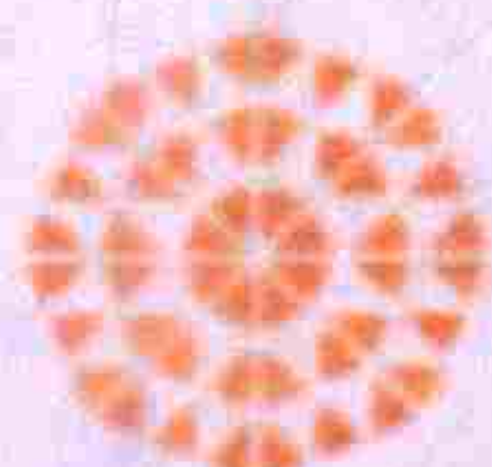




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TO WHOM SO EVER IT MAY CONCERN

This is to certify that the information in the attached document is verified by me and is true to the best of my knowledge.



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Principal
KMCT Dental College
Manassery, Mukkam

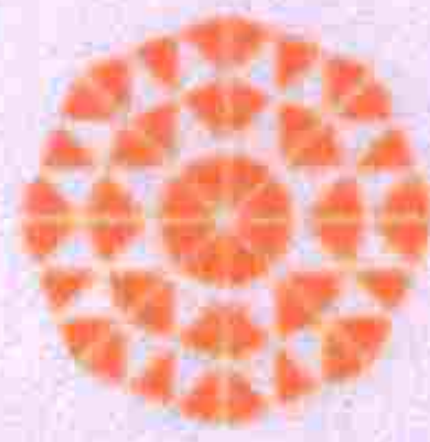
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2.3.1 Student-centric methods are used for enhancing learning experiences by:

- **Experiential learning**
- **Integrated/interdisciplinary learning**
- **Participatory learning**
- **Problem solving methodologies**
- **Self-directed learning**
- **Patient-centric and Evidence-Based Learning**
- **Learning in the Humanities**
- **Project-based learning**
- **Role play**

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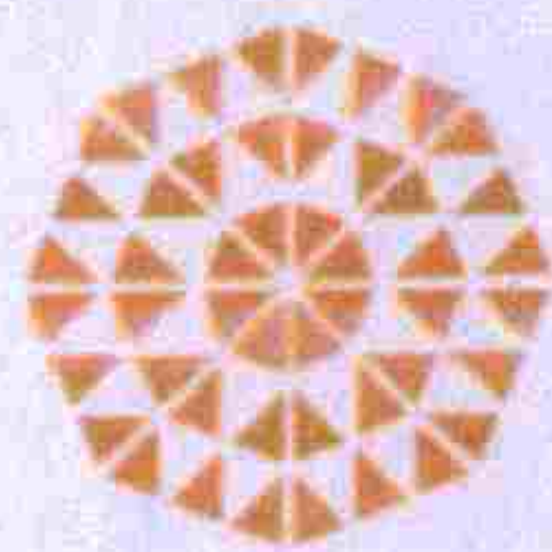
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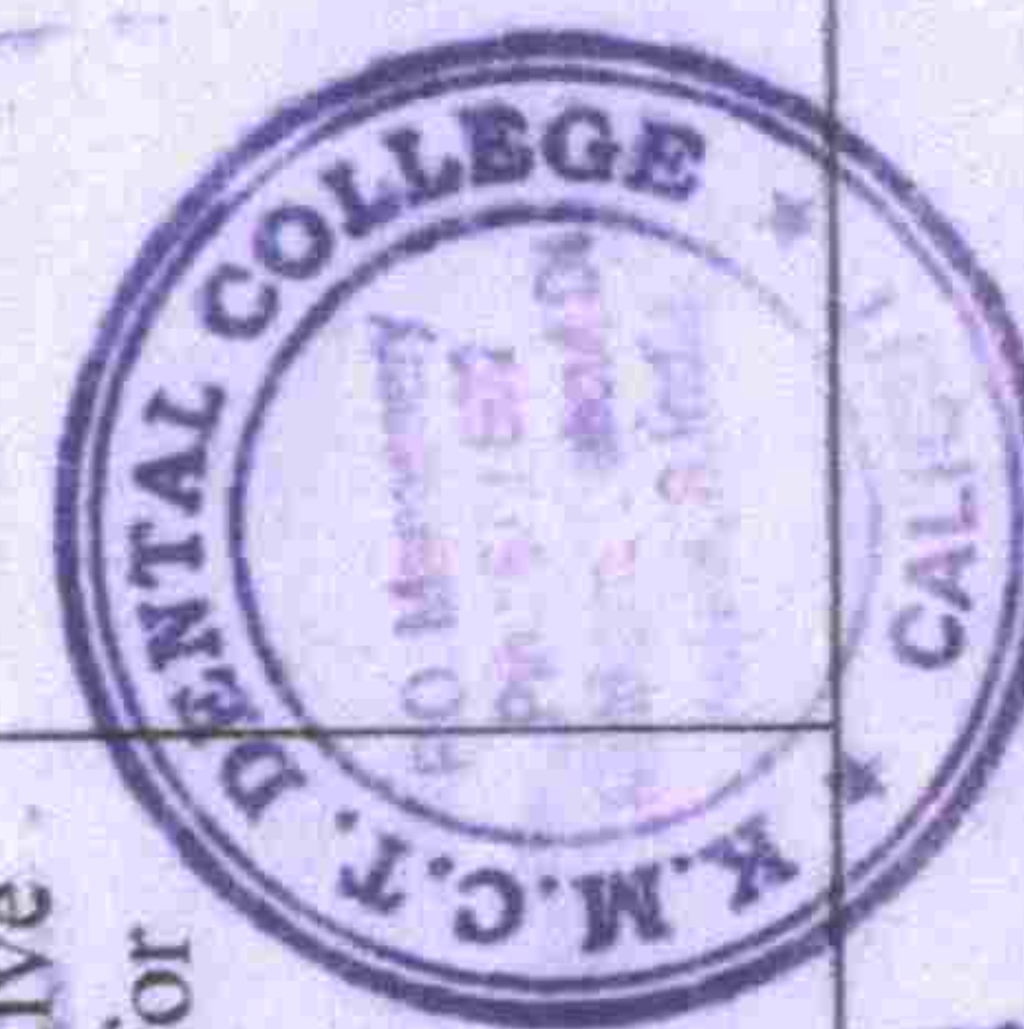


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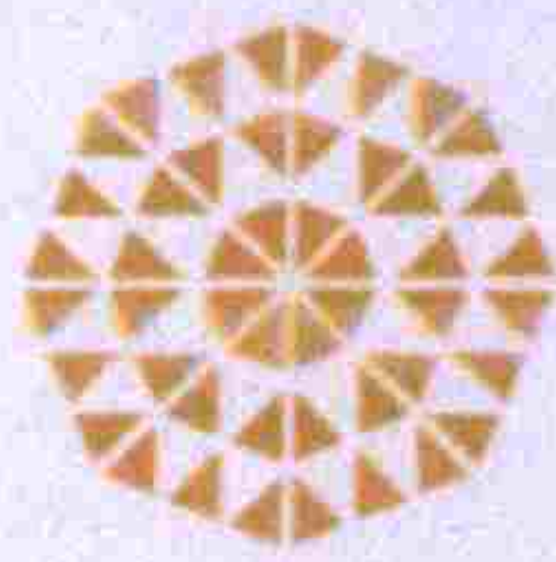
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Recognised by Dental Council of India and Govt. of India
KMCT Medical College Campus, Mulkam, Kozhikode-673602
Phone: (0495)2292002, 2292004

E-mail: dental@kmct.edu.in, website: www.kmctdentalcollege.org

Experiential learning	Participatory learning	Problem solving methodologies	Integrated/ interdisciplinary learning	Patient centric	Self-directed learning	Project based learning and Role play
• Attending pre-clinical labs • Training on models • Attending community screening and dental treatment camps • Attending pain and palliative postibngs • Attending	• Seminar • Journal clubs • Field visit • Survey • CDE program • Participation in conferences and conventions	• Case scenarios • Case history discussion • CPC	• Inter departmental postings • Clinic pathological club • Functional MoUs with other institutions • Collaborative activities for research	• Clinical postings for students • Compulsory rotational residential internship • Collaborative activities for patient care	• Written assignments • Seminar presentations • Journal club presentations	• UG research projects • PG research projects • Publications • Role play • Short films • Youtube videos



