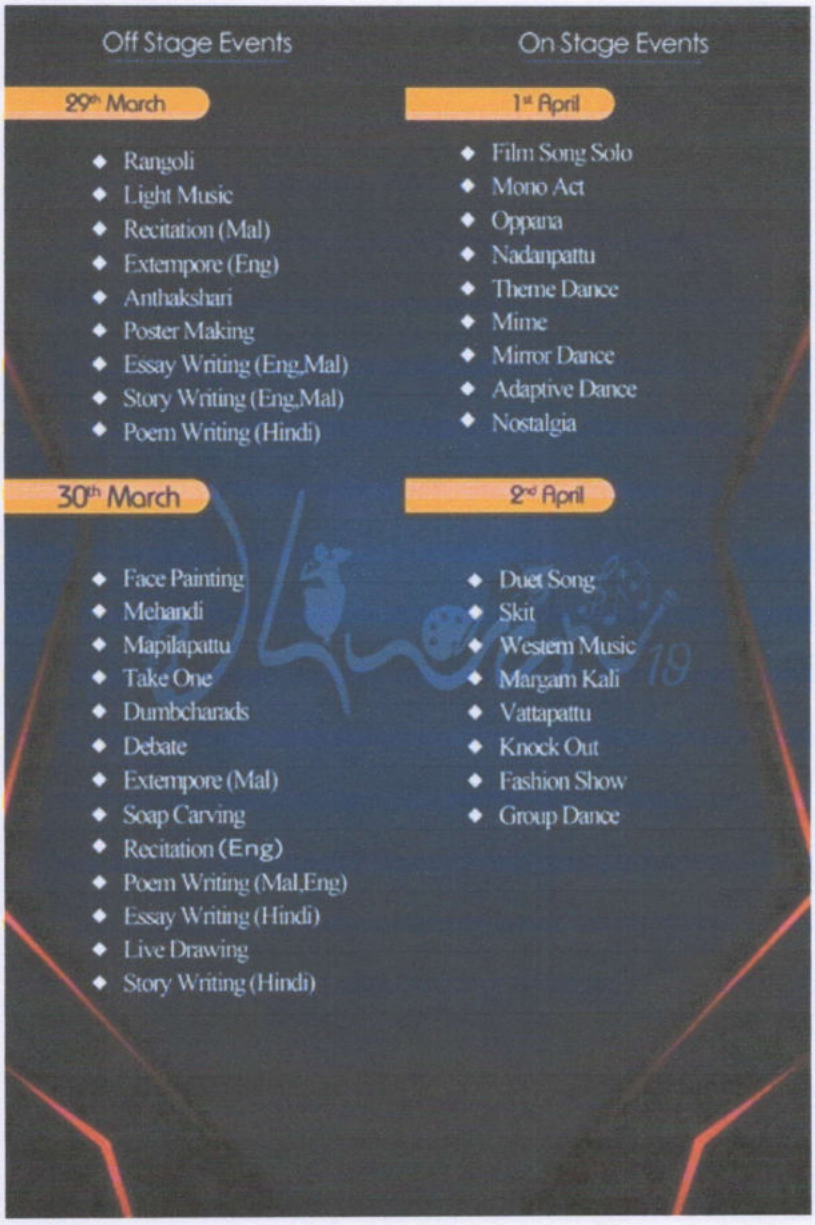


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E-mail: dental@kmct.edu.in, website: www.kmctdentalcollege.org

Academic year 2019-20

Name of award	Zonal/interzone	Event
1. 1st prize for karnatic music	zonal	Iyal isai . KUHS arts fest
2. 2nd prize for light music	Zonal	Iyal isai . KUHS arts fest
3. Ist prize for violin	zonal	Iyal isai . KUHS arts fest
4. Ist prize for Kerala nadanam	zonal	Iyal isai . KUHS arts fest
5. 2nd Prize for Mohiniyattom	zonal	Iyal isai . KUHS arts fest
6. 2nd Prize in Jam malayalam	Zonal	Iyal isai . KUHS arts fest
7. 3rd prize in Kuchippudi	Zonal	Iyal isai . KUHS arts fest
8. 3rd prize in mehandi	Zonal	Iyal isai . KUHS arts fest
9. 2nd prize in group dance	Zonal	Iyal isai . KUHS arts fest
10. 1st in Mehandi	Inter zone	Bella cio KUHS arts fest
11. 1st in light music female	Inter zone	Bella cio KUHS arts fest
12. 1st in Mohiniyattam	Inter zone	Bella cio KUHS arts fest
13. 1st in classical music	Inter zone	Bella cio KUHS arts fest
14. 1st in Kerala nadanam	Inter zone	Bella cio KUHS arts fest
15. 2nd in Group dance	Inter zone	Bella cio KUHS arts fest
16. 1st in Badminton Mens singles	state	Kurushetra ,kerala student dental association sports fest
17. 1st prize in badminton team men	state	Kurushetra ,kerala student dental association sports fest

KMCT DENTAL COLLEGE P.O. Manassery Pin. 673 602 Kerala - S. India CALICUT

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Principal
KMCT Dental College
Manassery, Mukkam



Kerala University of Health Sciences

NORTH ZONE ARTS FEST

ഇയൽ ഇരൈ

2019 December 12 - 15

GOVT. AYURVEDA COLLEGE KANNUR

This is to certify that ....POOJA.....NARAYANAN.....

representing.....K.M.C.T...DENTAL....COLLEGE...KOZHIKODE....

has won the ....FIRST..... *place in* .....

.....CLASSICAL...MUSIC.-FEMALE.....

Chairman/Secretary
University of Health Science Union

KERALA UNIVERSITY OF HEALTH SCIENCES
UNIVERSITY UNION 2019-20

KMCT DENTAL COLLEGE
P.O. Manassery
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Kerala - S. India

Chairman/Convener
Programme Committee

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Kerala University of Health Sciences

NORTH ZONE ARTS FEST

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2019 December 12 - 15

GOVT. AYURVEDA COLLEGE KANNUR

This is to certify that Athira Maheendran

representing KMCT Dental College, Kozhikode

has won the SECOND *place in* Mohiniyattam

Chairman/Secretary
University of Health Science Union

Chairman/Convener
Programme Committee

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KERALA UNIVERSITY OF HEALTH SCIENCES

INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. ATHIRA MAHEENDRAN A M of KMCT DENTAL COLLEGE, KOZHIKODE has been awarded with SECOND PRIZE in GROUP DANCE FEMALE in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

Dr. A. NALINAKSHAN
Pro Vice Chancellor

Dr. A.K. Manojkumar
Registrar

SIDDIKH. V
Chairman, KUHS Students Union

M.K BIBINRAJ
Convener, Programme Committee

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KERALA UNIVERSITY OF HEALTH SCIENCES

INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. ATHIRA MAHEENDRAN A. M. of KMCT DENTAL COLLEGE, KOZHIKODE has been awarded with FIRST PRIZE, A GRADE in KERALA NADANAM FEMALE in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

Dr. A. NALINAKSHAN
Pro Vice Chancellor

Dr. A.K. Manojkumar
Registrar

SIDDIKH. V
Chairman, KUHS Students Union

M.K BIBINRAJ
Convener, Programme Committee

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KERALA UNIVERSITY OF HEALTH SCIENCES

INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. POOJA NARAYANAN of KMCT DENTAL COLLEGE, KOZHIKODE has been awarded with FIRST PRIZE, A GRADE in CLASSICAL MUSIC FEMALE in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

Dr. A. NALINAKSHAN
Pro Vice Chancellor

Dr. A.K. Manojkumar
Registrar

SIDDIKH. V
Chairman, KUHS Students Union

M.K BIBINRAJ
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Principal
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Manassery, Mukkam

KERALA UNIVERSITY OF HEALTH SCIENCES

INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. SNEHA MURALEEDHARAN of KMCT DENTAL COLLEGE, KOZHIKODE has been awarded with FIRST PRIZE, GRADE-A in LIGHT MUSIC FEMALE in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

Dr. A. NALINAKSHAN
Pro Vice Chancellor

Dr. A.K. Manojkumar
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INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. SHILPA S

of KMCT DENTAL COLLEGE, KOZHIKODE

has been awarded with SECOND PRIZE in GROUP DANCE FEMALE

in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

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Pro Vice Chancellor

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INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. SINDHOORA S

of KMCT DENTAL COLLEGE, KOZHIKODE

has been awarded with SECOND PRIZE in GROUP DANCE FEMALE

in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

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KERALA UNIVERSITY OF HEALTH SCIENCES

INTERZONE ARTS FEST 2020

BELLA CIAO

Certificate of Merit

This is to certify that Mr./Ms. SREELEKSHMI S of KMCT DENTAL COLLEGE, KOZHIKODE has been awarded with SECOND PRILE in GROUP DANCE FEMALE in the KUHS Interzone Arts Fest Bella Ciao 2020 held at Govt. Medical College Calicut from 17-20 February.

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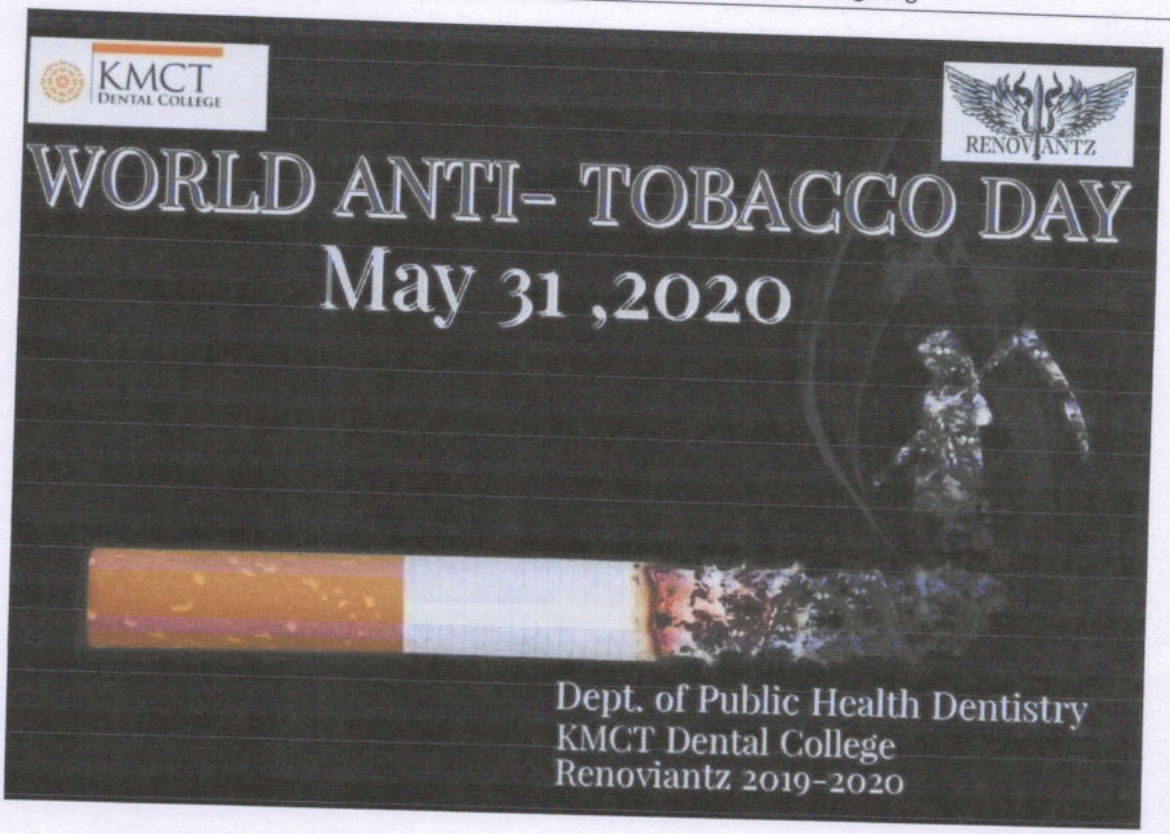


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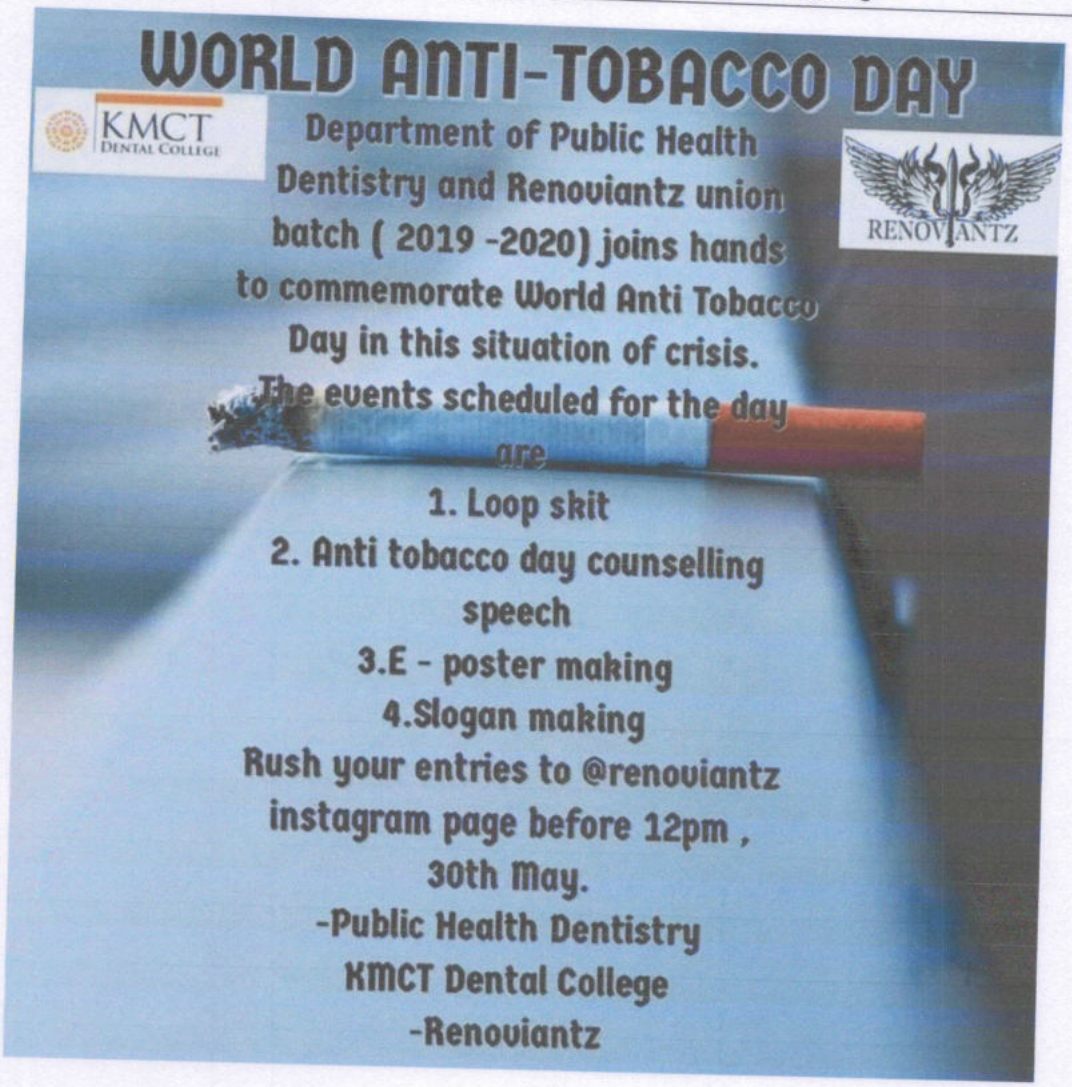


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Principal
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Manassery, Mukkam



kurukshethra

Certificate

This certificate is awarded to Sri/Smt ~~.....~~ Akhil Thomas ..... in recognition of acheiving ..First..

prize for the ..Badminton boys team..... tournament organised by Student's Union '18- '19

Government Dental College ,Trivandrum in connection with " ~~kurukshethra~~ is - *the Ultimate Battle*

for Glory - South Indian Interdental Fest " held from 12th to 14th of October 2018.

Chairman

General Secretary

Sports Secretary

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2019

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist Day 2019" at KMCT Dental College campus on 22nd Jan 2019. Principal Dr Manoj Kumar and vice principal together inaugurated the programs.

Troll making competition as there for UG students. Ajmal Iqbal secured the troll king title. Creative competition with dental materials was conducted for all. A free denture camp was kept for CD patients in the department.



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OMFS DAY 2019

OMFS Day was marked by reception of AOMSI Torch on campus from AOMSI bearers. The torch was received by the principal and HOD Dr. Manoj Kumar KP, accompanied by faculty of OMFS. Interns and Students performed a flashmob and skit on ROAD SAFETY AWARNESS.

The camp was organized as part of International Oral and Maxillofacial Surgeons' day celebration. Dr Manoj Kumar KP [Principal – KMCT Dental College] and Dr Benny Joseph [Professor - Department of Oral and Maxillofacial Surgery- KMCT Dental College] led the camp from the front.

Earlier, Dr Manoj Kumar KP inaugurated the celebration. Dr Benny Joseph delivered the presidential address. Students and teachers were present on the occasion.





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NATIONAL ORAL PATHOLOGY DAY 2020

National Oral Pathology Day was conducted on 25th February 2020 in Department of Oral Pathology, KMCT Dental college. The program was a grant success, since there was active participation not only from UG students, but also from PG students and Staffs too. The program was inaugurated by Dr Manoj Kumar K P, Principal, KMCT Dental college, followed by a cake cutting session. Various programs were conducted as a part of the celebration; including Soap carving, E-Poster and Dental troll making. Prizes were distributed to the winners by Dr Rajeesh Mohammed, Head of the Department.