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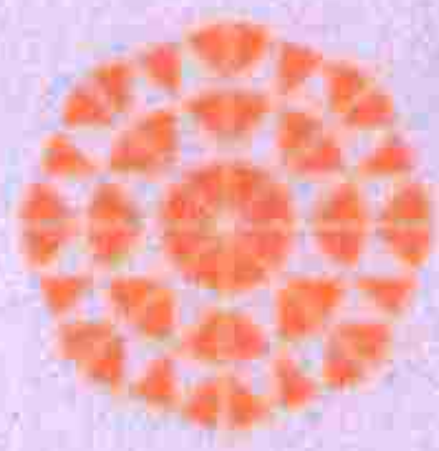
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casualties
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✓
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Principal
KMCT Dental College
Manassery, Mukkam



EXPERIENTIAL LEARNING

KMCT Dental College prioritizes experiential learning as a cornerstone of its student-centric approach. Through experiential learning, students actively engage in hands-on experiences, enabling a deeper understanding of dental practices. The college employs various methods:

Clinical Exposure: Providing opportunities for students to work in clinics, assisting experienced professionals, and gaining firsthand experience in treating patients under supervision. This practical exposure helps in developing clinical skills and confidence.

Simulated Learning Environments: Creating simulated scenarios and dental laboratories that replicate real clinical settings. Students practice various procedures, techniques, and treatments in a controlled environment, enhancing their skills before working with actual patients.

Case-Based Learning: Presenting students with authentic dental cases, allowing them to analyze, diagnose, and devise treatment plans. This method encourages critical thinking, problem-solving, and decision-making skills.

Internships and Rotations: Offering internships and rotations in different departments and healthcare facilities, exposing students to diverse experiences and challenges within the field. In KMCT Dental College, student-centric learning is greatly emphasized through experiential learning opportunities across various domains:

Pain and Palliative Clinical posting: Students actively participate in pain and palliative care clinics, learning to address and manage patient pain, enhancing their understanding of compassionate patient care.

Camps and Outreach Programs: Involvement in community camps and outreach programs allows students to apply their skills in diverse settings, catering to different patient populations while promoting oral health awareness.

Operation Theatre Postings: Exposure to operation theatre settings provides insights into surgical procedures, sterilization practices, and the collaborative nature of healthcare teams.

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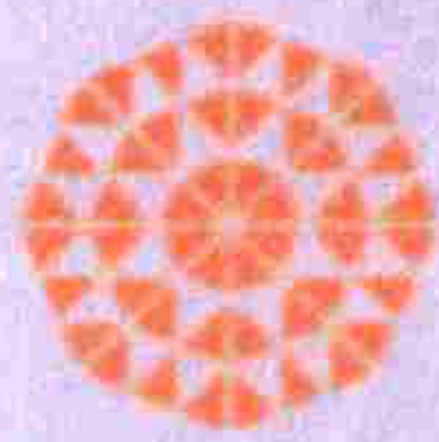
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Satellite Clinics: Involvement in satellite clinics offers a broader perspective on providing dental care in varied settings, often in underserved areas, fostering a sense of social responsibility among students.

Research Programs: Engagement in research activities exposes students to the scientific process, encouraging critical thinking and innovation while contributing to the advancement of dental knowledge.

By integrating these diverse experiential learning opportunities into the curriculum, KMCT Dental College ensures that students receive comprehensive practical exposure alongside theoretical education. These experiences not only enhance their clinical skills but also instill a deeper understanding of patient care, ethical practices, and community health needs of dentistry.

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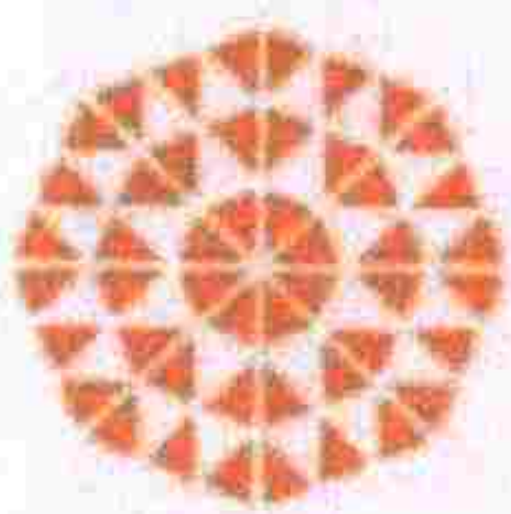
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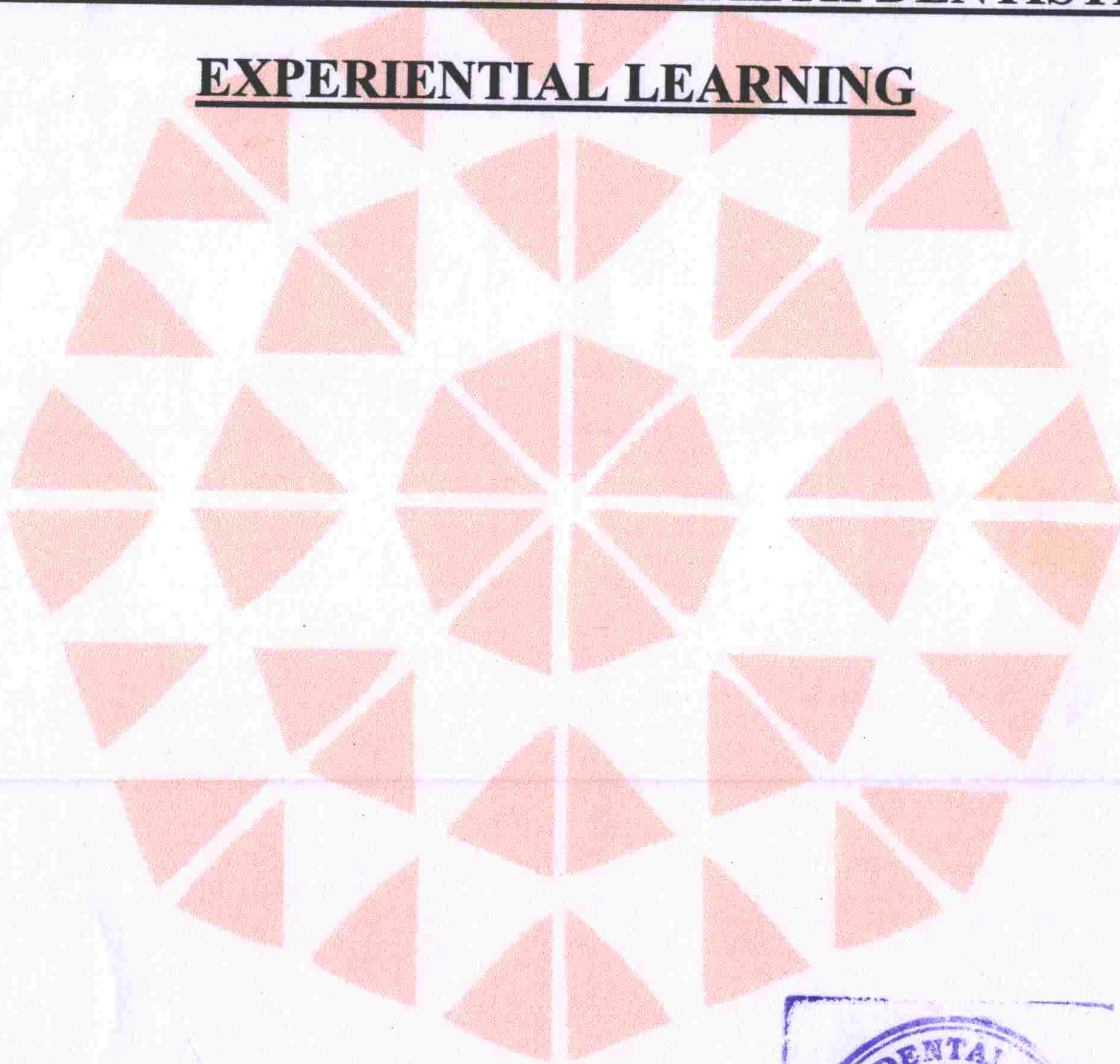
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DEPARTMENT OF PUBLIC HEALTH DENTISTRY
EXPERIENTIAL LEARNING



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Principal
KMCT Dental College
Manassery, Mukkam

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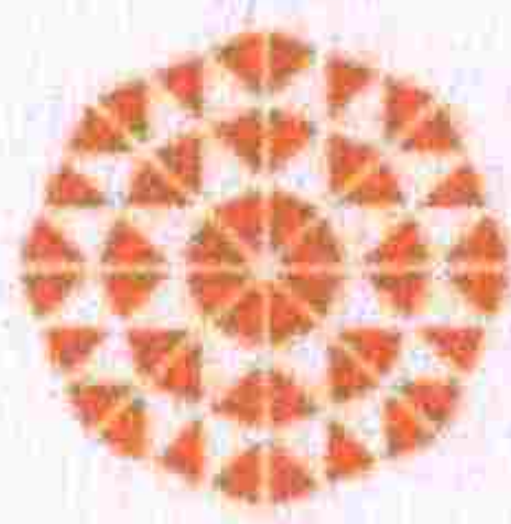


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DEPARTMENT OF PUBLIC HEALTH DENTISTRY

Student centric methods used for enhancing learning experiences by

i) **EXPERIENTIAL LEARNING**

Indoor Activities:

The final year students are given discussion topics to the students when posted at the Department of Public Health Dentistry. Later a discussion session will be conducted among the final year students along with the faculty incharge. The discussion sessions are well conducted by the faculty inculcating various practical technique demonstration to the students of final year at KMCT Dental College. Later the students are given patient training on the discussed topics incorporating the topic discussion.



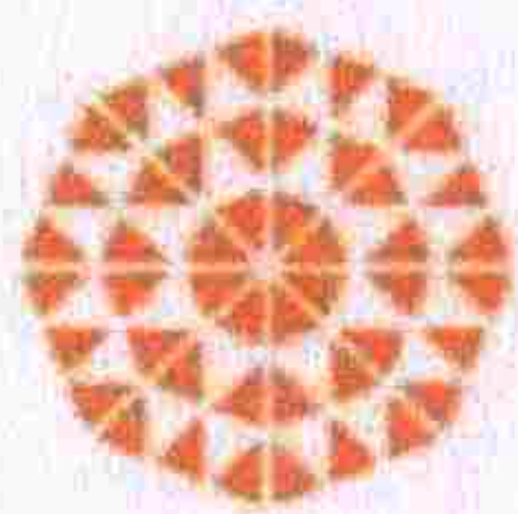
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Principal
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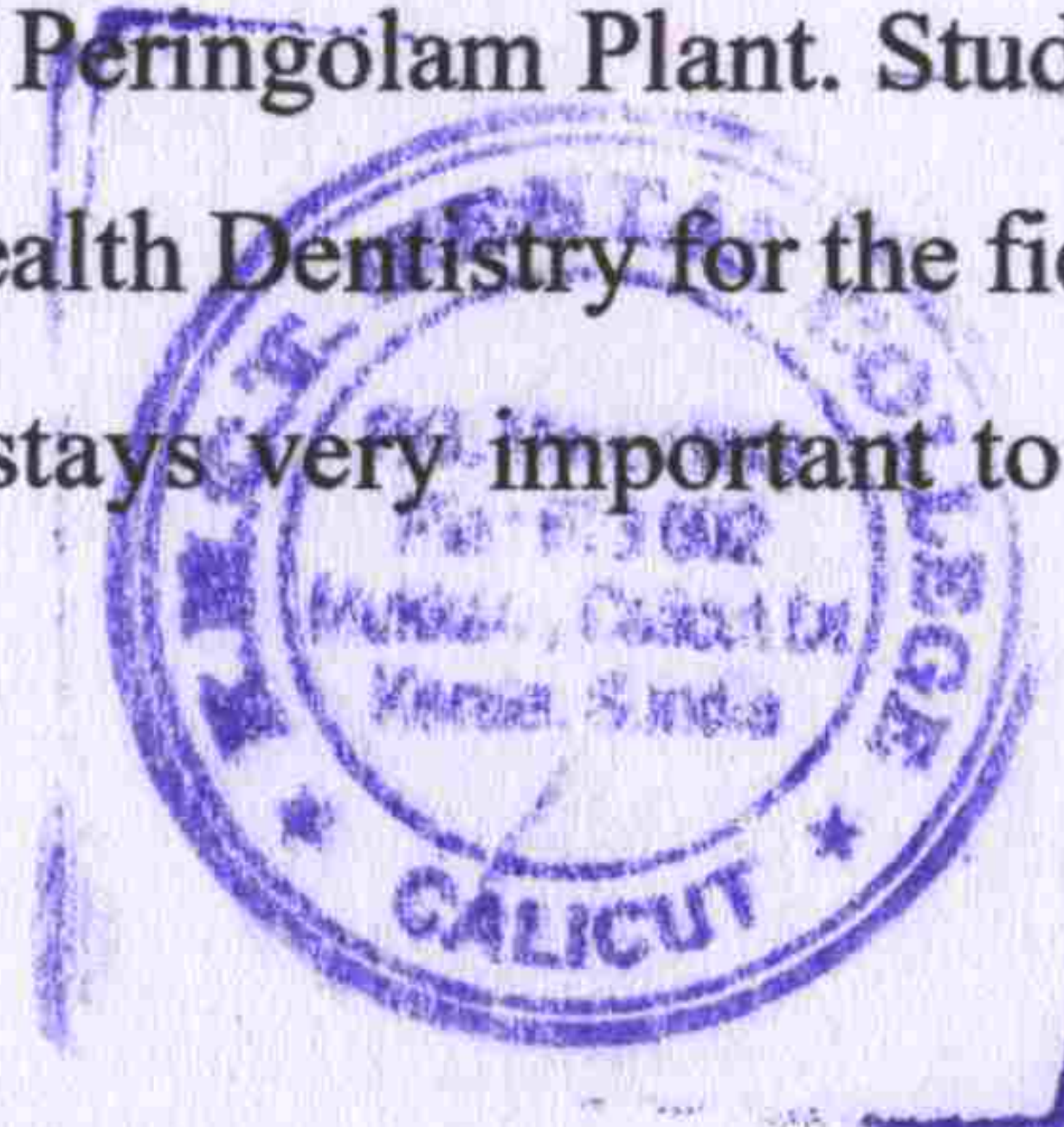


Outdoor Activities:

FIELD VISIT:

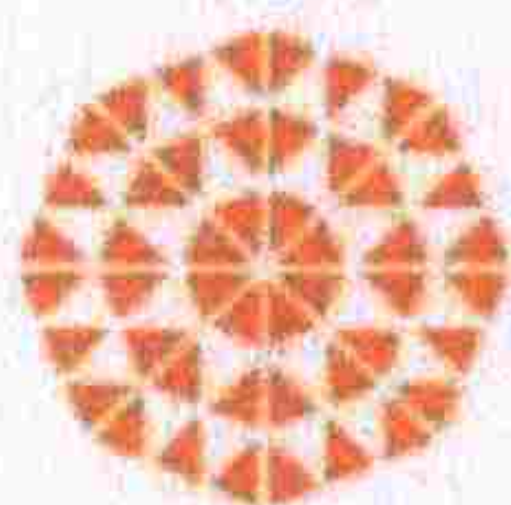
The Department of Public Health Dentistry of KMCT Dental College conducts a field visit for the students to MILMA (MRCMPU) Kozhikode Dairy Peringolam Plant. Students are accompanied by a faculty from the Department of Public Health Dentistry for the field visit. They are made aware of milk purification process which stays very important to prevent milk borne diseases.