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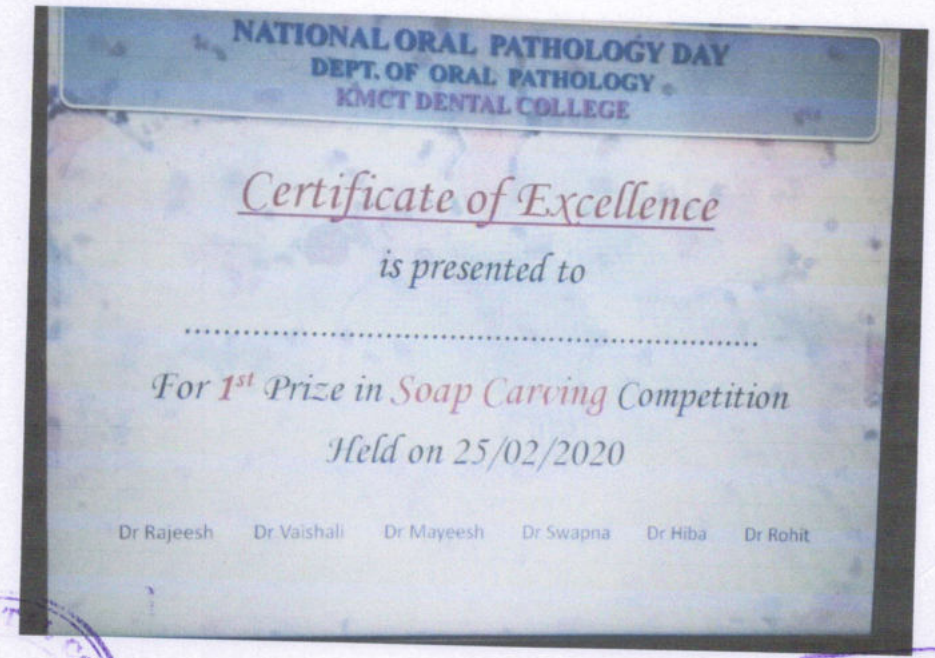
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-Soap carving (1st Prize)


NATIONAL ORAL PATHOLOGY DAY
DEPT. OF ORAL PATHOLOGY
KMCT DENTAL COLLEGE

Certificate of Excellence

is presented to

.....

For 1st Prize in Soap Carving Competition

Held on 25/02/2020

Dr Rajeesh Dr Vaishali Dr Mayeesh Dr Swapna Dr Hiba Dr Rohit

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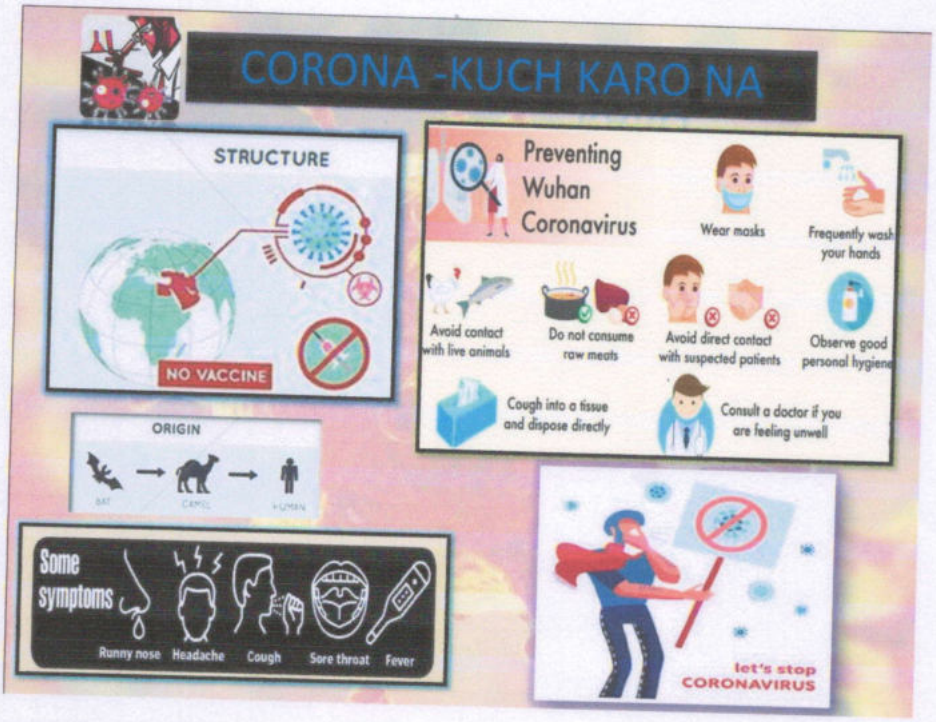


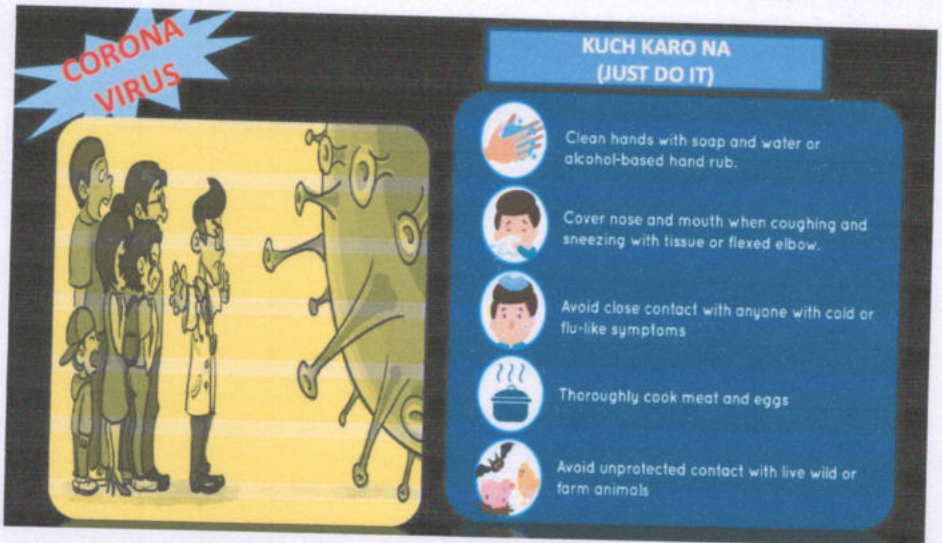
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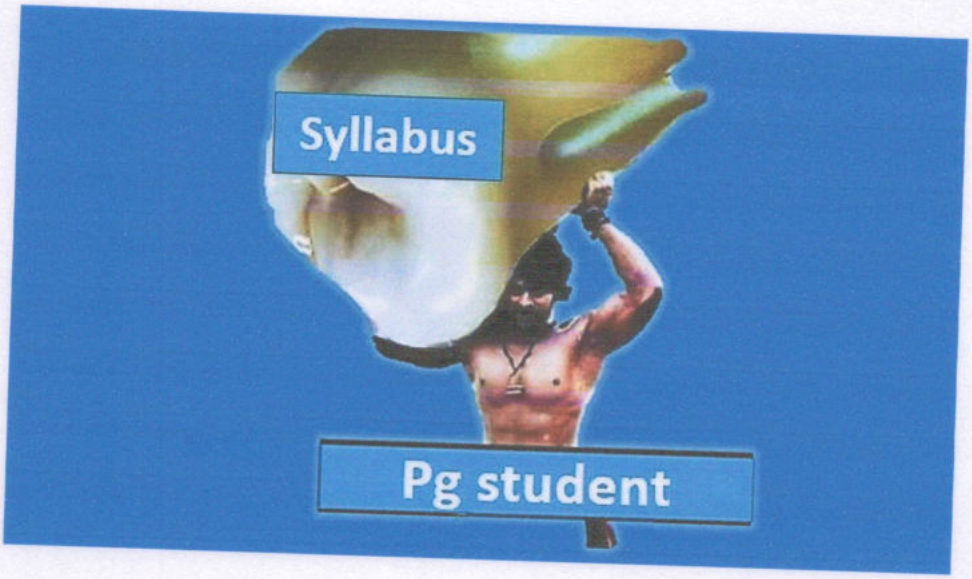


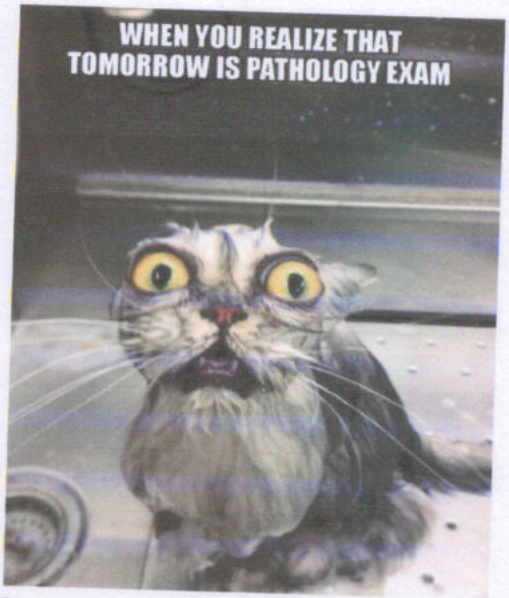
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NATIONAL CONS – ENDO DAY

The department of conservative dentistry and endodontics had celebrated a national cons & endo day on 5th & 6th of march 2020.

A variety of programs like quiz competition, cartoon competition & troll competition had been conducted on 5th with active participation from students. The official programme was conducted on the 6th of March 2020 and was inaugurated by the principal Dr. Manoj kumar by lighting the lamp. The inauguration was followed by presidential address by Dr. Ramesh kumar (Hod, dept. of cons & endo). The cake cutting was done by principal and Hod. Certificates & prizes were awarded to the winners of the competition and prizes were given awarded to the interns for excellence in clinics. The program was concluded by vote of thanks by Dr. Elsy p simon (professor, dept. of cons & endo).





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Kerala - S. India
CALICUT

Dr. MANOJ KUMAR.K.P
Principal
KMCT Dental College
Manassery, Mukkam

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ONAM 2019



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ONAM CELEBRATION





WOMEN & CHILD DENTAL UNIT INAUGURATION





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ONAM CELEBRATION



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WOMEN'S DAY CELEBRATION



BRUSHING TECHNIQUE AWARENESS





WORLD AIDS DAY



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PULWAMA CONDOLENCE



KERAL PIRAVI



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RENOVIANTZ

Presents



05 | 09 | 2019

from 8 am

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TEACHERS DAY CELEBRATION



CPC CONDUCTED BY PG'S





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CHILDREN'S WEEK CELEBRATION

Programs conducted for students & faculties









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PRIZE DISTRIBUTION FOR COMPETITIONS





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PAL PUNCHIRI- CHLDRENS WEEK CELEBRATION



CHILDRENS WEEK MASS TOOTH BRUSHING PROGRAM





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GANDHI JAYANTHI

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CHRISTMAS DAY CELEBRATION



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OMFS DAY 2020

13th February is celebrated as the International Oral and Maxillofacial Day. The theme this year was "Raise the awareness and share your uniqueness to the world". With the theme in mind, this year the Dept of Oral and Maxillofacial Surgery, KMCT DENTAL COLLEGE celebrated International OMFS Day. Number of posters were made about minor oral surgeries, trauma, orthognathic, oral oncology, cosmetic surgery and cleft lip and palate.

Finally, the day was concluded with cutting of the cake in the Department by DR MANOJ KUMAR KP Principal and HOD OMFS with Staff, Post Graduates, Students and interns followed by lunch.





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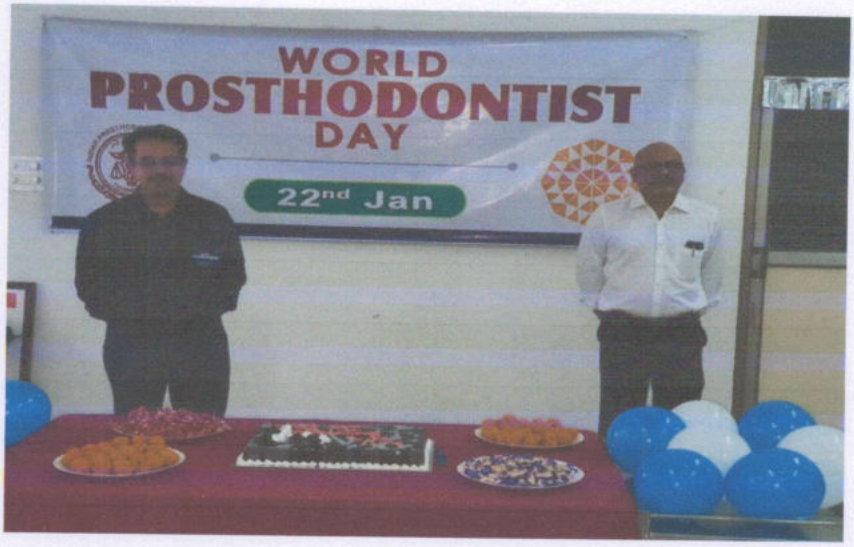
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2020

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist Day 2020" at KMCT Dental College campus on 22nd Jan 2020. Various fun games and competitions were held. Cake cutting and sweet distribution and was done at department.





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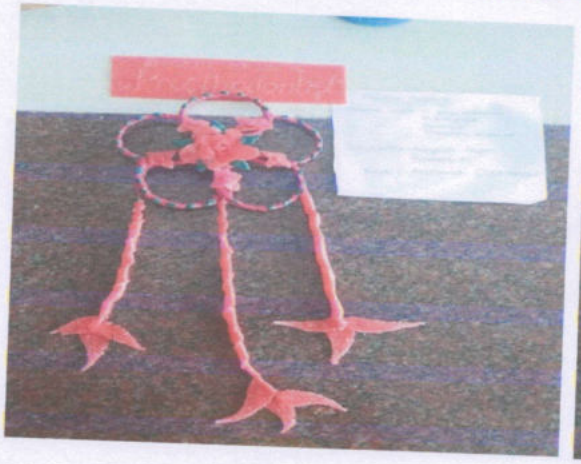


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Dear all,

We cordially invite your esteemed presence

At the

CURTAIN RAISER

Of

9TH GRADUATION CEREMONY

KMCT
DENTAL COLLEGE

On: 14-02-2020

Venue - kmct dental college

Time - 5:00 pm

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ACADEMIC YEAR 2018-19

Chairman :-Mohammed ismail

University union councillors:-Sidharth manoj

General Secretary:- Vygith Tomy

Secretary for Arts:-Sharon Shankar, Sneha Sara john

Secretary for Sports:-Vinu

Magazine Editor:-Shakir jamal

Treasurer:-,Fawaz

Executive Members :- Diya jayasurya t

Farah mohamed kathiyassam veed

Krishnapriya m raj

Latheetha sanam

Aryadevi p

Ashlin sunny

Kavya k m

Muhammed favas p v

Amrutha.k.p

Anupama anilkumar

Staff Advisor: - Dr.Harish Kumar V.V

Professor & HOD, Department of Periodontics

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UNION REPORT

The year 2018-19 was a memorable year for the KMCTians, both academically and culturally. It wasn't all about studies and dentistry or programs and culturals, but this year was about unity and togetherness, and enjoying those perfect moments of friendship and we, the Trigerianz union batch, is very glad that we could devise and be a part of this memorable year.

The handing over of the union took place on August 15th with the Ryzentronz union stepping down. It was a time of great peril with Kerala facing the largest floods it has faced in about a century after the great flood of 99. Both the union batches worked hard together to contribute as much as possible in this time of need.

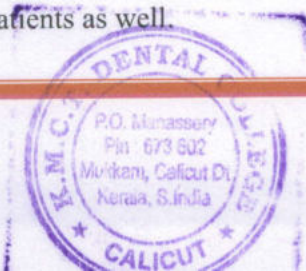
The first official function of Trigerianz union batch was marked with the celebration of the teachers day on September 5th. It was conducted with a never before enthusiasm and all the teachers were given a token of love and appreciation from our side for all the efforts they took in educating, culturing and leading us.

Welcoming the fresher's was the second task the union had and on September 14th, the 2018 batch was welcomed into the KMCT family. Orientation classes were conducted and a whole new world was opened up to the fresher's.

The world heart day was organized on 29th September and a marathon was conducted in accordance with it. On October 2nd, we observed Gandhi Jayanti by respecting his standards of WORLD cleanliness. A green protocol was implemented in the campus in accordance with the Swatch Bharat mission.

Realizing the importance of blood donation, and in hopes of creating awareness and obliterating the myths associated, we observed the world blood donor's day on October 3, A blood donor's forum was established in our college along with the NSS which will be available 24x7 in our college.

The Kurukshetra inter dental sports meet was conducted on October 14th and the boys and the girls team received several allocates for their performances. A monthly newsletter was initiated by our union batch and inaugurated by our principal on November 1s' along with programs of Kerala Piravi. This newsletter named Dental Buzz received critical appraise and it was the medium of communication between the staff and students and also with the patients as well.



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A quiz competition was conducted on November 2nd in accordance with the literature club. This battle of brains' was hosted by Dr. Fasil Pulparambil and the winners were gifted cash prize. November also marked the spirited two day event of Yodha' sports meet which was a competitive show down for the athletic spirit of all the students and staff of our college.

And the no rest November witnessed one of the most anticipated event, Aarav 2k18, College Day, an effort of all the union members and staff combined with the energy and enthusiasm of all the students in the college. It was a vibrant and lively night and Aarav 2k18 goes down in the history of KMCT Dental College to be one of the best night ever. Play back singer, K.S. Hari Shankar was the chief guest and he stunned the audience with a vibrant performance that won't be forgotten any time soon.

World aids day was commemorated on Programme december 1st to spread awareness among the

public. Christmas celebration were conducted with the competitions and events where all the students participated.

The post graduates and the under graduate students attended the Manipal University conference, SCORE 2.0, held at Manipal Campus on March 2nd and 3rd. The inauguration of the wall magazine was the next event that was marked in the history of the college. A board exclusively to showcase the talents of both staff and students, a hub of communication and interaction, its establishment was a benchmark

in the time line of KMCT.

National dentist day was observed on 6th March were our principal Dr. Manoj Kumar KP gave us an informative talk on the subject of dentistry and opportunities. The month of March also witnessed the college arts fest -Dhwani 2019. It wasn't merely a showcase of talent that occurred, but the upbringing of several names in to the hearts of all the students and staffs.

In the month of April, the 8th convocation ceremony of our college took place where the 2013 batch transitioned from undergraduates to graduates. The event was named Exodus and was a majestic sent off to the 2013 batch. TheIftthar program was conducted on 17th May where all the staffs and students gathered

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together to have an eve of togetherness. The Woman's day was organized in March to spread awareness about women empowerment. The year marked a total of 22 programs which could never have been organized without the support of the principal, vice principal, HODs and staffs. Everything went well by the grace of God Almighty and by the support of all the students and staffs. 'Where there is a will, there is a way. If we have the will, the universe will be with us. I congratulate the new union 2019-20, the RENOVIANTZ batch, and wish them success on their venture.

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Teachers Day Celebration



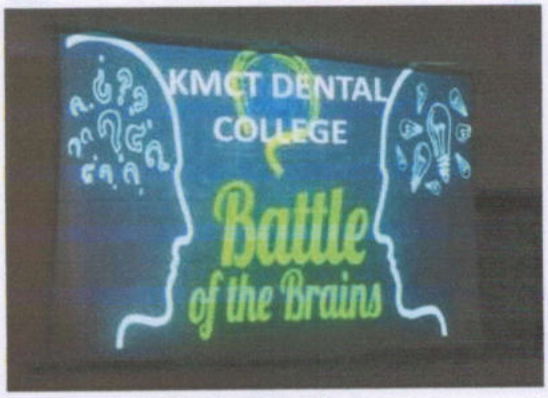
World Heart Day



Fresher's Welcome



Green Protocol Implementaion Programme



Battle of the Brains



Yodha Sports Meet

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Aarav - College Day



Christmas Celebration



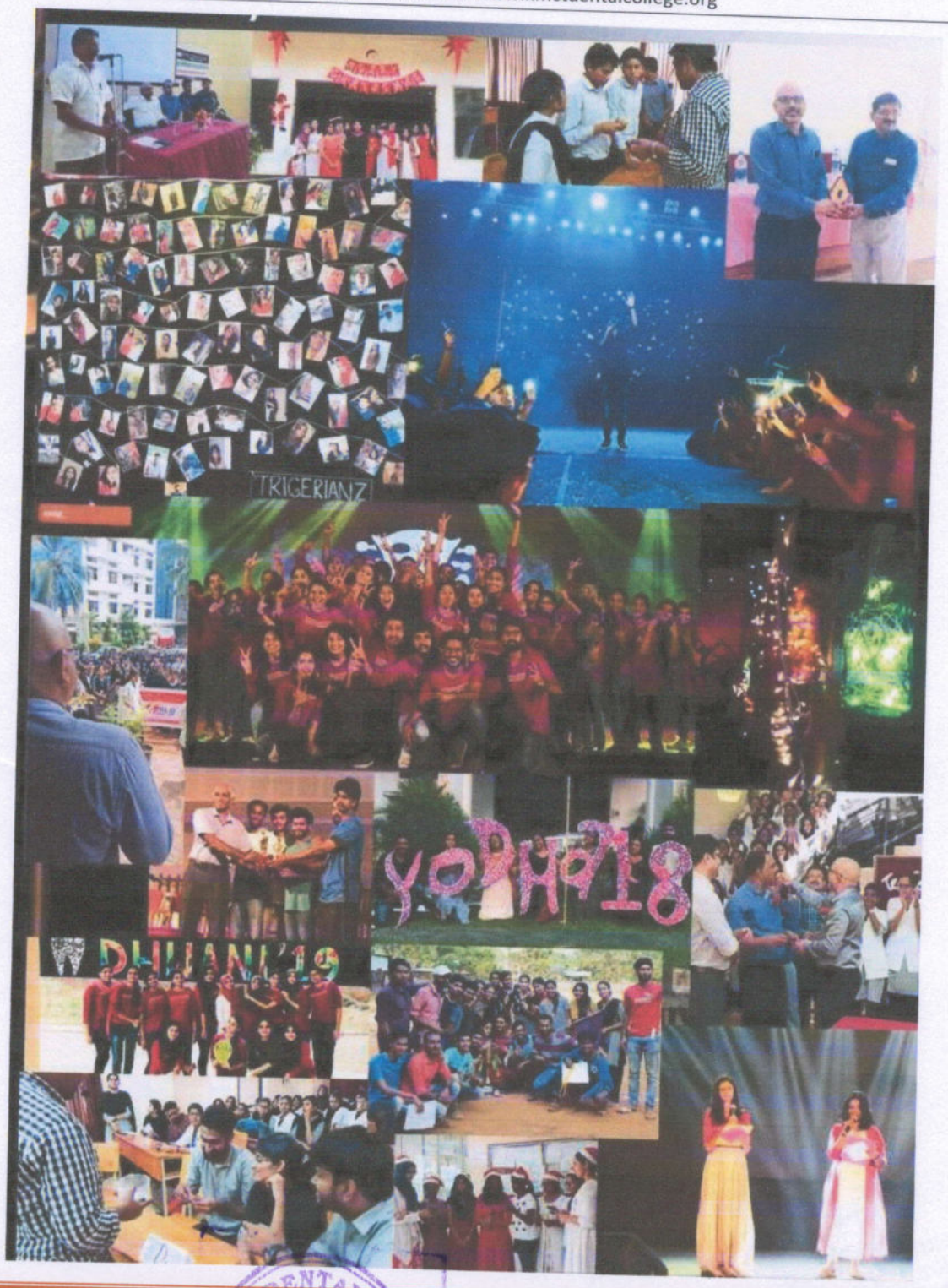
Students Union 2018-19, sitting from left to right: Vyjith Tomy (General Secretary), Suha V. (Chair Person), Mohammed Ismail (Chairman), Meghna Nath (General Secretary) & standing from Left to right: Sharun Shankar (Arts Secretary) Muhammed Favas (Convenor), Shakir Jamal (Magazine Editor, Elsa Philip (Sports Secretary), Sneha Sara John (Arts secretery), Neethvijay (Treasurer), Ajisa T. V. (Sports secretary), Sidharth Manoj (University Union Chairman), Adithya Varma (Treasurer),Vinu Jubilo (Sports Secretary)

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Dr. MANOJ KUMAR.K.P
Principal
KMCT Dental College

KMCT
DENTAL COLLEGE

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ACADEMIC REPORT- 2018

The year 2018-19 witnessed both cultural & academic excellence hand in hand. Total of 22 events were hosted by the Union of which some where associated with NSS. This year marked its beginning with the shining results of the post graduate students in the Kerala University of Health Science exam. These results were an inspiration for both PG's & UG's alike and for the staffs who had worked hard for their achievement. Out of 32 colleges under KUHS, 6 ranks were obtained by the hard work of the post graduate students.

Marking a paradigm shift in trend of dental research, an enthusiastic team of our interns, steered by their mentors, presented their research synopsis which focused on various aspects of oral health, patient welfare, material science & technological innovations pertaining to deferent branches of Dentistry. The meeting inaugurated by our Principal Dr. Manoj kumar K.P, convened by Dr. Dhanya Muraleedharan was conducted in campus 2018 on 7th May 2018.

The ceremony of convocation is the most important & awaited day in life of a graduate. We witnessed EXODUS 2019, the 8th graduation ceremony where the 2013 batch had a Majestic Send -Off. The ceremony was presided by Dr. Navas K. M., the CEO and executive trestee of KMCT institution. Dr. Moni Abraham Kuriakose, the founding Director of Cochin Cancer Research Centre, honoured us by being our Chief Guest & Mr. Anandakuttan Unnithan, Dean - IIM, Calicut, privileged us as our guest of honour. The Hippocratic Oath was taken which would set an example to all the graduates who had passed out that day, into the sector of public service. Culturals were conducted with great brilliance.

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Convocation Ceremony Exodus



Manipal UG OMR Conference

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KUHS UG RESULTS 2018



Fathimathul Safa (1st Year Topper)



Nafeesa Hamna (1st Year 2nd Rank Holder)



Fahid Nizaro Siyo (2nd Year Topper)



Mehjabin Sherin (2nd Year 2nd Rank Holder)



Aysha Thania (3rd Year Topper)



Sreelakshmi V (3rd Year 2nd Rank Holder)



Hadhaina (Final Year Part I Topper)



Athira P (Final Year Part I 2nd Rank Holder)



Kavitha K (Final Year Part II Topper)



Gopika (Final Year Part II 2nd Rank Holder)

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KUHS MDS PART 2 RANK HOLDERS RESULTS 2018



Dr. Anju R. V.
First Rank
Pedodontics



Dr. Simna S
First Rank
Prosthodontics



Dr. Sunanda Sudakaran
Overall Topper
Periodontics



Dr. Aswathy Vinod
Second Rank
Oral Surgery



Dr. Jipsa Venugopal
Second Rank
Pedodontics



Dr. Festi Lova
Second Rank
Oral Medicine and Radiation



Dr. Arya Sreedhar
Third Rank
Periodontics

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PG CONFERENCE AWARD WINNER

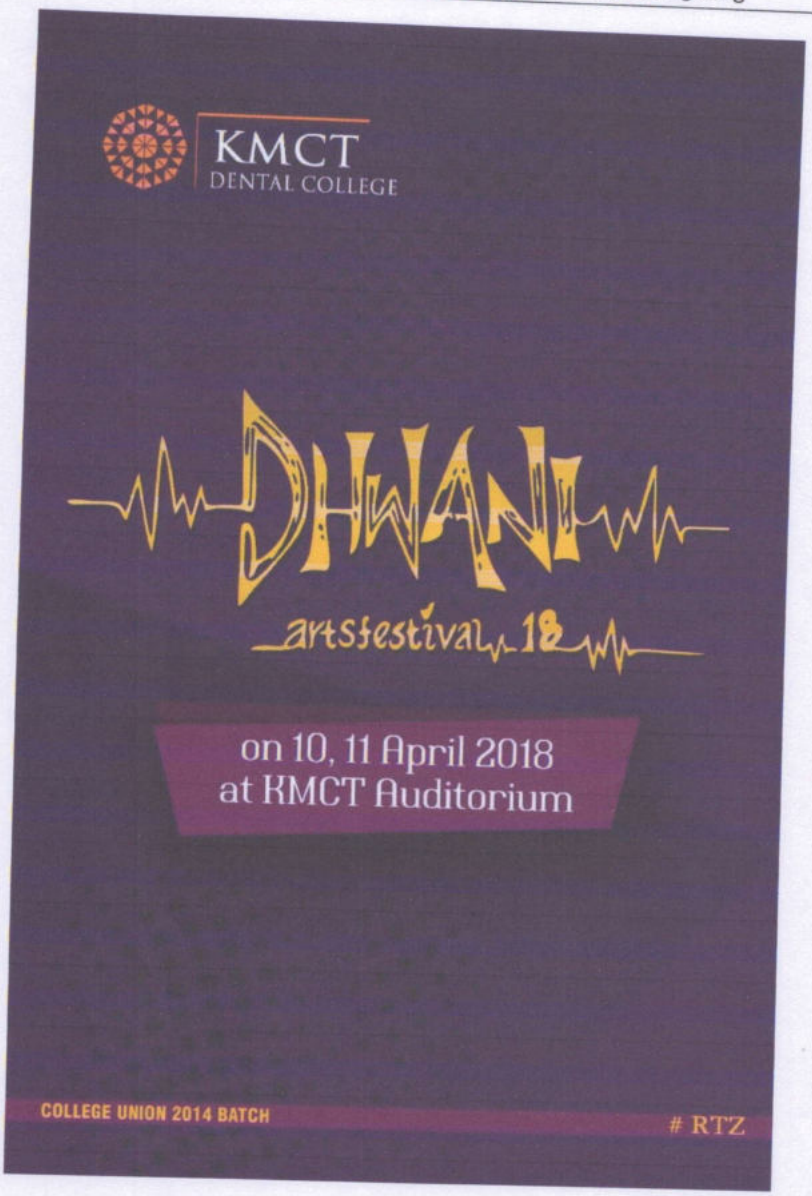
Sl. No.	Programme	Winners	Department
1.	Indian Academy of OMR National PG conference (Rajasthan, Udaipur) Paper Presentation	Dr. Fasil P & Dr. Abdul Majeed	OMR
2.	AOMSL Kerala State Conference Surgical Skill Competition	Dr. Aswin & Dr Sreelatha	OMFS
3.	20th IPS PG Convention (Chennai) (Teeth Setting Competition)	Dr. Lifna Khader	Prosthodontics
4.	50th Kerala State Dental Conference (IDA Svarnotsavam Cochin) (Paper Presentation)	Dr. Fateema Priyam	Prosthodontics
5.	MILAN 2018 (Poster Presentation)	Dr. Lubna P.	Orthodontics
6.	Vijayavade OMR PG Conference (Paper Presentation)	Dr. Prejith Sampath	OMR
7.	CAESOK 2018 (Best Paper)	Dr. Shirin	Conservative Dentistry
8.	National LAOMP PG Convention 2018	Dr. Mariyam K. Ashraf	Oral Pathology
9.	51st Kerala State Dental Conference	Dr. Ekathe Lokesh	Prosthodontics
10.	Milan 2018 (Paper Presentation)	Dr. Anju Ramachandran	Orthodontics
11.	Milan 51st IDA Kerala State Conference, Kozhikode, 2019) (Outstanding Paper)	Dr. Anitha	Conservative Dentistry
12.	43rd AOMSI National Conference, Chennai (Poster Presentation)	Dr.Sruthi	OMFS
13.	3rd IPS Kerala State Conference (Kottayam) Paper Presentation	Dr. Ekatha, Dr. Sruthi, Dr. Fahim	Prosthodontics

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ACADEMIC YEAR 2018-19

DWANI-2018

KMCT Dental College organised arts week DHWANI 18 from 5/ 04/2019 to 7/04/2019. The event was organized by union batch, that is Final year part I of the academic year 2018-19. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organised various events like

1. Light music competition
2. Poem writing
3. Story writing
4. Essay competition
5. Mehandi competition
6. Face painting competition
7. Rangoli competition
8. Solo and group Dance competition
9. Mudiyattam competition
10. Nadanpattu competition
11. Margam kali competition

After each event prize was distributed for 1st 2nd and 3rd prize

Apart from the cultural week celebration union batch organised celebrations of festivals like Onam , Christmas and EID. During onam celebration various competition like

1. Flower carpet competition
2. Tug of war
3. Uriyadi
4. Onathallu

During Christmas celebration crib making competition was conducted. Prizes were distributed for each event.

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CULTURAL REPORT COLLEGE DAY - AARAV 2K18

Bringing back the holy grail of all celebrations, almost after half a decade, we TRIGERIANZ the union batch for the year 2018-19, were beyond proud to bring about Aarav 2k18, unleashed on November 18th. This visual extravaganza would not have been possible if not for the immeasurable cooperation of not just the union members or our entire batch but our whole college itself. The ceremony was inaugurated in the presence of the very well efficient confraternity that lays the foundation of this college - Dr. Manoj Kumar and all other HOD's of the department and the chief guest for the event, versatile singer always on the rise, who is also a dentist by profession and singer by passion, Dr. K.S. Harishanker. We also had the honour of celebrating his birthday on the same day with a cake cutting along with his wife. Excitement did not die of here, it was soon followed by his musical adventure, the greatest KMCT had ever seen.

The official ceremony concluded with the college toppers being awarded momentous for their academic excellence. We had also conducted a photography contest and tiktok video contest freak penne challenge', the winners for the same was awarded each prize during the ceremony. The visual spectate of Aarav was brought by majestic cultural performed by both the student community and the faculties.

Perhaps the best part of Aarav 2k18 was the ultimate investigation drama -THE MISSING by our educational rock stars. Our professors who we only knew to be hardworking doctors during the day brought out an entirely different fun and energetic side of their personalities to put on that could have actually been an Oscar winning performance. Aarav was not just any random college day gifted by us to them. It was the well-deserved fruit of efforts from each and every single individual of this college KMCT has never felt more closer to home than it did that night.

Bonus

ARTS FEST DHWANI 2K19 No college life is complete without the 2 days that are reserved for nothing but the absolute entertainment. One proof is the main healthy competition held annually in our college is DHWANI, our arts day. Our last years fiesta comprised of offstage events which were conducted on 29th and 30th of March and the onstage events on 1st and 2nd of April. If to revel in, we were beyond excited to have full participation from all our staffs, PGs, interns, students and non-teaching staffs Bringing about fair

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and just competitions and judgement was something that we always triumph over. Our Principal along with all the HODs flagged off DHWANI 2K18 on the first day of offstage along with a flash mob from our side.

OFFSTAGE EVENTS

RANGOLI, FACE PAINTING, MEHANDI

We were very excited to have such enthusiastic participation from the competitors that even included our beloved HODs of various department who proved to not only be good doctors but also great artists.

LIGHT MUSIC, MAPILAPPATTU, RECITATION

It was indeed marvellous to witness our non-teaching staffs who have worked so hard for the daily functioning of our college embrace the feeling of togetherness and come forth with their heart-warming performance along with the students like one big happy family. POEM WRITING, MAPILAPPATTU, RECITATION It was such an honor to watch the all-rounder doctors among us yield words that were brutally beautiful.

DEBATE, EXTEMPORE

We KMCTians have yet again proved that debating and reasoning are the greatest of our assets. The debates between freshers and renoviantz against the PGs had us all standing on our toes.

POSTER MAKING, SOAP CARVING We even felt bad for conducting the competition because it was astonishingly hard to pick out the best from everything that was great. Their creativity was unbelievable. DUMSCHARADS, ANTHAKSHARI, TAKE ONE It was have been our natural talent at relaying secret actions unseen during the clinical hours, everybody was extraordinary good at it.

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Lighting the Lamp Ceremony



Hari Shanker on the Floor

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ONSTAGE EVENTS

Dhoom-dhamaka did not die out with the offstage competition but, it was only the rise of the ultimatum with the on-stage events. The official inauguration of the onstage events of DHWANI 2K18 was held in the presence of our Vice Principal Dr. Nizaro Siyo and HODs of all departments. Our very beloved principal Dr. Manoj Kumar sir was unable to attend the function due to unavoidable reasons. DHWANI 2K18 took off with the nightingales of the college setting the tune for the carnival with their Film song solo and Duet, Western Music and Nadanpattu. The dancers were no behind and showcased with full power with their performances in Adaptive, Mirror, Knock-out, Oppana, Vattapattu, Margamkali, Group dance and Theme dance. The doctors among staffs were not only good singers or dancers but were also great actors. We had some brilliant performances in Monoact, Skit and four the people were the theme to act out were given on the spot. It would be a shame to not mention the fashionista of our college who put forward some a visual treat with their incredible fashion shows. History repeat itself, almost as if it is of the ruling union, the vencedorz 2K17 Batch got the deserving victory. Fahid Nizaro Siyo was awarded the Kalaprathibha and Fathima Linsha, the Kalathilakam by Dr. Sreekanth Puthalath (Reader Dept. of Periodontics). DHWANI 2K18 was a full-on celebration which was made possible by the collective effort from the whole of the union batch, our juniors, seniors, staffs and non-teaching staffs.