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KMCT Dental College
Manassery, Mukkam



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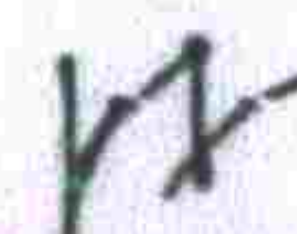
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Manassery, Kozhikode

Ref No: KMCT/DC/C/2023/64

Date: 10/08/2023

CIRCULAR

A field visit for BDS students to Milma Dairy plant Peringolam Kozhikode is being organized by the department of Public Health Dentistry, KMCT Dental College as a part of their curriculum on 15/08/2023 between 9.30 to 1 pm. All students have to compulsory attend the visit according to the list attached. All HODs to permit students to attend the field visit according to the list attached


PRINCIPAL

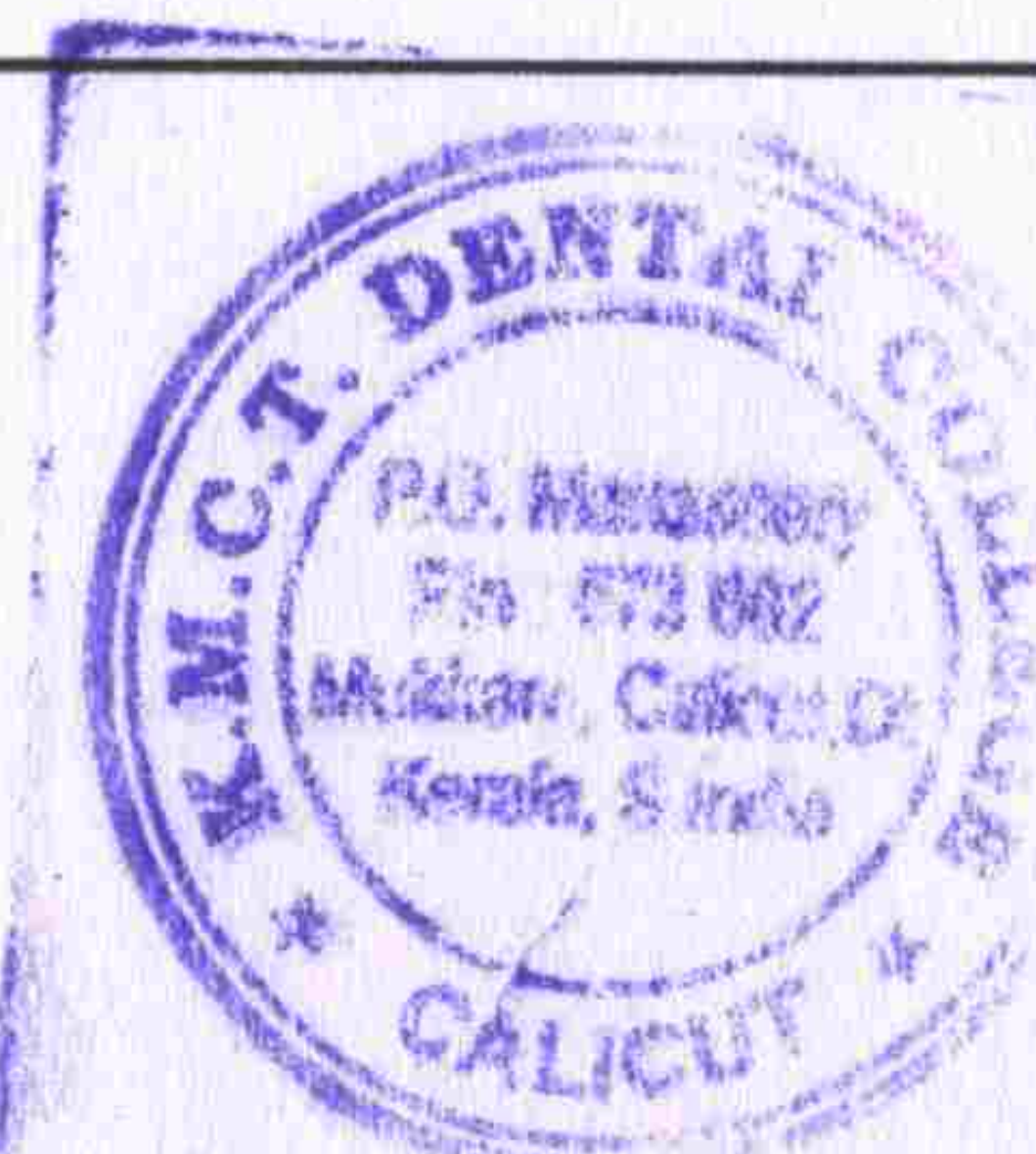
Copy to :

1. All HODs (Dental)
2. A.O
3. IQAC
4. Notice Board
5. File.

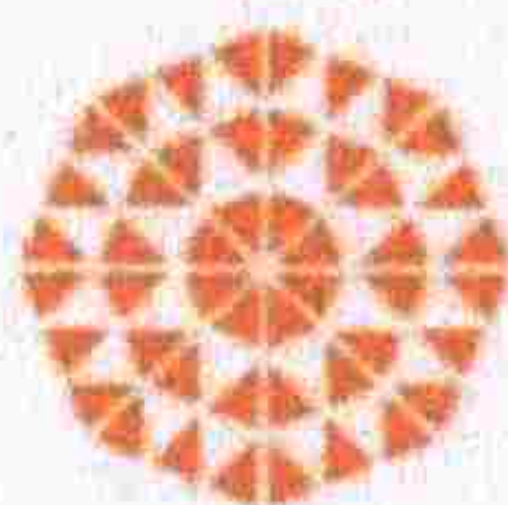
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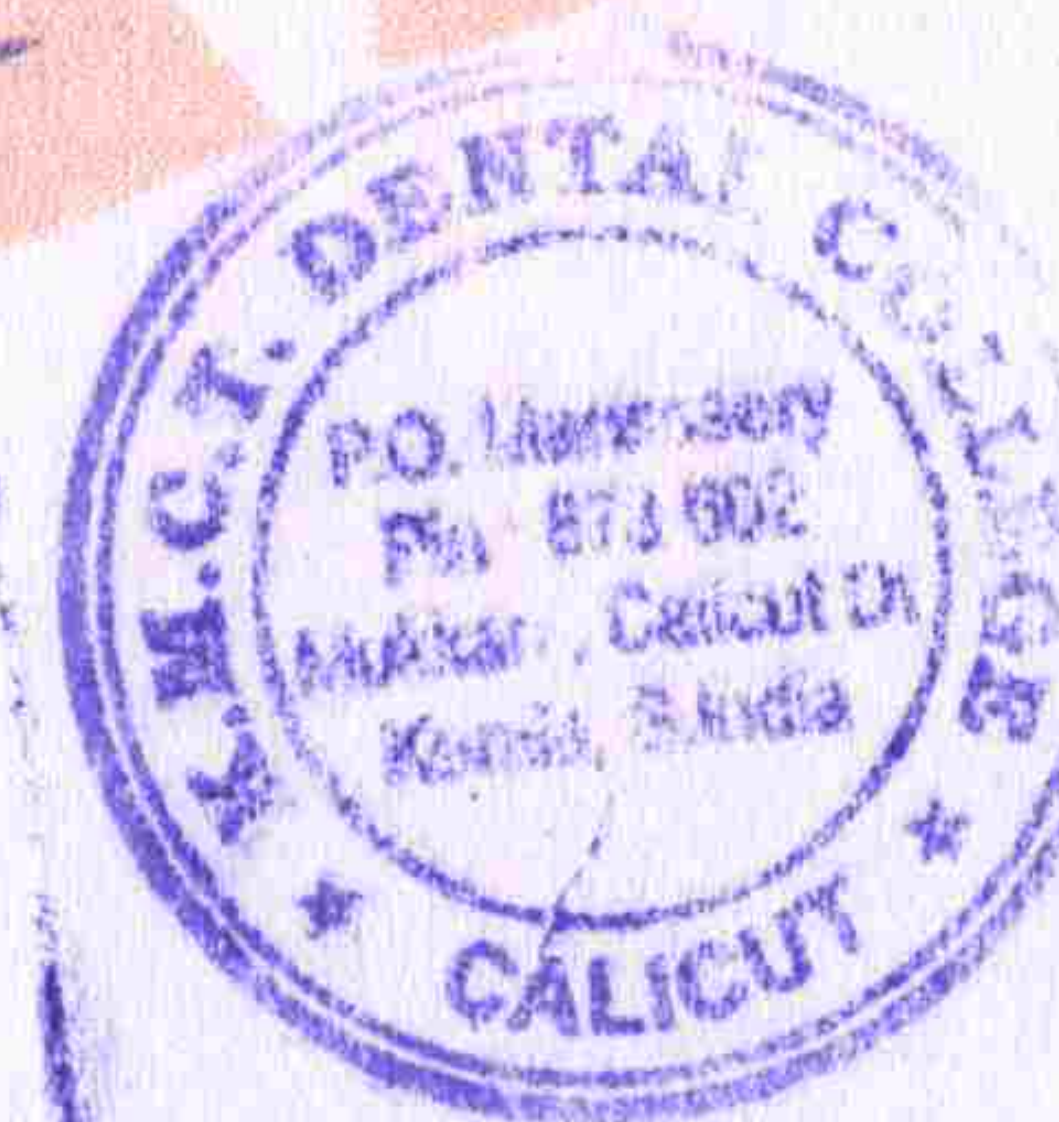
MANASSERY, MUKKAM

Field visit to Milma Dairy, Peringolam, Kozhikode on 15/8/2023.