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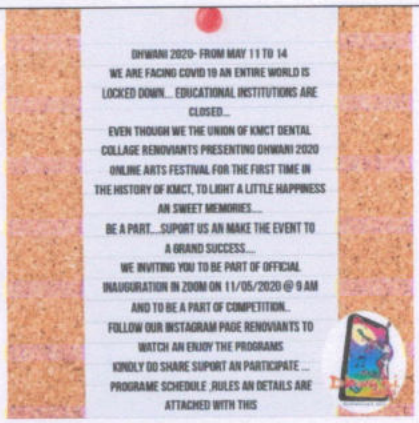
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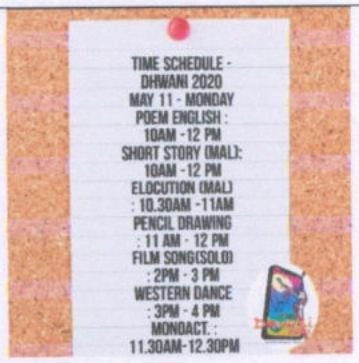
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ACADEMIC YEAR 2018-19

ONLINE ARTS FEST-2019









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ACADEMIC YEAR 2018-19

DWANI ARTS FEST-2018









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Lighting the Lamp



Champions
Venceedorz 2K17 Batch



Fahid Nizaro Siyo
Kalaprathiba-2K16 Batch



Fathima Linsha
Kalathilakam-2K16 Batch

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Film Song Solo



Fashion Show



Vatta Pattu



Theme Dance



Nostalgia



Margam Kali



Western Music



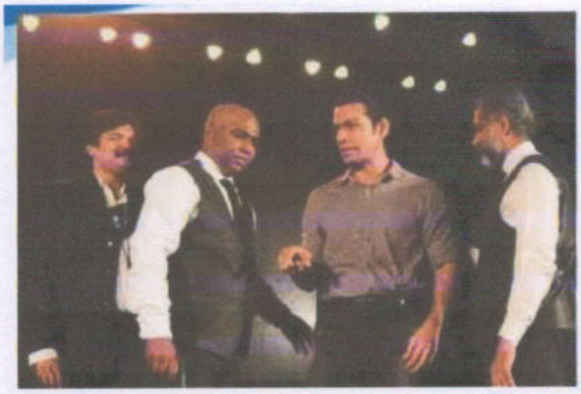
Nadan Pattu

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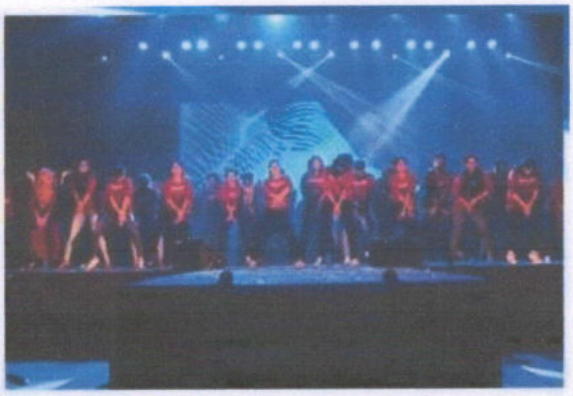
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Staff Drama - The Missing



TGZ Batch Dance



Break Dance



RVZ Group Dance



Theme Dance



Enjoying the Aarav Snap

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IN THE NAME OF GOD

TRIGERIANZ-2K15

UNION BATCH 2018-2019
CORDIALLY INVITE YOU ALL TO CELEBRATE
TEACHER'S DAY
ON
5TH SEPTEMBER
VENUE: LECTURE HALL 2
TIME:11:30AM-12:30PM



"TRUE EDUCATION SHOULD DEEPEN OUR INSIGHT, WIDEN OUR HORIZON, CREATE A MEANINGFUL OUTLOOK"
-DR.S.RADHAKRISHNAN

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COLLEGE MAGAZINE

We, the trigerianz union batch, are glad to inform you that our college magazine work has begun with all it's enthusiasm. And we require all your enthusiasm and support in order to complete it.

We require entries from your side that is original, creative and deep in content. And we accept anything from stories, articles, movie reviews, drawings, craft works to even travelogues, poems and what nots....

We require your contributions by 31st July.

And filtering for the best is a must.

All students, PGs, staffs and non teaching staffs are invited to contribute.

Shakir Jamal
Chief editor

Shakir- 9495437859
Jyothi- 9526447611



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ACADEMIC YEAR 2018-19

KMCT Dental College organised sports week DHRONA from 23/ 10/2019 to 31/10/2019. The event was organized by union batch, that is Final year part I of the academic year 2018-19. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organised both indoor and outdoor events namely

1. Athletic meet
2. Cricket match
3. Football match
4. Badminton
5. Table tennis
6. Chess
7. Caroms

After the each event prize was distributed for 1st 2nd and 3rd prize

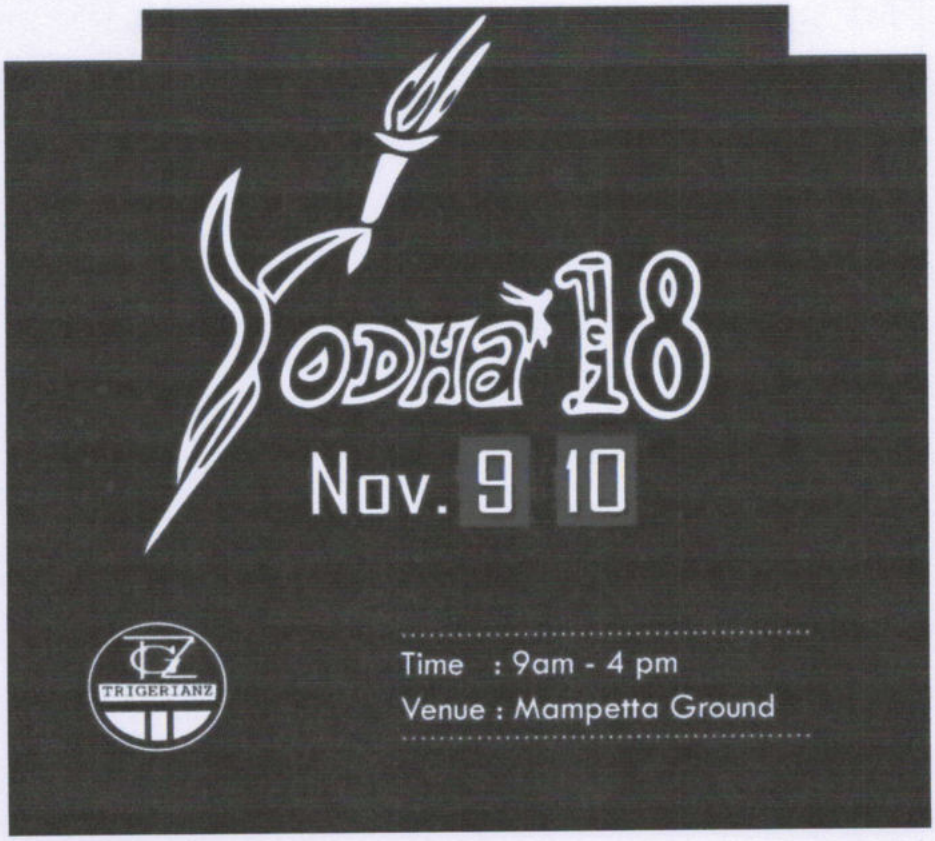
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KMCT
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We, Trigerianz, Union Batch (18-19)
Cordially invite you to



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SPORTS REPORT

"One man practicing sportsmanship is far better than 50 preaching it"-Knute Rockne. Perseverance and tenacity are often the foundational traits of success. When these are combined with dedication and team work, the result is outstanding, true in case of any game & even in the game of life.

Sports have been an integral part of KMCT life for years. Keeping up the tradition, this year too, the sports events were conducted with enthusiasm and wide participation. (Our college has always had an evergreen cricket, football, volleyball, basketball, Kho Kho, badminton, table tennis, chess, caroms teams and particularly cricket, football, badminton and throw ball team did some commendable performance this year) The first event was 'Kurukshetra 2K18', an interdental sports meet conducted on 12th to 14th of October at government dental college, Trivandrum.

The event was organized by KDSA, Kerala dental students' association. Our college team has comprised about 45 students along with four staff members. For the first time a women's team of 15 members from our college participated in the inter college games meet. This was definitely a feather in the cap for the students union. Each and every game was met with the same enthusiasm and spirit. The college team bagged first place in the badminton boys and the girls team came second in the throw ball

A notable performance was that of our boys football team as they reached the semi-finals with brilliance performance of Mohammed Hanish as he scored 5 goals in the tournament.

The annual sports event Yodha 2K18', commenced on 6th November was met with great response and participation. The sports week kicked off with games event both indoor and outdoor which included chess, table tennis, caroms, football, throw ball and cricket. A separate badminton event was conducted for staff members as a part of Yodha 2K18'which was met with great response.

Track and field events were organized over a span of 2 days, which revealed many new talents from our college. This event was graced with presence of our honourable principal Dr. Manoj Kumar, along with staff from various departments and our physical education teacher Justin Jacob. Another notable annual event was the inter KMCT games event, in which different teams from various colleges of KMCT test their

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strategies and athletic prowess across various events. The football, cricket, badminton and throw ball team made commendable performances in these events.

We would like to thank to Principal Dr. Manoj Kumar, Vice Principal Dr. Nizaro Siyo and Dr. Binu Purushothaman whose passion for sports really kept us motivated throughout the sports event this year. We are grateful to all participants both staff members and students, without whom all events wouldn't have been possible. A big thank you to all for making the 2018-19 sports and games events a huge success.







Individual Champions - Mahsoom P. C. & Priya G Naik

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Girls Throw Ball Team



Boys Foot Ball Team



Badminton Champions



Boys Cricket Team



March past



Staff Badminton

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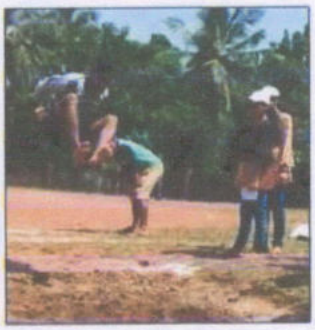
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Academic year 2018-19

Name of award	Zonal/interzone	Event
1st prize for badminton team	state	Kurushetra, Kerala dental students association

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ACADEMIC YEAR 2018-2019

Yoga 2018





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OMFS DAY CELEBRATION REPORT 2018

International Oral and maxillofacial Surgeons Day celebrated in our college organised by department of Oral and Maxillofacial Surgery on 13.02.2018 within the college premises. The gathering was addressed by Dr. MANOJ KUMAR KP Principal and Head of the Department, OMFS, KMCT.

The Department of Oral and Maxillofacial Surgery- KMCT Dental College, Manassery conducted a free dental treatment camp on 13TH Feb, 2018 More than 54 patients benefitted with the Camp.

We also conducted Quiz competition for undergraduate students and postgraduates followed by prize distribution as regards of this day.

Finally, the day was concluded with cutting of the cake in the Department by DR MANOJ KUMAR KP (HOD OMFS) with Staff, Post Graduates, Students and interns followed by lunch



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ROAD SAFETY AWARNESS WEEK 2018

To make the students aware of traffic rules and safety measures that we should take while moving on the road "Road Safety Week" was celebrated from 23rd to 30th April 2018 in KMCT DENTAL COLLEGE, Manassery on. Students learnt about the rules and various signboards on the road, through the enactments. Students also participated very enthusiastically in the interactive sessions held during these enactments. On the whole, it was quite informative and very fruitful session for the students.

A public awareness rally for road safety was organized by our college and Dr. Manoj Kumar KP, inaugurated the rally in which, students carried placards and banners appealing to the people to follow traffic rules, avoid accidents, wearing helmets, avoids jumping signals and over speeding. The rally started from college premises to Mukkam.



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WORLD ORTHODONTIST DAY

KMCT Dental College and association of Indian Orthodontic Society (IOS) kerala branch jointly celebrated "World Orthodontic health day 2019" at KMCT Dental College campus on 15th May 2019. Program inaugurated by HOD and Principal Dr Manoj Kumar. HODs of various departments, teaching staffs, Non –teaching staffs and House Surgeons and students attended the program.

A Quiz competition was held at auditorium for undergraduates, PG students and Staff. A team from in each category participated in the competition.



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CELESTE '18

Christmas, a celebration that correlates between heaven and earth. We celebrated our Christmas day CELESTE'18 on December 18th. Trigerianz had decorated the college campus like Bethlehem. The principal, staffs, PGs and students were witnessed, the celebrations. Our Principal gave a valuable Christmas message and wishes for the upcoming New Year. There were several competitions held like Christmas carols, crib making, star making and the winners were given prizes by the principal. The smiles on each of our faces when Santa jingled around disturbing sweets was something that couldn't be missed. It was indeed true from the heart and the actions just proved it right. Merry to all, Merry be all Ho! Ho!

KERALAPIRAVI

It marks the birth of the state Kerala. We Keralites celebrates this day on November 1st. Our principal, along with the HODs and the administrator inaugurated the function by lighting the lamp. Principal gave a thoughtful message on Keralapiravi. We had a poster competition on the topic Kerala after flood, in connection with the celebration and the winners were awarded cash prize. It was made even memorable for us Trigerianz as we launched our college newsletter 'DENTAL BUZZ' on the same day. Editor Shakir Jamal presented the newsletter to our principal who officially released the first copy of the newsletter. We were thrilled to be the first to bring a college newsletter in the campus. Without the hard work of our well efficient editor Shakir Jamal, this accomplishment would not have been

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Inauguration

WALL MAGAZINE

The unveiling of KMCT Dental College's wall magazine
On 6th March
At 11 a.m
Near the office premises

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WALL MAGAZINE- 'THALIYOLA'

The manuscript for the display of art activities paintings, drawing, sketches, poem and articles.

The wall was prepared for display coenduring eco-friendly campus with bamboo frames, coir, rubber sheet covered with jute for the display.

The magazine was managed as each month for different batch. The batch was given charge to post their contributions.

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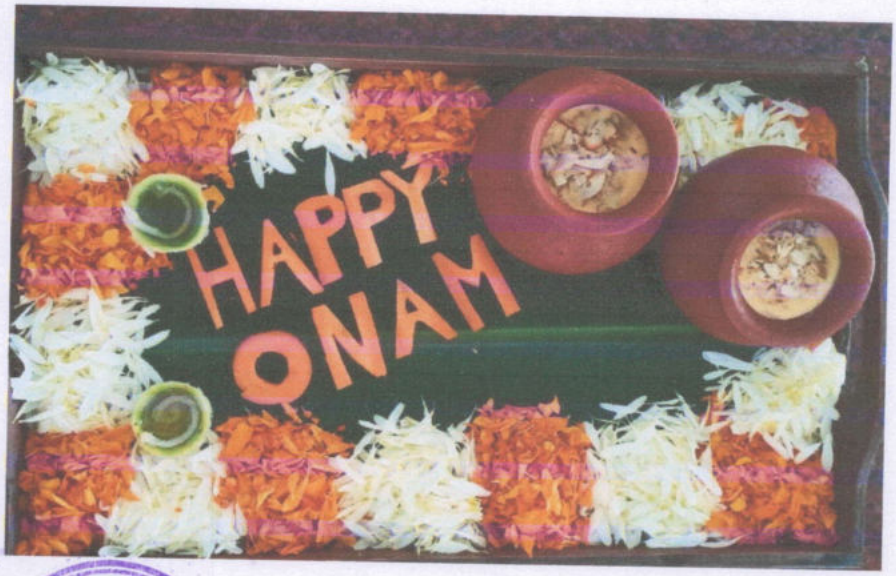
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TEACHERS DAY CELEBRATION



ONAM CELEBRATION

PAYASAM COMPETITION



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PAYASAM COMPETITION- PRIZE DISTRIBUTION



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ONAM CELEBRATION



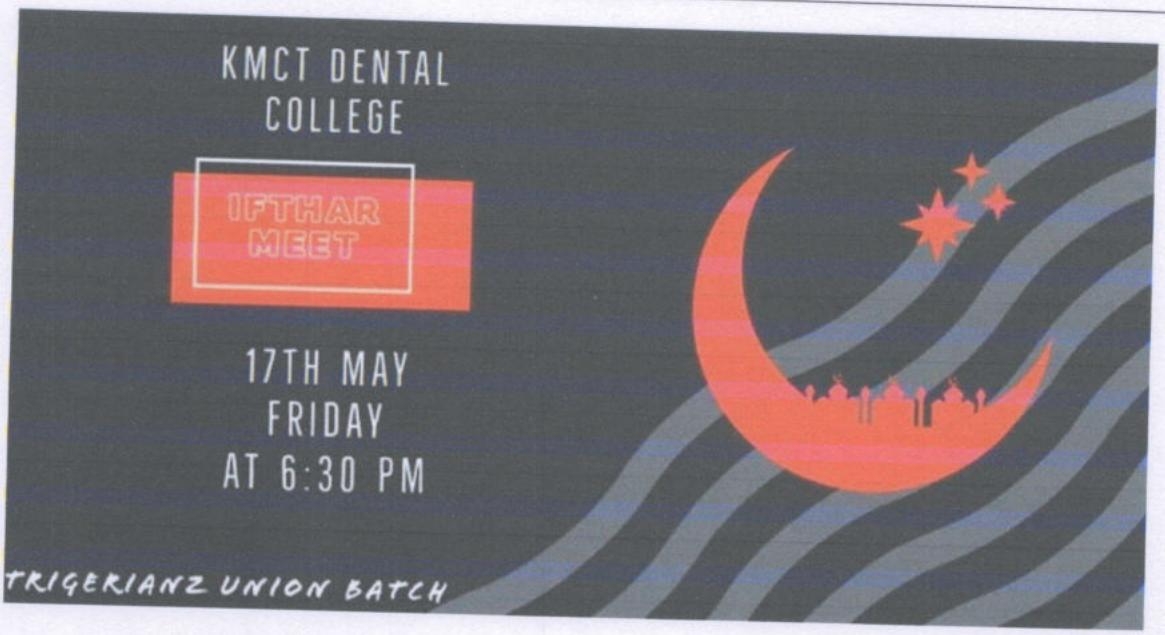


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"Career options after dental graduation" – CDE on 11/11/2018



Department of Periodontics organized a CDE on Career options after BDS on 11th November 2018. Talk were delivered by Dr Vibha a Shetty and Mrs Narmada Noushad.