Sl No	Reg No	Name	Signature
1.	170020665	CHELSEA MARIA	
2.	170020603	NAYANA RAJI	
3.	170020545	ANETTA N A	
4.	170020598	MUHAMMED RAFI	
5.	190020652	ARCHANA NAIR	
6.	190020862	DEVIKA SHAJI	
7.	202214214	ANJALI SHAJI	
8.	202214228	HELNA J VADAKKAN	
9.	202211345	FATHIMA BASHEER	
10.	202212024	GANGA M S	

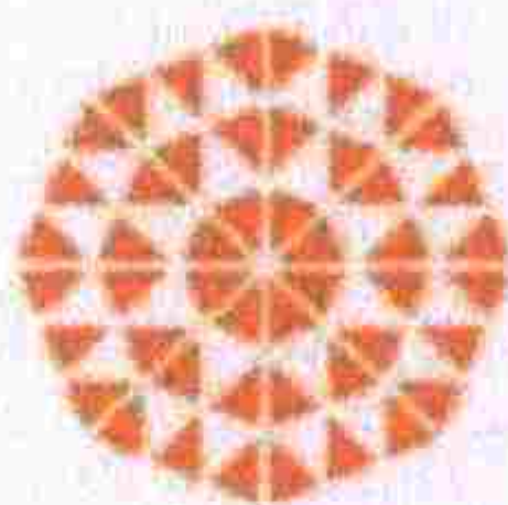
Department
Department of Public Health Dentistry
KMCT Dental College,
Manassery, Calicut

DR. MANOJ KUMAR K.P.
Principal
KMCT Dental College,
Manassery, Mukkam



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DEPARTMENT OF PUBLIC HEALTH DENTISTRY
OUTREACH & EXTENSION ACTIVITY REPORT

Name of the student: ARCHANA NAIR

Year: Final year part 1

Report of outreach activity participated:

We had a one-day program 'Know your country' organised by Milma (MRCMPU - Malabar Regional Co-operative Milk Producers Union) as part of the 77th Independence day celebration in collaboration with KMCT Dental College and MRDF (Malabar Rural Development Foundation) on 15th August 2023.

The experience was really wonderful and memorable. We had a visit to the Milma-Kozhikode Dairy Plant where we saw the production of milk and ice creams. And then we were taken to some of the historical places in Kozhikode like the 1498 built Mother of God Cathedral, the 14th century Miskhal Mosque and the 1907 Kozhikode beach light house.

Lastly we were also provided with certificates issued by Milma with some Milma products from the Honorable Vice Chancellor of Calicut University Dr. M.K. Jayaraj.

It was really a great experience for me and I had a good time.

Dr. Manoj Kumar K.P.
Principal
Department of Public Health Dentistry
KMCT Dental College,
Manassery, Calicut

Dr. Manoj Kumar K.P.
Principal
KMCT Dental College
Manassery, Mukkam

Archana Nair
Signature



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**MALABAR REGIONAL CO-OPERATIVE
MILK Producers' Union LTD.**

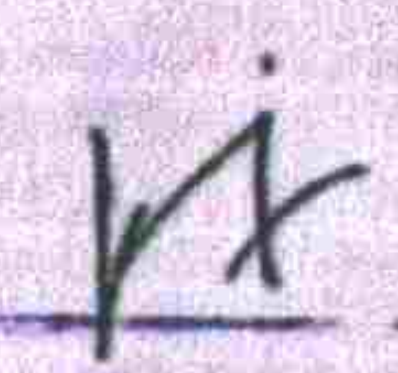
HEAD OFFICE, KUNNAMANGALAM, KOZHICODE 673 571, KERALA.



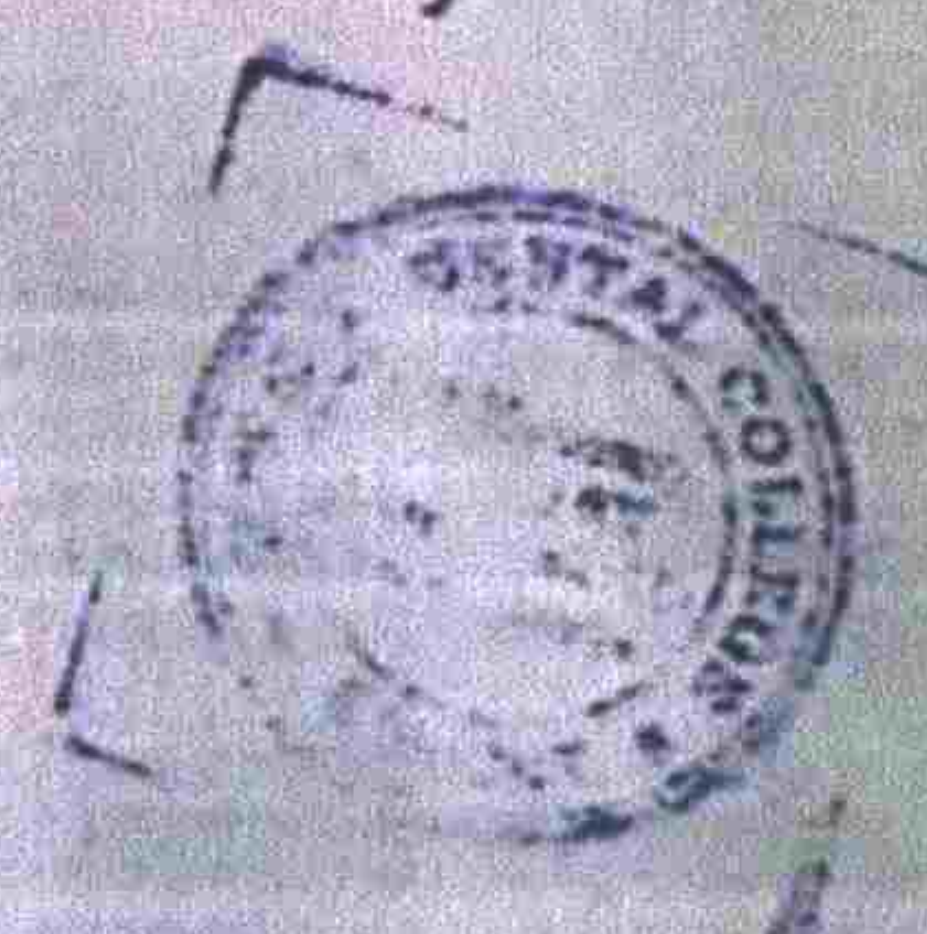
CERTIFICATE OF PARTICIPATION

1 5 0 8 2 0 2 3
D D M M Y Y Y Y

This is to certify that Mr/Ms. Archana Nair
Student of BDS representing
KMCT Dental college, Kozhikode has participated in the
"Know Your Country" program conducted by Malabar Regional Co-Operative
Milk Producers' Union Ltd on 15. 08. 2023 as part of 77 th Independence Day
Celebration.


(Dr. Murali P) Managing Director

Dr. MANOJ KUMAR (K.S. Mani) Principal
KMCT Dental College
Manassery, Mukkam

Chairman



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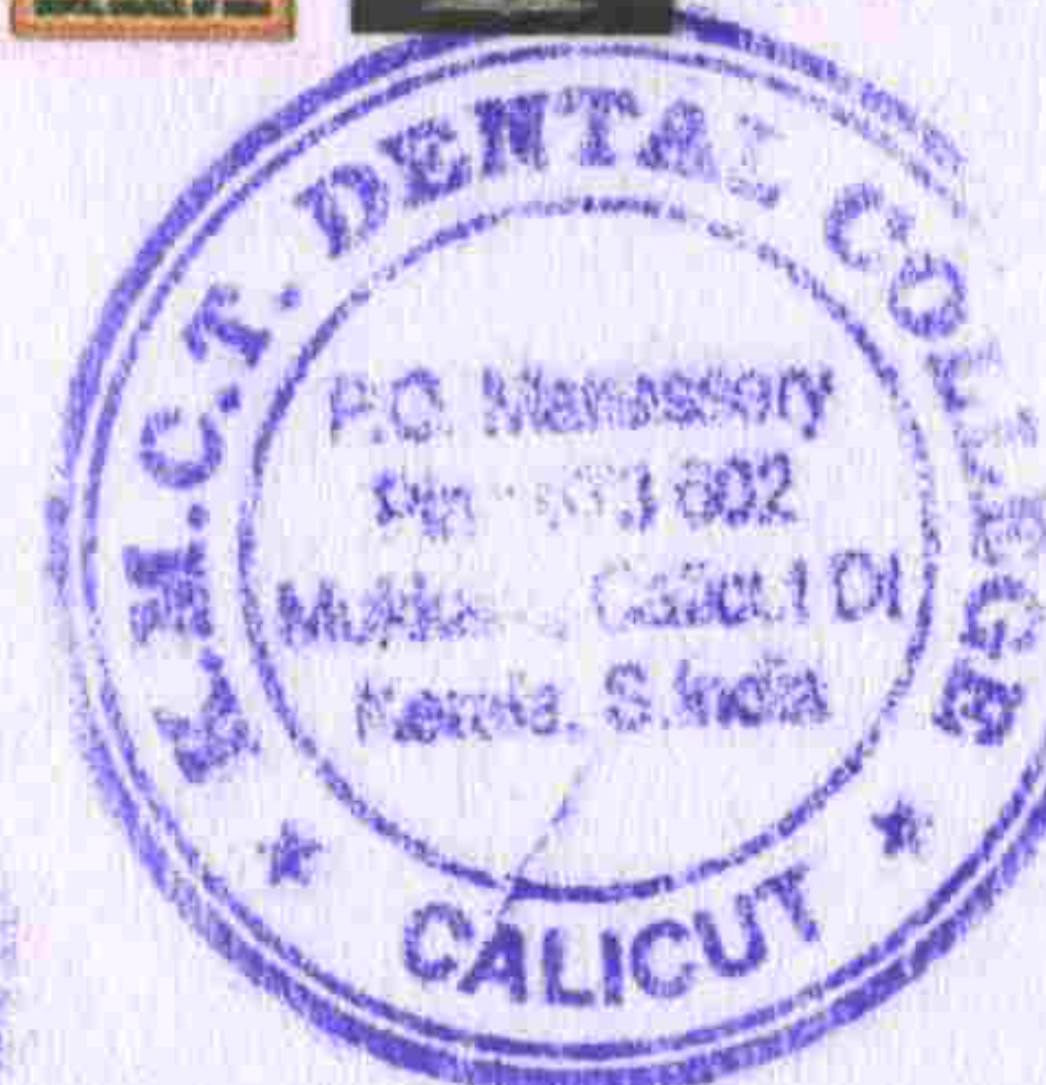
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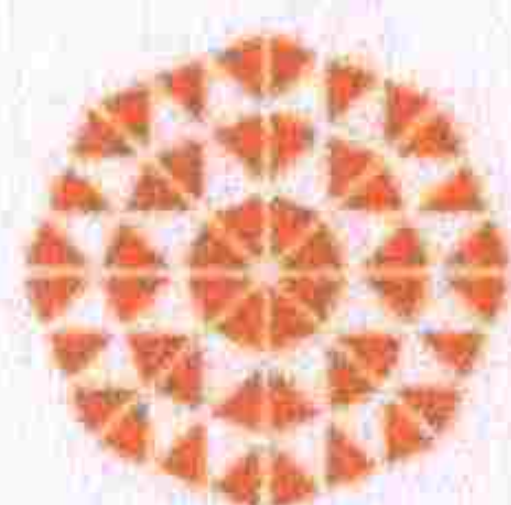


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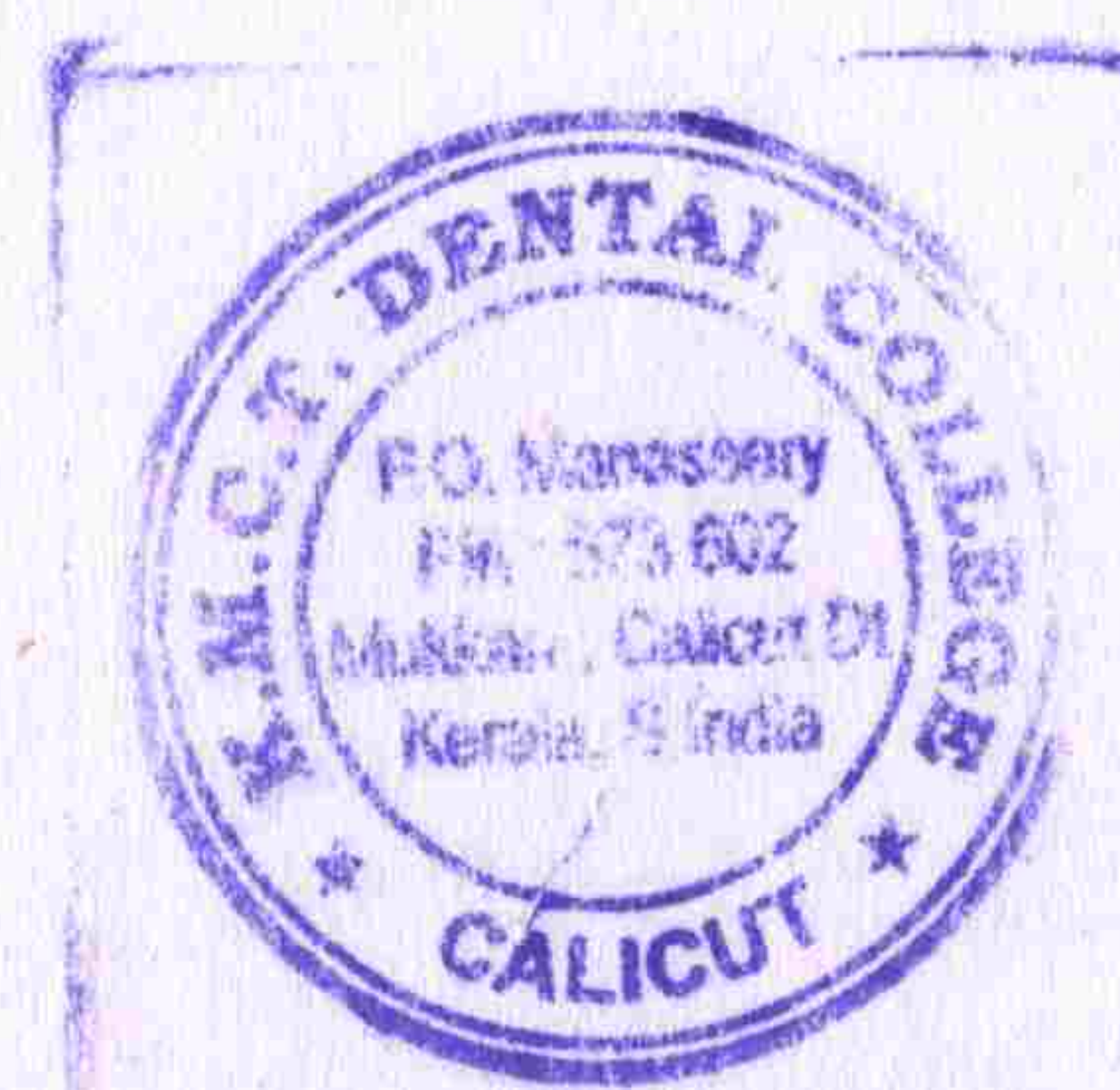
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DENTAL CAMPS:

It's a transformative experience for dental students, offering them a unique platform to apply theoretical knowledge in a real world setting. Camps serve as an invaluable opportunity to examine and treat patients from diverse backgrounds often in underserved communities. Dental camps foster teamwork , as students collaborate with peers and mentors to manage a large patient inflow efficiently. The experience also instills a sense of social responsibility, highlighting the importance of community service and preventive dental care.