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FELICITATION TO DR RAMAKRISHNAN (HOD 2018)



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ADOPTION OF AGANWADI



AWARENESS PROGRAM FOR TEACHERS



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VARIOUS SCHOOL DENTAL HEALTH PROGRAMS







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BRUSHING AWARENESS PROGRAM-CHILDRENS WEEK CELEBRATION





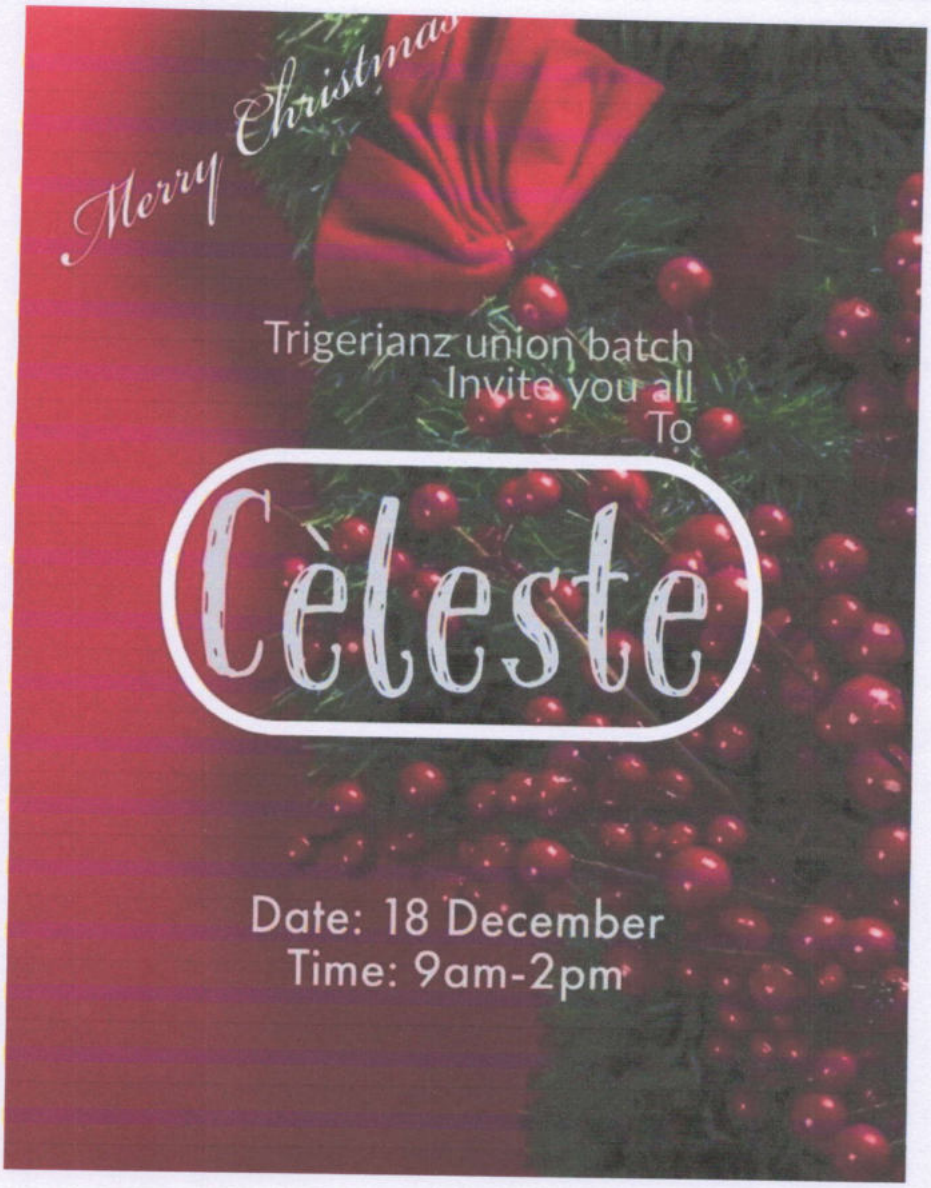


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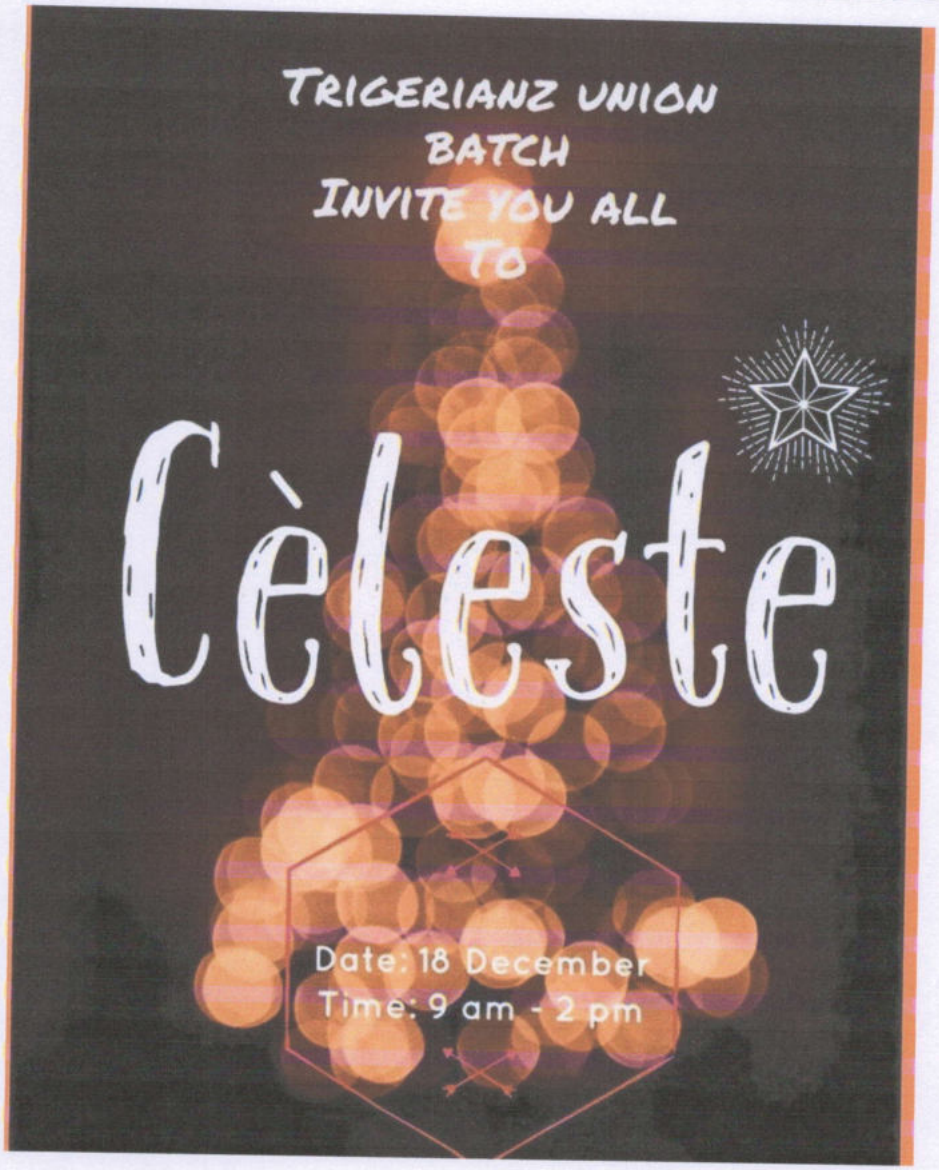


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CHRISTMAS CELEBRATION





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ACADEMIC YEAR 2017-18

Chairman:-Noor Abdullah

University union councillors:-Abhishek Sreenivas

General Secretary:-Xavier Jithu

Secretary for Arts:-Visshnu Gopal

Secretary for Sports:-Fazil

Magazine Editor:-Aleena

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Professor & HOD, Department of Periodontics

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Principal
KMCT Dental College
Manassery, Mukkam

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DENTAL COLLEGE

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E-mail: dental@kmct.edu.in, website: www.kmctdentalcollege.org

ACADEMIC YEAR 2017-18

DHWANI-2017

KMCT Dental College organized arts week DHWANI 17 from 24/ 10/2017 to 28/10/2017. The event was organized by union batch, that is Final year part I of the academic year 2017. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organized various events like

1. Light music competition
2. Poem writing
3. Story writing
4. Essay competition
5. Mehandi competition
6. Semi classical dance competition
7. Rangoli competition
8. Western Dance competition
9. Western music competition
10. Poster making competition
11. Face painting

After each event prize was distributed for 1st 2nd and 3rd prize

Apart from the cultural week celebration union batch organised celebrations of festivals like Onam, Christmas and EID. During onam celebration various competition like

1. Flower carpet competition
2. Tug of war
3. Uriyadi
4. Onathallu

During Christmas celebration crib making competition was conducted . prizes were distributed for each events.

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INSPIRE INTER COLLEGE ARTS FEST-2017

KMCT dental college along with IDA Malabar conducted inter college arts fest INSPIRE on 8th October 2017.

Various dental colleges like

1. Anjaneya dental college
2. Educare dental college
3. Malabar dental college
4. Royal dental college
5. Calicut dental college
6. Indira Gandhi dental college
7. Mar baselious dental college

Participated in various events like dance competition, fashion show, quiz competition, soap carving,poster making,skit competition,dance etc. The overall championship was for KMCT dental college.

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Academic year 2017-18

Name of award	Zonal/interzone	Event
1st prize for badminton team	state	Kurushetra, Kerala dental students association

Name of award	Zonal/interzone	Event
1st prize Dubsmash story	state	INSPIRE 2K17
1st ,3rd prize photography	state	INSPIRE 2K17
2nd prize Theme dance	state	INSPIRE 2K17
3rd prize variety show	state	INSPIRE 2K17
1st prize pick one contest	state	INSPIRE 2K17
3rd in walk the ramp	state	INSPIRE 2K17
1st and 2nd prize in soap carving	state	INSPIRE 2K17
1st prize in elocution	state	INSPIRE 2K17
1st prize in paper presentation	state	INSPIRE 2K17

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INSPIRE INTER COLLEGE ARTS FEST-2017





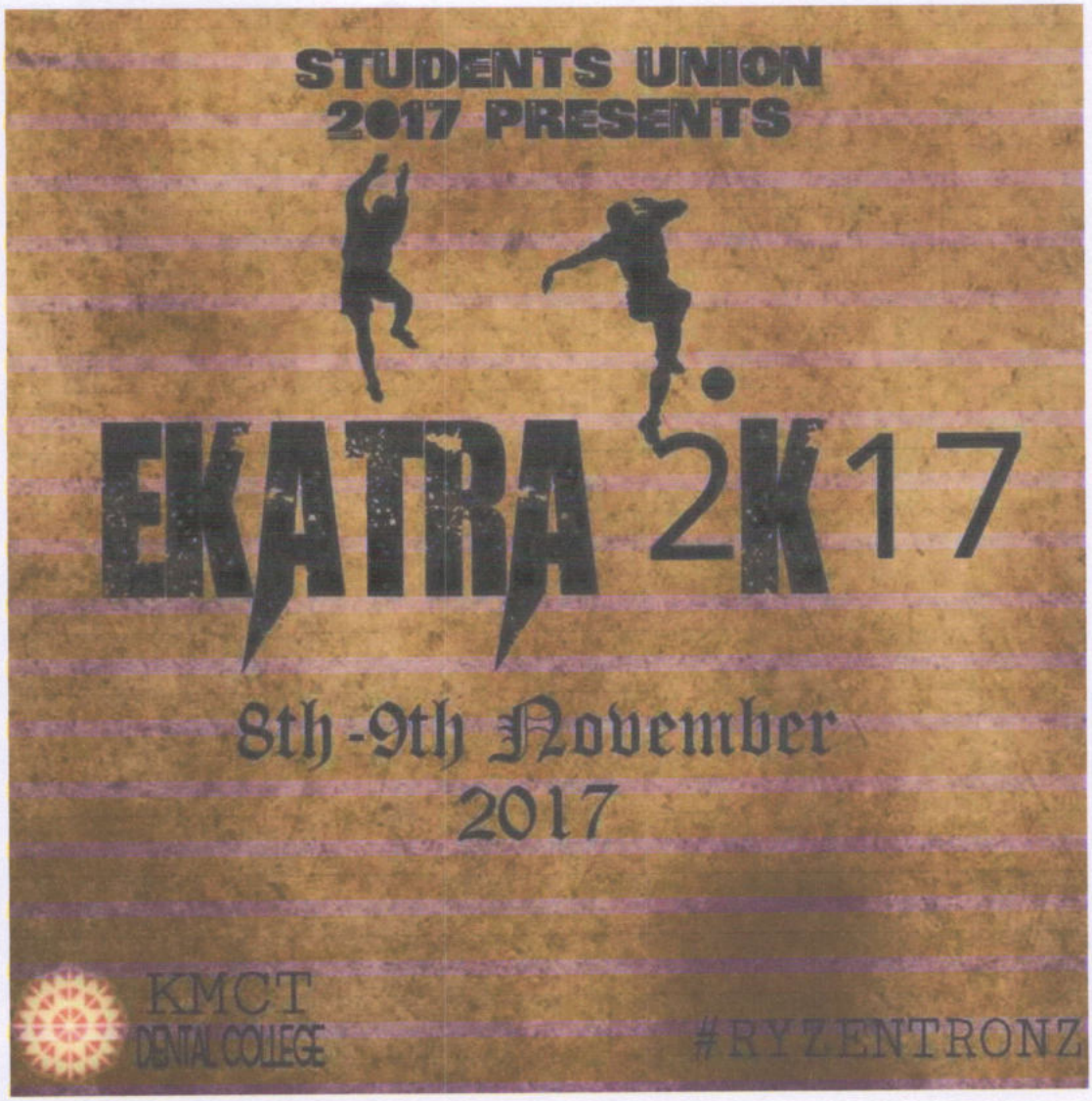




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ACADEMIC YEAR 2016-17

KMCT Dental College organised sports week EKATHRA 17 from 05/ 04/2017 to 07/04/2017. The event was organized by union batch, that is Final year part I of the academic year 2015. All undergraduates, postgraduates, interns and teaching and nonteaching staffs participated in the event. Union batch organised both indoor and outdoor events namely

Athletic meet

Cricket match

Football match

Badminton

Table tennis

Chess

Caroms

After the each event prize was distributed for 1st 2nd and 3rd prize

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EKATRA-2017



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INTER COLLEGE TABLE TENNIS TOURNMENT 2017

KMCT dental college along with Kerala University Of Health Science conducted D-Zone inter college table tennis tournament on 18th December 2017. KMCT dental college hosted the event .All professional colleges under D-zone of KUHS participated in the event . Our students were selected for central zone table tennis tournament in singles and doubles.

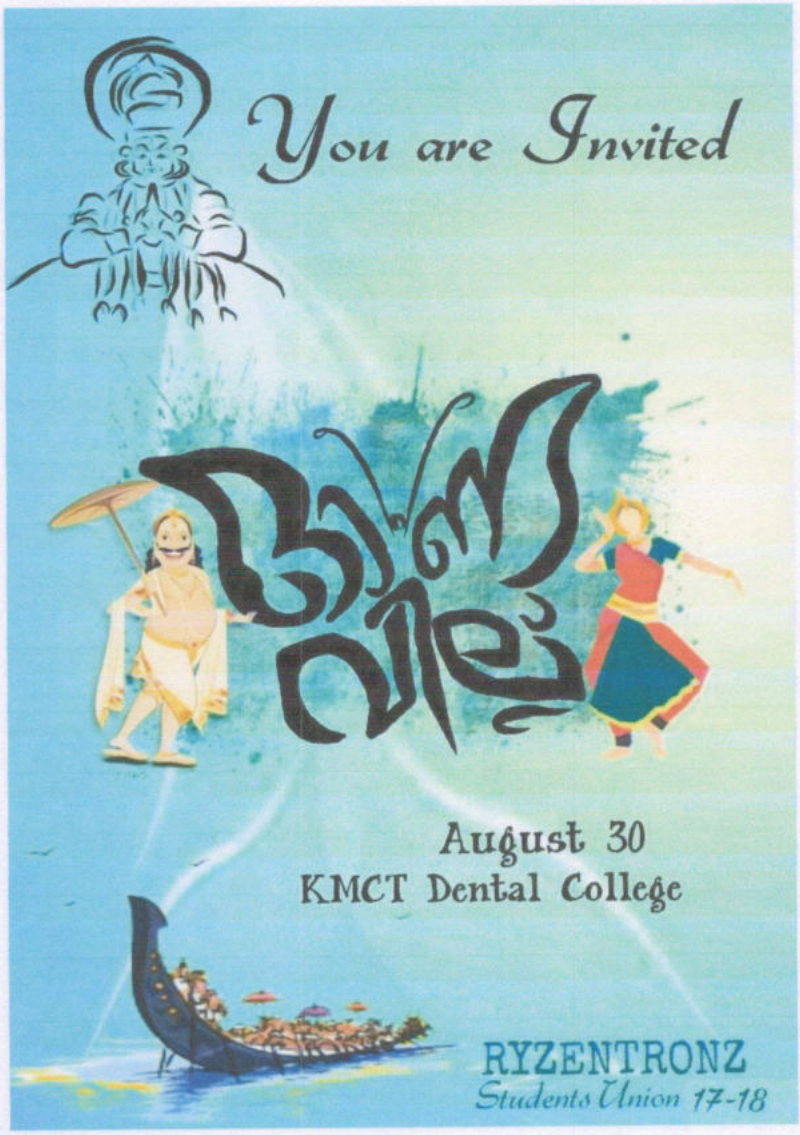




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AIDS DAY



CONSTITUTION DAY

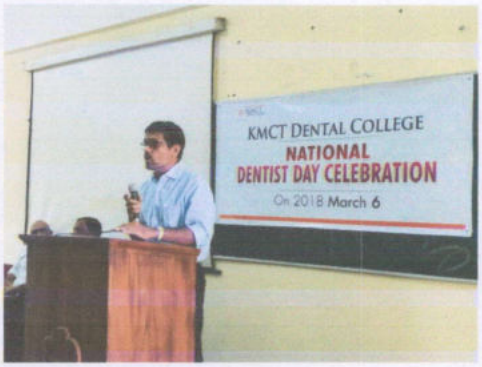


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DENTIST'S DAY





ONAM CELEBRATION



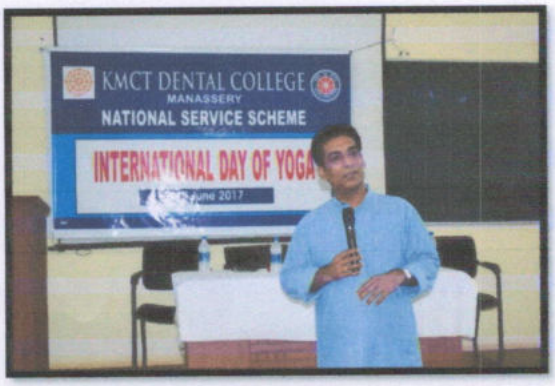
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ACADEMIC YEAR 2017-18

Yoga day 2017







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ACADEMIC YEAR 2016-17

YOGA DAY





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OMFS DAY 2017

The day started with spreading general awareness amongst patients about the field of Oral and Maxillofacial Surgery & the various diseases being covered under it, with special attention on oral carcinoma & its prevention. Later on, a quiz with prizes was carried out with the patients making the session more interesting and knowledgeable. This session was conducted by two knowledgeable faculties. The morning session also comprised of a poster competition, open for all medical, dental and nursing students focusing on "Scope of Oral and Maxillofacial Surgery" & three participants with best posters were awarded. Continuing with the last years "Go Green" initiative of AOMSI, all the dignitaries were greeted with live saplings.