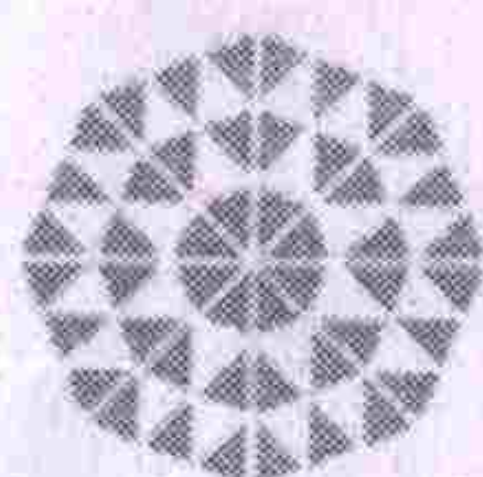


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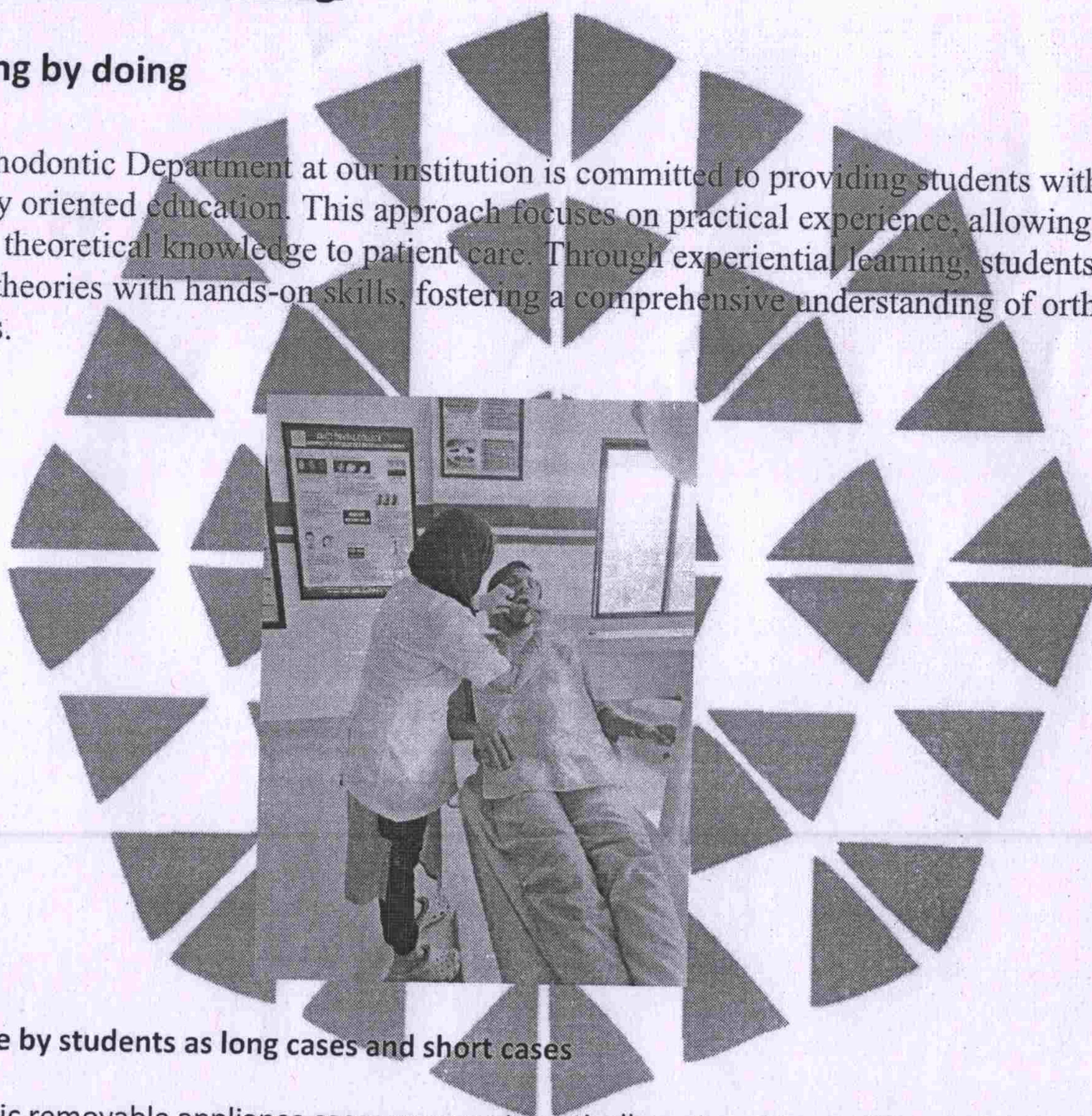
**DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL
ORTHOPEDICS**

DETAILS OF TEACHING PROGRAMS AND METHODOLOGIES

Experiential learning

Learning by doing

The Orthodontic Department at our institution is committed to providing students with a clinically oriented education. This approach focuses on practical experience, allowing students to apply theoretical knowledge to patient care. Through experiential learning, students correlate learned theories with hands-on skills, fostering a comprehensive understanding of orthodontic practices.



Work done by students as long cases and short cases

Orthodontic removable appliance cases were systematically assigned to students as either long cases or short cases, depending on the complexity and difficulty of the treatment. Long cases typically involved more intricate issues, such as correcting moderate malocclusions or addressing significant space discrepancies, which required detailed analysis and comprehensive treatment planning. Short cases, on the other hand, were relatively simpler, often focusing on minor corrections like mild crowding or alignment issues. This categorization was designed to enhance students' experiential learning by gradually exposing them to varying levels of complexity. Through hands-on management of these cases, students were able to apply theoretical knowledge, refine their technical skills, and improve decision-making abilities.