Keeping with the theme of being eco-friendly, the head office requested everyone to gift saplings (Breathe Easy - Greet with a Sapling) to the Chief Guests and members to be planted and nursed to save our country and planet. The first sapling was planted by our principal Dr Manoj kumar K P.





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2017

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist Day 2017" at KMCT Dental College campus on 21st Jan 2017.Program inaugurated by the HOD of the department by cutting the cake and snacks and sweets were distributed for all. A general quiz program was kept for students and staff. PG students secured the first prize in quiz and staff and student team had shared the second prize. Various funny games like musical chair, lemon spoon racing, break the balloons were there for all.

ONAM CELEBRATION

Department of Prosthodontics celebrated Onam on 1st September 2017 in association with other departments of KMCT Dental College. Flower carpet competition and payasam making completion were held inter- department wise. Few games like musical chair pot breaking were conducted and a grand onasadya was provided to all by the union batch distributed at Prostho preclinical lab. Teaching staffs, Non –teaching staffs and House Surgeons and students all attended the program. Prize distribution was done in the afternoon section given by Principal and vice Principal and HODs of various departments.

2018

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist Day 2018" at KMCT Dental College campus on 22nd Jan 2018. A free denture camp was kept for the CD patients for 3 days at the department.

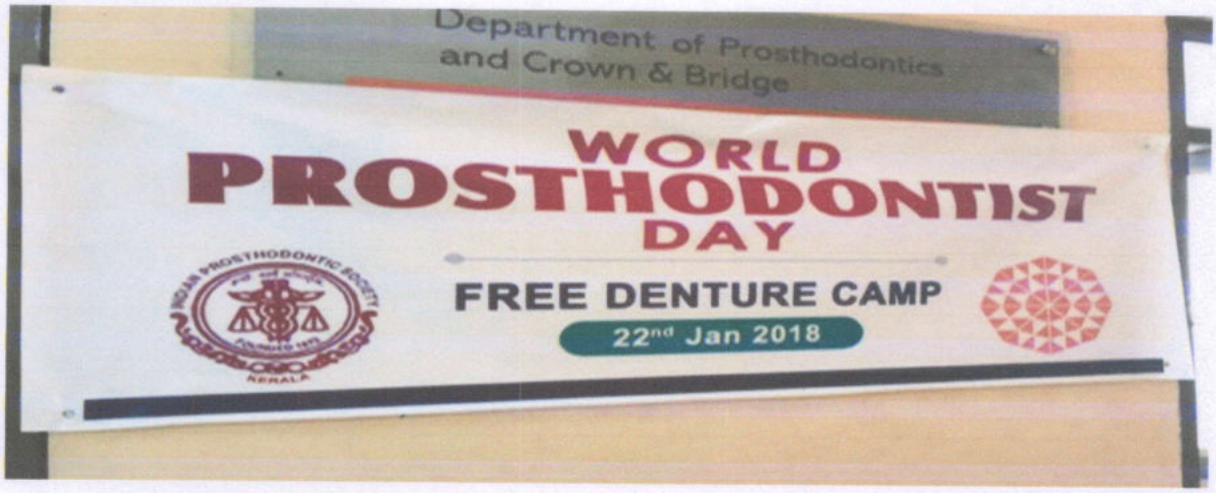
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ONAM 2018

Department of prosthodontics celebrated Onam on 22nd Aug 2018 in association with other departments of KMCT Dental College. Program inaugurated by the principal Dr Manoj Kumar by cutting the cake. Flower carpet competition and payasam making completion were held inter-department vise. Teaching staffs, Non–teaching staffs and House Surgeons and students all attended the program. Prize distribution was done in the afternoon section at auditorium given by Principal and Vice Principal.

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ONAM CELEBRATION

Department of Orthodontics celebrated onam on 12th sep 2018 in association with other departments of KMCT Dental College. Flower carpet completion payasam making completion were held inter department wise. Teaching staffs, Non –teaching staffs and House Surgeons and students all attended the program. Prize distribution was done in the afternoon section at auditorium given by Principal and vice Principal.



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CHRISTMAS CELEBRATION

Department of Orthodontics celebrated the festival by crib making competition, carol singing and cake cutting



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ACADEMIC YEAR 2016-17

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Vice chairman:- Aathira Suresh Kumar

University union councillors:-Sharon Vijayan

General Secretary:- Anjana Nair.S

Secretary for Arts:- Chelsiya John

Secretary for Sports:- Salwa Aliyarkunju Salim

Magazine Editor:- Thaliyadath Lohidakshan Ashiya

Treasurer:- Mr.Jyothish.M

Executive Members :- Vineeth R.J
Roshni Thomas
Muhammed Ismail
Suha.V
Xavier Jithu
Anila.S.Kumar
Sharon V.K
Gopika.G.Menon
Sreelakshmi M
Aswin.M

Staff Advisor: - Dr.Harish Kumar V.V
Professor and HOD, Department of Periodontics

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DHWANI-2016

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1. Poem writing
2. Story writing
3. Essay competition
4. Mehandi competition
5. Monoact competition
6. Nadanpattu competition
7. Solo and group Dance competition
8. Thiruvathira competition
9. Mime competition
10. Break dance

After each event prize was distributed for 1st 2nd and 3rd prize

Apart from the cultural week celebration union batch organised celebrations of festivals like Onam , Christmas and EID. During onam celebration various competition like

1. Flower carpet competition
2. Tug of war
3. Uriyadi
4. Onathallu

During Christmas celebration crib making competition was conducted . prizes were distributed for each events.

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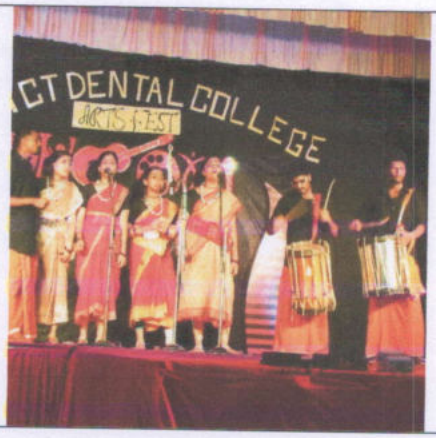
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DHWANI ARTS FEST-2016









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KMCT DENTAL COLLEGE SPORTS MEET

#D_R_Z *Presents*



BE THERE AT
MAMPETTA MINI STADIUM
ON 5th, 6th AND 7th OF APRIL

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1. Athletic meet
2. Cricket tournament
3. Football tournament
4. Badminton tournament
5. Table tennis tournament
6. Chess tournament
7. Caroms tournament
8. Hand wrestling tournament
9. Tug of war

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Academic year 2016-17

Name of award	Zonal/interzone	Event
2nd prize walking 5000m	state	Kuhas sports meet

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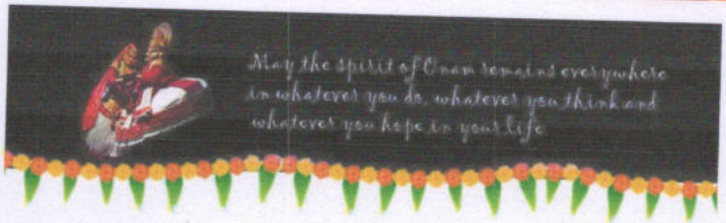
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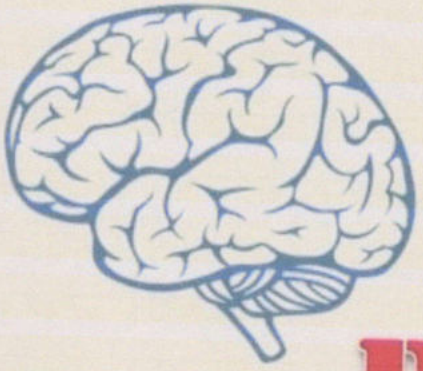


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BATTLE OF THE BRAINS

QUIZ COMPETITION

- Nov 2 : Lecture hall 2
- Time : 10am-12 pm
- Topic : Anything under the sun

This programme is conducted as a part of the LITERATURE CLUB of KMCT Dental College

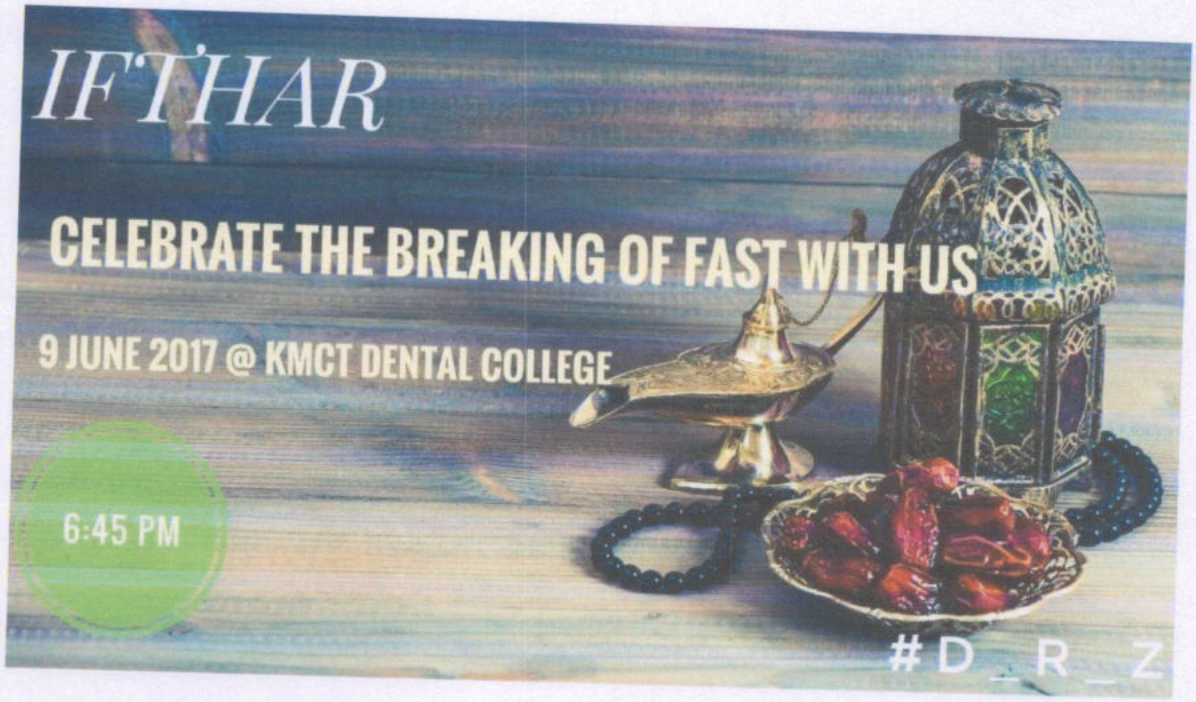
Quiz Master – Dr.Fasil Pulparambil

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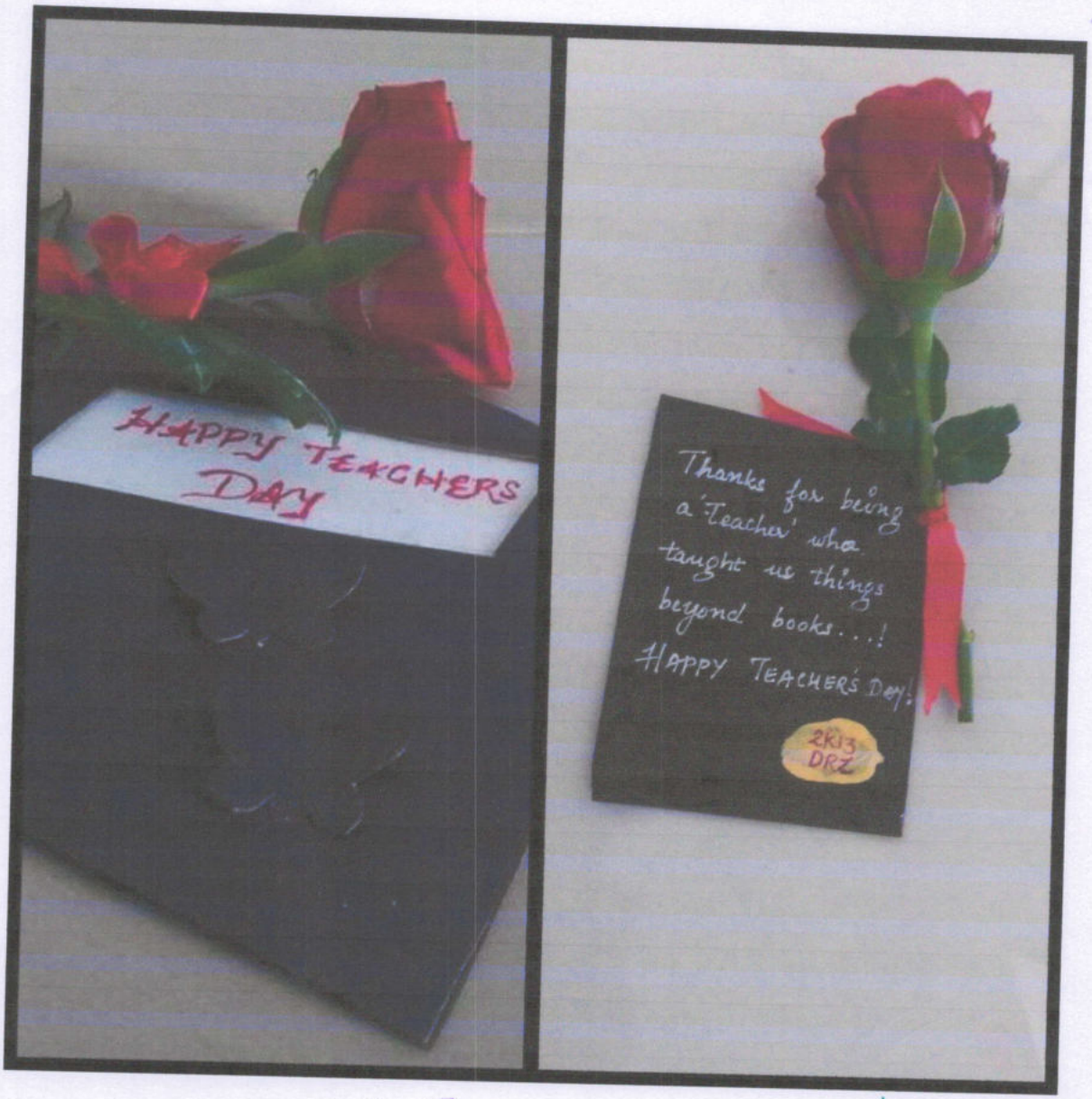


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2016

PROSTHODONTIST DAY

KMCT Dental College and association of Indian Prosthodontic Society (IPS) Kerala branch jointly celebrated "International Prosthodontist Day 2016" at KMCT Dental College campus on 22nd Jan 2016. Program inaugurated by HOD and Principal DR. Pradeep KUMAR C. HODs of various departments, Teaching staffs, Non–teaching staffs and House Surgeons and students attended the program.

A Quiz competition was held at auditorium for undergraduates, PG students and Staff. A team from in each category participated in the competition.

ONAM CELEBRATION

Department of Prosthodontics celebrated Onam on 12th September 2016 in association with other departments of KMCT Dental College. Flower carpet completion payasam making completion were held inter department wise. Teaching staffs, Non–teaching staffs and House Surgeons and students all attended the program. Prize distribution was done in the afternoon section at auditorium given by Principal and vice Principal.

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EXTRA-CURRICULAR ACTIVITIES- 2016

FAREWELL TO DR SAMEER

(FACULTY, DEPARTMENT OF ORAL PATHOLOGY)

A grant farewell function was organized by the council batch for Dr Sameer, Senior Lecturer, Department of Oral Pathology, as he was relieved from the institute.





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CHRISTMAS CELEBRATION





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NSS ACTIVITIES

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ACADEMIC YEAR 2020-21

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NSS VIRTUAL SPECIAL CAMP 2021

NSS SPECIAL CAMP VIRTUAL MODE: In the midst of COVID 19 pandemic, the catastrophic events happening all over the world, schools unable to reopen for more than one year it was unable to conduct the camp in regular offline format.

This year according to the instruction from university and regional directorate it was decided to conduct the programme in both online and offline mode.

The 51 volunteers participated enthusiastically in the camp under the supervision of Dr Arun Paul (Programme officer). The camp was organised from 15/02/21 to 21/02/21(7 days)



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WORLD ENVIRONMENT DAY - June 5th 2021

World Environment Day is the United Nations day for encouraging worldwide awareness and action to protect our environment. This day is celebrated every year to create the awareness among students about the commitment and responsibility towards the nature.

The National Service Scheme of **KMCT Dental College** celebrated the environmental day under following themes

a) **"Implant a plant": Planting sapling at your surroundings**

b) "Share to care": Feeding the animals around you

c) Poster making and quiz competition

In the midst of COVID 19 pandemic as the colleges were shut down the NSS volunteers decided to conduct the programmes at their own houses and competitions online using Zoom platform.

The programme was inaugurated by Principal Dr Manoj Kumar followed by felicitation address from other HODs and NSS programme officer.

"Implant a plant": Planting sapling at your surroundings

Students took the responsibility of planting sapling at their houses.





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International Yoga day - June 21st 2021

The National Service Scheme of **KMCT Dental College** celebrated Yoga day by organising a awareness talk by DR Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga during the covid pandemic.

In the midst of COVID 19 pandemic as the colleges were shutdown the NSS volunteers decided to conduct programmes at their own houses and competitions online using Zoom platform.

The programme was inaugurated by Principal Dr Manoj Kumar followed by felicitation address from other HODs and NSS programme officer.



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INDEPENDENCE DAY 2021

Independence day is celebrated every year on August 15th . **Independence Day** is celebrated annually on 15 August as a national holiday in India commemorating the nation's independence from the United Kingdom on 15 August 1947, the day when the provisions of the Indian Independence Act 1947, which transferred legislative sovereignty to the Indian Constituent Assembly, came into effect.

National Service Scheme of **KMCT Dental College** commemorated the day by hoisting the flag following the protocols. Social distancing was observed. Principal hoisted the flag and delivered the welcome address.

Online programmes were conducted by students like, patriotic singing competition, poster making competition.

Prizes were distributed for best performances.

Programmes we concluded by National anthem.



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INTERNATIONAL WOMENS DAY - 8th march 2020

Twenty-five years since the adoption of the Beijing Declaration and Platform for Action—a progressive roadmap for gender equality—it's time to take stock of progress and bridge the gaps that remain through bold, decisive actions.

The National Service Scheme of **KMCT Dental College** conducted various programmes as a part of **INTERNATIONAL WOMENS DAY.** The programme was inaugurated by Dr Manoj Kumar KP, Principal KMCT Dental college he welcomed the dignitaries, staffs, students, house surgeons, non teaching staffs and patients to the occasion. Students took the initiative to honour all the non teaching staffs of our dental college. The honours were given by Dr Dhanya M and Dr Sameera. A separate forum was formed to address the grievances of lady staff in the college.

Various programmes like debate on topic "gender equality" and extempore on topic "How safe women in our society" was conducted. Cultural programmes by staffs, students and non teaching staff were organised.





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WORLD ENVIRONMENT DAY - June 5th 2020

World Environment Day is the United Nations day for encouraging worldwide awareness and action to protect our environment. Since it began in 1974, the event has grown to become a global platform for public outreach that is widely celebrated in over 100 countries.

The National Service Scheme of **KMCT Dental College** together with the **Mukkam Municipality** took the initiative to start a **project to plant 1000 saplings** in various wards of municipality for a period of 1 year. As part of the celebration, NSS unit of the college handed over 200 sapling to Pazhur Muhammed Abdulrahman Sahib Trust. Dr Arun Paul [NSS Unit Coordinator – KMCT Dental College] inaugurated the event by giving a tree sapling to PP Unnimoyi .

Mr Samad Prambhil, Mr Rasheed Master T.K., Mr Vasu Karubrammal, Mr K Suresh, Mr Sreedharan PK, Mr Gopalan PK, Mr Mansoor Kallayi, Mr Sali MK, Mr Salim Pazhur, Mr Shamil Pazhur, and Mr Aseeb Parambil were present on the occasion.



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INTERNATIONAL DAY OF YOGA- June 21st 2020

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Considering the current situation of pandemic and the limitations in conducting live sessions and demonstrations, the **National Service Scheme** of **KMCT Dental College** organised online yoga demonstration session in accordance with International Yoga Day on 21/06/20. Sudents joined hand with **Ministrty of Ayush and participated in #My Life My Yoga contest.**



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NSS DAY REPORT- 24/09/20

The National Service Scheme is a public service program conducted by the Ministry of Youth Affairs and Sports. Every year, NSS day is observed on September 24 across India. The National Service Scheme was launched in 1969, the birth centenary year of Mahatma Gandhi in 37 universities involving 40,000 students

Marking the importance of National Service Scheme (NSS) Day, **a webinar** was organised by NSS unit KMCT Dental College on topic **"NSS- Hope for the hopeless".** The webinar was inaugurated by the chief guest Mrs Geetha Nair, Programme officer NSS unit GVHSS Nadakavu Calicut. Mrs Geetha nair was awarded the best programme officer in the year 2019. She motivated the students to engage more into community activities. Insights into various arenas of programmes were introduced, detailed discussions of activities conducted by her unit was presented with photos. Various possibilities of personality developments and fund raising activities were mentioned. She inspired everyone to volunteer in activities to fight the COVID 19 joining hands with the government.

Dr Manoj Kumar Principal KMCT Dental College addressed the gathering. Dr Arun paul addressed the volunteers. Vote of thanks was delivered by volunteer Ms Induja.

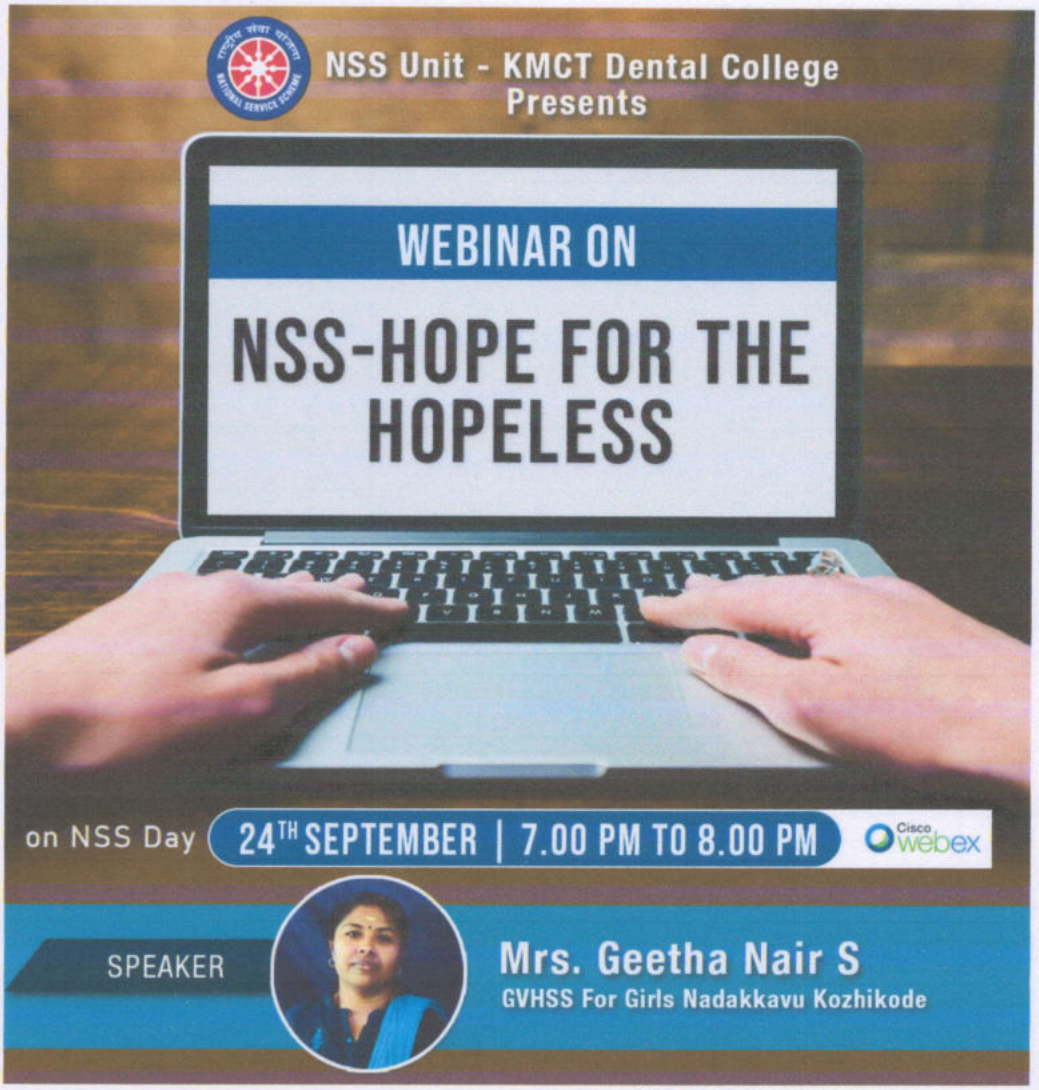
Students also organised home visits and food kit distribution at individual level at their neighbourhood abiding the protocol strictly.

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ACADEMIC YEAR 2019-20

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A platform for action World Environment Day is the United Nations day for encouraging worldwide awareness and action to protect our environment. Since it began in 1974, the event has grown to become a global platform for public outreach that is widely celebrated in over 100 countries.

Each World Environment Day is organized around a theme that draws attention to a particularly pressing environmental concern. The theme for 2019 is "Air pollution".

The National Service Scheme of **KMCT Dental College** together with the **Mukkam Municipality** took the initiative to start a **project to plant 1000 saplings** in various wards of municipality for a period of 1 year. Dr Manoj Kumar KP, Principal KMCT Dental college welcomed the dignitaries, staffs, students, house surgeons, non teaching staffs and patients to the occasion. The programme was inaugurated by Mr George M Thomas ,MLA, he talked about the awareness people should have towards improving the ecosystem. Also talked about the green house effect and the increasing threat plastics causing to the environment. The municipal chairman addressed the gathering by describing the various projects the municipality is undertaking in the current year. Standing committee chairman for education Mr Chandran congratulated the NSS unit for such initiative and promised all cooperation from all the wards. Vote of thanks was delivered by the NSS unit Programme Officer Dr Arun paul.

The official function was followed by planting of saplings (Plumeria, Guava) at college campus by Mr George M Thomas, MLA, Municipal chairman, the Principal, NSS programme Officer, Heads of Departments and NSS volunteers. All saplings were fenced and labelled.

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World Blood Donor day -14th June 2019

World blood donor day serves to thank voluntary, unpaid blood donors for their life-saving gifts of blood and also to raise awareness of the need for regular blood donations

The NSS unit of KMCT Dental College celebrated Blood Donation Day by conducting a **blood donation camp.** The camp was inaugurated by Dr Manoj Kumar at OMFS department. Over 150 students registered under the forum on the same day and 10 volunteers donated blood. Blood donation was done under the supervision of Dr Benzy paul (Associate Professor,KMCT medical college), Dr Rajkumar C (Tutor,KMCT Medical college) of pathology department and Richard Joseph (Blood bank in charge).

The camp concluded by providing refreshments to all volunteers and staffs.

Registration for blood donation



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The National Service Scheme of **KMCT Dental College** organised yoga demonstration session in accordance with International Yoga Day on 21/06/19. The programme started at 9.00 am by a silent prayer. Principal Dr. Manoj Kumar (HOD,Dept OMFS) gave the welcome addressee. Programme officer Dr.Arun Paul introduced the chief instructors Miss Arathi and Miss Rekha and Miss Aswathy

The demonstration started by introducing history and importance of yoga to the students. Various yoga postures which are essential for a peaceful mind, good posture, digestion, sleep and anxiety were explained. Various asanas like Tadasana,Vrikshasan,Trikonasana, Paschimottanasana, Sukhasna etc were demonstrated. Vote of thanks was delivered by NSS volunteer harinarayanan.



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International Day against drug abuse and illicit trafficking on 26th JUNE 2019

International Day Against Drug Abuse and Illicit Trafficking aims at combating misinformation and promotes sharing the facts on drugs — from health risks and solutions to tackle the world drug problem, to evidence-based prevention, treatment, and care

The **National Service Scheme** of **KMCT Dental College** conducted **an awareness talk by NV ABDUL KADER** DySP, Thamarassery. Welcome address was delivered by Dr Manoj Kumar KP, Principal KMCT Dental college he welcomed the dignitaries, staffs, students, house surgeons, non teaching staffs and patients to the occasion. The programme was inaugurated by **NV ABDUL KADER** he talked about the importance of commemorating this day. He started his awareness talk on a lighter note by engaging an interaction session with students, questions were asked to them regarding

Students started the plog run from college along with staff picking and segregating all the plastic and other wastes. It was segregated into separate bags. A total of 25 bags of wastes was collected and handed over to Haritha kerala mission.



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150th Birth Anniversary of Mahatma Gandhi , October 2nd 2019

Gandhi Jayanti is an event celebrated in India to mark the birth anniversary of Mohandas Gandhi born 2 October 1869. It is celebrated annually on 2 October, and it is one of the three national holidays of India.

The National Service Scheme of **KMCT Dental College** together with the **Mukkam Municipality** conducted **"PLOG RUN"** from Dental college to Manassery town. The programme was inaugurated by Mr P Prakash, District Coordinator, Haritha Kerala Mission. He congratulated the NSS unit for such an initiative. He also promised all the future support for all activities. Welcome address was delivered by Dr Manoj Kumar KP, Principal KMCT Dental college he welcomed the dignitaries, staffs, students, house surgeons, non teaching staffs and patients to the occasion. The programme was flagged off by Mr Kunjan master, municipal chairman he talked about the awareness people should have towards improving the ecosystem. A **Pledge** was taken by the NSS volunteer emphasising the duties of a good citizen. The plog run was coordinated by NSS PO Dr Arun Paul.

Students started the plog run from college along with staff picking and segregating all the plastic and other wastes. It was segregated into separate bags. A total of 25 bags of wastes was collected and handed over to Haritha kerala mission.



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Fitness awareness class -16th October 2019

As a part of Golden Jubilee Day of NSS, this year Govt. of India has announced a new programme **'Fit India'** – making all students and young bloods healthy and having good physic. The aim of the programme is only a healthy person can develop good and healthy thoughts, helping the nation building and to become a good citizen

NSS unit of KMCT dental college conducted a **Fitness awareness class and Zumba dance session** as a part of **Fit India programme.** The programme was conducted by KROME fitness training centre Kozhikode. KROME fitness is a leading training centre

The camp was inaugurated by Dr Manoj Kumar. Mr Kris Jacob the MD of Krome fitness talked about the importance of Fitness among the youth. He elaborated the importance of engaging in fitness activities, sports etc. Importance of diet in controlling lifestyle diseases was discussed in detail. He answered the queries raised by the students. Mrs Naomi demonstrated the various techniques to improve the core strength. She interacted with the students answered their queries regarding the exercises girls can practise at hostels.

After the interaction session a Zumba session was organised. All students participated fro the session



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WORLD AIDS DAY - 1st December 2019

The National Service Scheme of **KMCT Dental College** conducted an awareness rally on the occasion of AIDS day. NSS volunteers, students and staff participated in the rally. Rally was inaugurated by Dr Manoj Kumar KP, Principal KMCT Dental college. He welcomed the dignitaries, staffs, students, house surgeons, non teaching staffs and patients to the occasion and talked about the awareness people should have towards the disease condition and the precautionary measures to be taken.

Other programmes like poster making was done under the guidance of Dr Arun paul (NSS programme officer).



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NSS SPECIAL CAMP 2019

SPECIAL DAY NSS CAMPING: Special Camping forms an integral part of National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community.

The volunteers participated enthusiastically in the camp under the supervision of Dr Arun Paul (Programme officer), Dr Ashiq (senior lecturer) and Dr Anjana (Tutor) and Dr Priyadarshini (Tutor)

NSS KMCT Dental college, NSS unit conducted special camp for the period of 2018-19 from February 7th to 10th 2019 and later on December 27th to 29th 2019.

The special camp was split into two sessions as one session of 4 days at Government Tribal LP school, Koombara, Koodaranji panchayath and another session of 3 days at HIRA public school, Mukkam.

A group of energetic 47 volunteers enthusiastically participated in the special camp. The location Koodaranji was selected because the many wards in the panchayath was affected by the 2018 landslides, many homes were devastated and lost the agricultural lands which were the sole mode of income for those families.



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ACADEMIC YEAR 2018-19

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INTERNATIONAL DAY OF YOGA- June 21st 2018

Yoga is a 5,000-year-old physical, mental and spiritual practice Having its origin in India, Which Aims to transform both body and mind. **On December 11 in 2014, the United Nations General Assembly declared June 21st as the International Day of Yoga.** Yoga is an invaluable gift of India's ancient tradition . It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature.

The National Service Scheme of **KMCT Dental College** organised yoga demonstration session in accordance with International Yoga Day on 21/06/18. The programme started at 9.00 am by a silent prayer. Principal Dr. Manoj Kumar (HOD,Dept OMFS) gave the welcome addressee. Programme officer Dr.Arun Paul introduced the chief instructors Miss Aswathy

The demonstration started by introducing history and importance of yoga to the students. Various yoga postures which are essential for a peaceful mind, good posture, digestion, sleep and anxiety were explained. Various asanas like Tadasana,Vrikshasan,Trikonasana, Paschimottanasana, Sukhasna etc were demonstrated. Vote of thanks was delivered by NSS volunteer harinarayanan.



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World heart day- September 29th 2018

The NSS unit of KMCT Dental College celebrated World heart day on 29th September. World Heart Day takes place on 29th September every year and is the World Heart Federation's and the world's biggest platform for raising awareness about cardiovascular disease, including heart disease and stroke.

The programme commenced by NSS anthem. Dr Manoj Kumar (Principal) delivered the welcome address. Dr Arun Paul (NSS programme officer) addressed the gathering. NSS students organised a walkathon to Mukkam town spreading awareness among the public regarding the heart health.



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NATIONAL VOLUNTARY BLOOD DONATION DAY : 01/10/2018



The NSS unit of KMCT Dental College celebrated Blood Donation Day by conducting a class on **"Blood donation and transfusion" by Dr V.P Sasidharan** (former principal Govt.Medical college, Kozhikode) from 10.00 am to 11.00 am at lecture hall 2 for first years, Second years, Faculty and Interns in accordance with the day.

NSS unit and student union batch of KMCT dental college conducted a **blood donation camp** on the same day and proudly installed **Blood donors forum** at KMCT Dental College. The camp was inaugurated by Dr V.P Sasidharan at OMFS department. Over 200 students registered under the forum on the same day and 10 volunteers donated blood. Blood donation was done under the supervision of Dr Benzy paul (Associate Professor,KMCT medical college), Dr Rajkumar C (Tutor,KMCT Medical college) of pathology department and Richard Joseph (Blood bank in charge).

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GREEN PROTOCOL –SWACH BHARATH ABHIYAN – OCTOBER 2nd 2018

The NSS unit of KMCT Dental College implemented Green protocol in the college campus by conducting a guest lecture for first years, Second years, Faculty and Interns in accordance with the day. **Mr Devassia K Varghese (District coordinator, suchitva mission)** took the class. The programme commenced by NSS anthem. Dr Manoj Kumar (Principal) delivered the welcome address. Dr Arun Paul (NSS programme officer) introduced the chief guest and addressed the gathering. **Mr Devassia K Varghese** discussed the social commitment and responsibility of students and professional towards a clean India. Emphasised on various activities by suchitwa mission and advised the measures to be taken before green auditing. Interactive session was arranged where the students and staff asked their doubts.

A memento was handed over by principal as a token of appreciation. Vote of thanks was delivered by Harinarayan. Refreshments for the chief guest and faculties were provided. The programme concluded by National anthem.



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FLOOD RELIEF ACTIVITIES



NSS unit handed over a fund of Rs 2,41,825 to the chief minister as a contribution to chief ministers flood relief fund. The amount was collected by NSS volunteers collectively from the teaching and non teaching faculty of the dental college. During the time of flood and landslides our NSS volunteers distributed food, cloths, utensils to the flood affected areas of koombra,Koodaranji, and the relief camps at Karassery. Volunteers were acting together with various organisations and leaders of the panchayath in delivering essential commodities to the relief camps.

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Volunteers visiting relief camps handing over food and essential commodities in the presence and panchayath president and ward member.

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AWARENESS PROGRAMME AND FIELD VISIT FOR PREVENTION OF LEPTOSPIROSIS

The Health department of State Govt and KUHS has urged the involvement of the Social Service Organisations especially NSS volunteers at large to spread the awareness among the public to take precautionary measure against the rising death toll caused due to Leptospirosis in flood affected areas.

As a part of the same a class was taken by Dr Manu Lal (Govt Primary Helath Centre) at 8.00 am to 8.30 am at lecture hall 3. The class sensitized the students about the disease, preventive measures, causes, treatment and drug dosage.

A memento was handed over by principal as a token of appreciation. Vote of thanks was delivered by Harinarayan.

The NSS unit of KMCT dental college has taken the initiative to join hands with Govt Primary Helath Centre, karassery grama panchayath, to spread awareness about the disease, precautionary measures and chemoprophylaxis.

A field visit at karassery panchayth was done by students educating and advocating prophylactic measures against Leptospirosis.

A memento was handed over by principal as a token of appreciation. Vote of thanks was delivered by Harinarayan.



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WORLD NO TOBACCO DAY-MAY 31ST 2019

World No Tobacco Day is observed around the world every year on May 31st . This day is observed with the objective of spreading awareness about the ill-effects of Tobacco and instilling the minds of young generation to restrain from the habit of smoking. Every year 7 million people die of tobacco usage. It sabotages the health, economy and development of a Nation. The theme for World No Tobacco Day, 31 May 2017, is "Tobacco and Lung health." It will propose measures that governments and the public should take to promote health and development by confronting the global tobacco crisis.

National Service Scheme of **KMCT Dental College** together with **Dept. Of Public Health Dentistry** commemorated World No Tobacco Day by organizing a field visit and awareness class to the patients at MVR Cancer centre, Vellalasseri, Kozhikode. The function was inaugurated by Mr Raveendran a cancer survivor. Dr.Dinesh Makuny, H.O.D, Radiation oncology, delivered the welcome address. Dr Binil Salam, Pulmonology Dept, talked about the significance of this years theme "Tobacco and Lung health" and the alarming mortality rates in recent years. Dr Sudheesh Manoharan, Consultant, Head and Neck surgery, briefed about the role of surgery in treting cancer patients. Dr Dhanya Muralidharan, HOD Dept Public health dentistry, talked about the role of dentists in screening cases of oral cancer and the importance a tobacco cessation programmes. Vote of thanks was delivered by NSS programme officer Dr Arun Paul.

The NSS students of KMCT Dental College gave a public **awareness talk** to the outpatients, bystanders and hospital staff regarding harmful effects of Tobacco, Alcohol and newer substance abuse. The amount of dependence these substances produce on individual, and the financial and social debt a family has to undergo was explained by the NSS students. An initiative was started to make the hospital **Tobacco free zone**. A **No Tobacco pledge** was taken by students, faculty of KMCT Dental College and MVR Cancer centre

The NSS students attended lectures by Dr.Dinesh Makuny, H.O.D, Radiation oncology, on insights to radiotherapeutic management of cancer patients.

An interactive session by Mr Shameem of Psychosocial oncology department on tobacco cessation counselling was taken. Students were trained for giving counselling to a patient at their clinics.

A visit to day care chemotherapy units and radiotherapy units were organised.

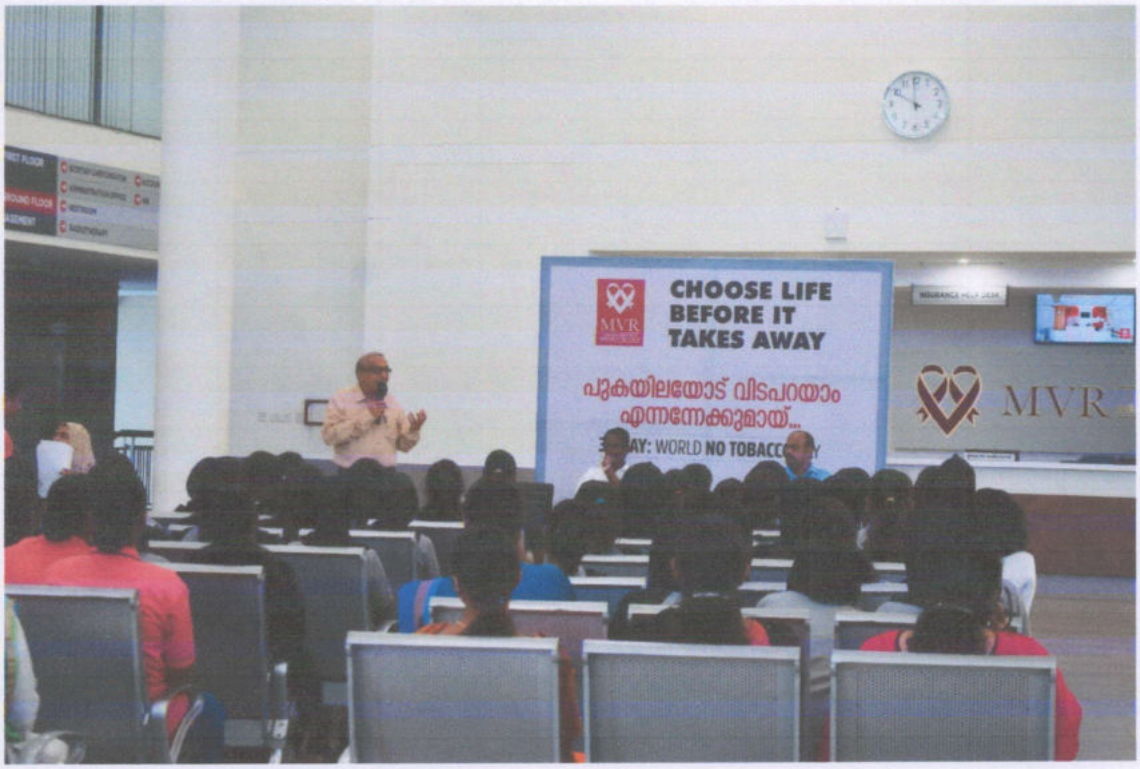
Refreshments were provided for all faculties and students.

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International Womens Day : 8th March 2019

International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. The NSS unit organised an awareness class and interactive session for the students by Dr. Sherly Vasu HOD, Forensic medicine KMCT medical college. Dr.Sherly Vasu has over 35 years' experience in the field of Forensic Medicine. During her tenure at GMC Calicut and Thrissur, Dr. Sherly has attended thousands of cases and trained many students before joining as HOD of the KMCT MC Forensic department.

The programme was inaugurated by Principal Dr Manoj Kumar. Programme officer Dr Arun paul addressed the gathering. Dr Sherly vasu addressed the social issues in our society the problems women facing in this generation. She narrated the cases quoted those as examples to convey strong message to the crowd. The class was attended by both students and faculties. The case description and narration looked so real, all students keenly listened to her. Interactive session was followed by a session where students were asked to solve the real-life scenarios.

Cultural programmes were organised after the interactive session. Participants from students and non-teaching staff enlightened the audience with songs.



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ACADEMIC YEAR 2017-18

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WORLD ENVIRONMENT DAY: 05/06/2017



The National Service Scheme of **KMCT Dental College** together with the **Dept. Of Public Health Dentistry** planted saplings (mandharam) at the college premises on 5th June, Monday morning at 11.00 am. The programme started by Dr Arun paul (NSS, Programme Officer) introducing the occasion and the role NSS has in promoting green campuses. Dr Pradeep Kumar.C, Principal KMCT Dental college welcomed the staffs, students, house surgeons, non teaching staffs and patients to the occasion. Sapling were planted by the Principal, NSS programme Officer, Heads of Departments and student representatives. All saplings were fenced and labelled. Vote of thanks was delivered by the NSS unit student representative

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INTERNATIONAL DAY OF YOGA- 21/06/ 2017



The National Service Scheme of **KMCT Dental College** organised a guest lecture by Dr.Manoj Kumar.M and demonstration session in accordance with International Yoga Day on 21/06/17. The programme started at 9.00 am by a silent prayer. Principal in charge Dr. Manoj K (HOD, Dept OMFS) gave the welcome addressee. Programme officer Dr.Arun Paul introduced the chief guest Dr. Manoj Kumar.M, who has 15 years of vast experience in the field of yoga. Dr. Manoj Kumar gave the insight about Yoga in daily life, its components and importance to practice yoga for a healthy body and mind. His lecture was attended by entire faculty of dental college, students and interns. Interactive session helped everyone to clarify the doubts regarding the myths about yoga.

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Clean campus Initiative: Swach Bharath Abhiyaan – 09/08/2017



As a part of Swachh Bharath Abhiyan NSS unit of KMCT Dental college organised a movement to keep the campus clean and green by emphasising everyone to stop littering and follow waste disposal protocols. Students cleaned the campus premises by removing all plastic and paper wastes, segregating them and disposing

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HEALTH SURVEY BY NSS VOLUNTEERS : NSS Special CAMP- 27/12/2017



As a part of special camp students started the **home visits at the ward and conducted survey (standard survey form prepared by ETI kalamassery).** They interacted with people asked the needs of them the various modes of waste disposal, plastic disposal methods, sanitary provisions, immunisation status etc. All the information were collected and recorded, the final draft was submitted to the panchayath.

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CLEANING AND PAINTING OF COMMUNITY HEALTH CENTRE, CHERUPPA: SPECIAL CAMP



The **Community Health Centres** (CHCs) which constitute the secondary level of **health** care are designed to provide referral as well as specialist **health** care to the rural population. Students started cleaning the premises of the health centre by cutting the grass and segregating the plastic waste dumped in this area. Patient waiting area had been unused for long time by the creepers and unwanted plants which was uprooted by the volunteers. All tools for the activity were bought and distributed to the students.

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SELF DEFENCE CLASS- SPECIAL CAMP



Self defence class for girls was organised by **Shaolin yin yang kungfu centre Kozhikode**. Two lady instructors and chief Instructer Master Praveen guided the students in various self defence techniques. Demonstration of techniques were given. Students were given the opportunity to practise the same in groups. Students gave positive feedback about the programme.

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ANTI DRUG AWARENESS CAMPAIGN- MAVOOR-SPECIAL CAMP



Awareness rally on drug addiction was organised by students with the support from Mavoor police department. Movoor SI Mr. Rajith inaugurated the function and spoke about the importance of awareness among the public especially youth towards drug abuse. He congratulated and appreciated the efforts of NSS volunteers in conducting an awareness rally. **A flash mob** was done by the volunteers at Mavoor bus stand which was appreciated by the crowd. Volunteers distributed the pamphlets to the crowds about the awareness.

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International Women's Day (March 8) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. The NSS unit conducted a self-defence training class exclusively for girls/women in accordance with the day. Professional trainers from **"Shaolin Yin Yang Kung-Fu Kwoon" Kozhikode** conducted the classes.

The programme was inaugurated by Principal Dr Manoj Kumar, he talked about the importance of learning self-defence in the contemporary world. He also highlighted the importance to have self-defence classes in educational institutions. Programme officer Dr Arun paul addressed the gathering. The chief Instructor Pravish Vishnudas elaborated about the various type of defence training along with the type of martial arts practised. The camp concluded by providing refreshments to all volunteers and staffs.

A training session was organised by the team for students and interns. Self-defence techniques warm up sessions were organised.



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World Water Day - March 22nd 2018

World Water Day (March 22nd) is a global day focusing attention on the importance of water for our survival. This day explores nature based solutions to our water challenges and focusing attention on the importance of water. The theme for World Water Day 2018 is "Nature for Water" – exploring nature-based solutions to the water challenges we face in the 21st century.

The NSS unit of KMCT Dental College celebrated world water day by conducting a class on "Importance of Water" for first years, Second years, Faculty and Interns in accordance with the day. **Mr Vivek B,** noted Scientist from Center for Water Resource Development and Management, Kozhikode took the class. The programme commenced by NSS anthem. Dr Auswaf Ahsan (HOD, Oral medicine and radiology) delivered the welcome address. Dr Arun Paul (NSS programme officer) introduced the chief guest. Mr Vivek B elaborately talked about the various forms of water resources, water conservation methods, ground water management, rain water harvesting etc. The scope of dental students in conserving the water at college and hospital premises were also discussed. All students along with interns and faculties took the pledge to preserve water and take all the necessary steps to prevent the wastage of water.

Vote of thanks was delivered by Adithya. Refreshments for the chief guest and faculties were provided. The programme concluded by National anthem.



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WORLD HEALTH DAY – 7TH APRIL 2018

The **World Health Day** is a global health awareness day celebrated every year on 7 April, under the sponsorship of the World Health Organization (WHO), as well as other related organisations. World Health Day will focus on "Universal health coverage: everyone, everywhere" - ensuring that everyone, everywhere can access essential quality health services without facing financial hardship. Dept of Public health dentistry of KMCT Dental College celebrated World Health Day at Mavoor panchayath. Various programmes were conducted for the people of the panchayath.

Health awareness class:

A health awareness class was conducted by Dr Ubaidulla (Dept of community medicine, KMCT dental college) about various communicable and lifestyle diseases. Interacted with the public and answered to all their queries. He advised the public regarding the important measure to be taken to avoid epidemics and seasonal diseases.

Dental treatment camp:

A dental treatment camp was conducted, all treatments like oral prophylaxis, restoration, extractions were done inside the mobile van. Dental screening and referral to the college was made.

Eye check- up:

Ophthalmologist and optometrist were present for diagnosing and eye check-up. Refractory tests were done and referral were made.



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29TH NATIONAL ROAD SAFETY WEEK - April 23-30th

Road safety week is organised every year to create the awareness about the rising mishaps occurring at roads. Road traffic accidents are one of the major cause of death among healthy young adults. It has become the responsibility of every individual to be self sufficient in understanding the importance of road safety. The role of NSS volunteer is indispensable in creating public awareness.

The NSS unit of KMCT Dental College celebrated road safety week by conducting a class on "Road safety measure" for first years, Second years, Faculty and Interns in accordance with the day. **Mr Francis VV, MVI, Koduvally RTO** took the class. The programme commenced by NSS anthem. Dr Nizaro Siyo (Vice principal) delivered the welcome address. Dr Arun Paul (NSS programme officer) introduced the chief guest and addressed the gathering. Mr Francis VV discussed the traffic rules and also those rules which are less aware to the public. He elaborated the do's and donts while driving. Interactive session was arranged where the students and staff asked their doubts. Enthusiastically he cleared all doubts and insisted all youngsters to were seat belts and helmets.

A memento was handed over by vice principal as a token of appreciation. Vote of thanks was delivered by Harinarayan. Refreshments for the chief guest and faculties were provided. The programme concluded by National anthem.



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ACADEMIC YEAR 2016-17

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Fund raising for Lijis liver transplant



Liji a native of Manassery was diagnosed with end stage liver disease which required liver transplant at Amrita medical college. Total expense for the surgery was around 30 lakhs, which the family could not afford. The NSS unit of KMCT dental college raised fund (30000 rs) for the Liver transplant surgery of Liji and handed over to the committee under the leadership of CITU. The fund was handed over by Dr Arun paul to the committee chairman. The function was addressed by municipality councillor N Chandran, I V unnikrishnan, M V Krishnan kutty

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NO TOBACCO DAY- 31/05/2017



National Service Scheme of **KMCT Dental College** together with **Dept. Of Public Health Dentistry** conducted a Public Awareness rally on 30/05/17. The rally was inaugurated by Koduvally Circle Inspector of Police Mr.Biswas. NSS Programme Officer Dr.Arun Paul welcomed everyone to participate in the rally. KMCT Dental College Principal, Dr.Pradeep Kumar addressed the gathering and spoke about the significance of the day. Circle Inspector, Mr. Biswas spoke about the alarming usage of tobacco among the young generation and asked the dental students to pledge not to use and set an example for the public. He appreciate the initiative taken and inaugurated by Flag offing the rally.

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