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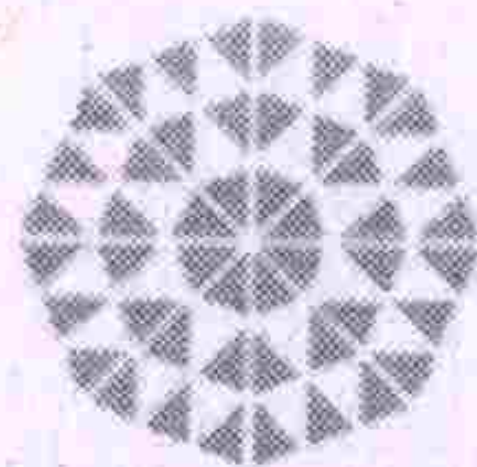
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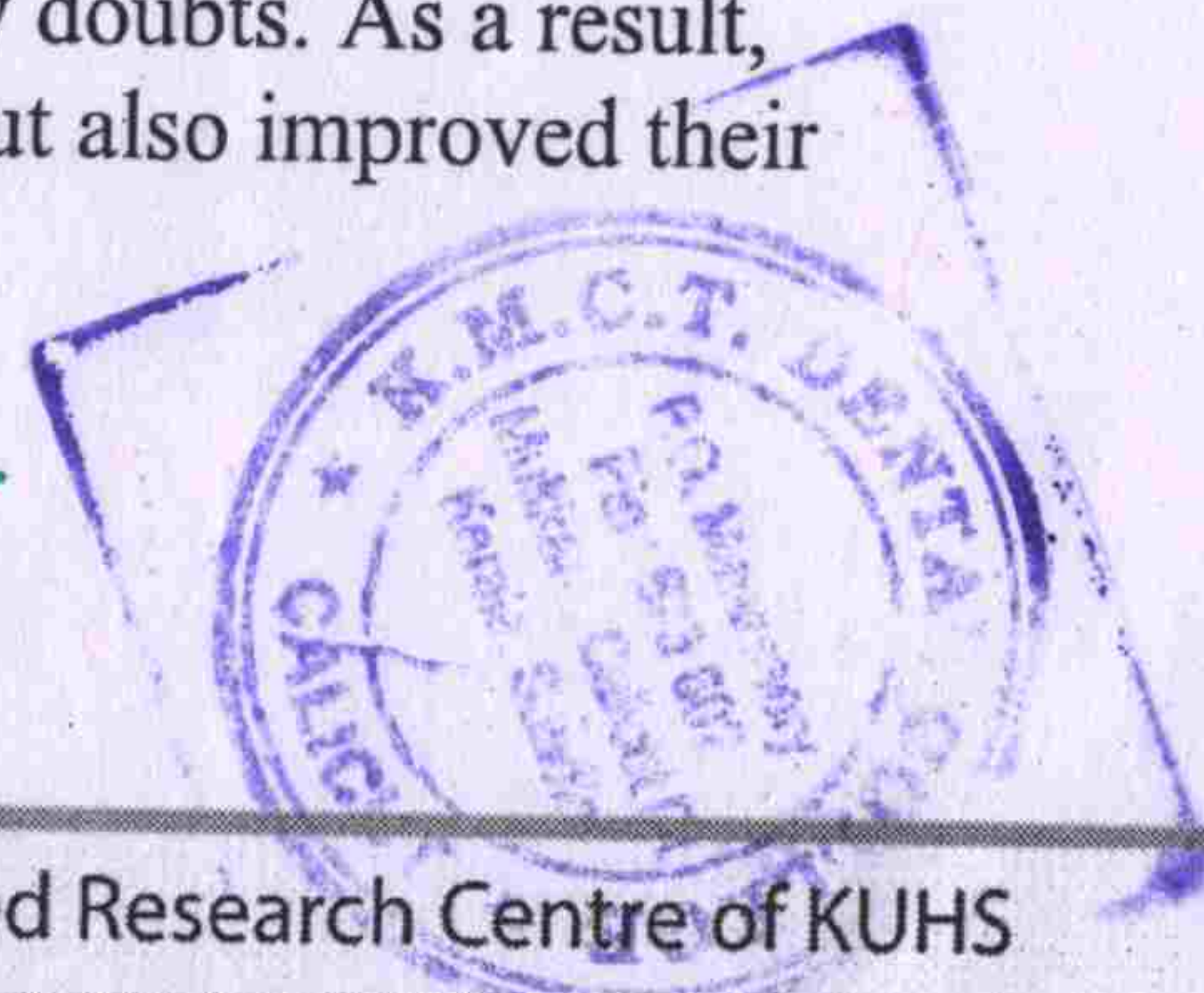
STUDENT NAME	PART - I ADDITIONAL [November]				
	LONG CASE - 1	LONG CASE - 2	SHORT CASE - 1	SHORT CASE - 2	SHORT CASE - 3
WATKA KMAIL	OP No: 2404/23 Date: 4/1/23 Name: Ishwara Shifa Staff: Dr. Anitha Achok ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Naveen, 26/11 Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Mehana Sane Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Shrey PV Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Gunav Kumar Staff: Dr. Anitha Achok ATX AT
ZUWARA BATHIDE	OP No: 2404/23 Date: 4/1/23 Name: Ishwara Shifa Staff: Dr. Anitha Achok ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Naveen, 26/11 Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Mehana Sane Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Shrey PV Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Gunav Kumar Staff: Dr. Anitha Achok ATX AT
AKHILA	OP No: 2404/23 Date: 4/1/23 Name: Ishwara Shifa Staff: Dr. Anitha Achok ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Naveen, 26/11 Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Mehana Sane Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Shrey PV Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Gunav Kumar Staff: Dr. Anitha Achok ATX AT
ANILA	OP No: 2404/23 Date: 4/1/23 Name: Ishwara Shifa Staff: Dr. Anitha Achok ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Naveen, 26/11 Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Mehana Sane Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Shrey PV Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Gunav Kumar Staff: Dr. Anitha Achok ATX AT
Brothika Ashok	OP No: 2404/23 Date: 4/1/23 Name: Ishwara Shifa Staff: Dr. Anitha Achok ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Naveen, 26/11 Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Mehana Sane Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Shrey PV Staff: Dr. Naveen ATX AT	OP No: 2404/23 Date: 4/1/23 Name: Gunav Kumar Staff: Dr. Anitha Achok ATX AT

Participatory learning

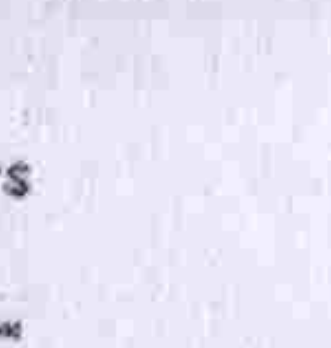
To enhance participatory learning, orthodontic topics were integrated into student activities such as debates and quizzes. Students were divided into teams to debate the best approaches to treatment planning for complex cases, focusing on factors like appliance selection, patient compliance, and expected outcomes. These debates encouraged critical thinking, teamwork, and the ability to justify clinical decisions.

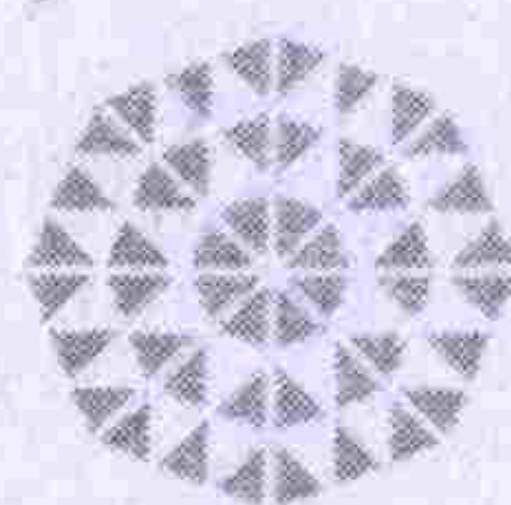
Quizzes were also conducted, covering topics like appliance mechanics, indications, and troubleshooting, to assess and reinforce theoretical understanding. Real-life scenarios and patient case studies were used in these activities to make learning more engaging and relevant. Active participation in these discussions and quizzes fostered a collaborative learning environment, enabling students to exchange ideas and clarify doubts. As a result, students not only gained deeper insights into orthodontic principles but also improved their confidence and communication skills.

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DEPARTMENT OF PERIODONTOLOGY

EXPERIENTIAL LEARNING




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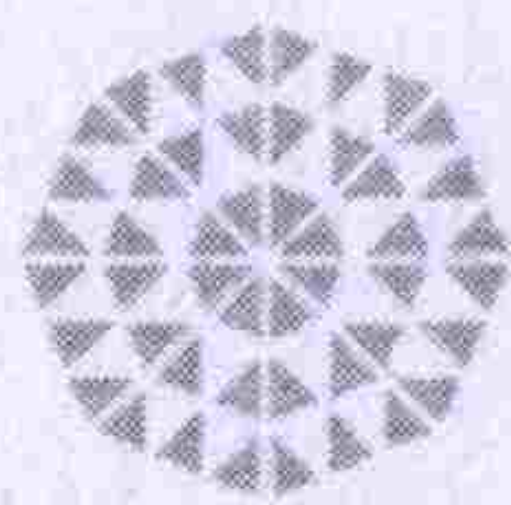
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REPORT

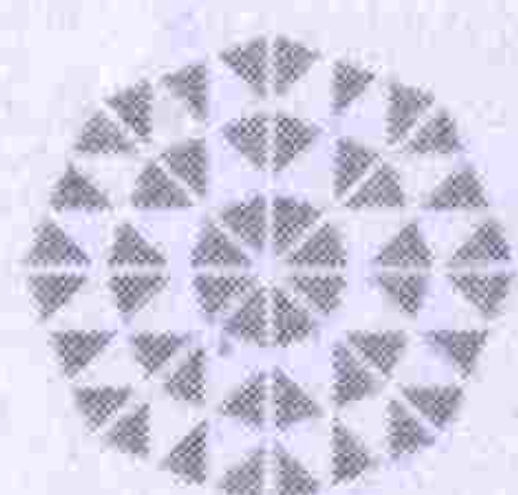
Experiential learning exposes the student to variety of periodontal procedures, including scaling, root planing, surgical procedures and periodontal probing. Students will be able to develop clinical skills and knowledge of periodontal procedures, by which they gain deeper understanding of the importance of proper oral hygiene and patient education. Students are trained to diagnose and treat periodontal diseases. They are also able to communicate effectively with patients and other health care professionals.

Experiential learning emphasizes the importance of hands-on experience and their reflection in learning process. Students are able to apply theoretical concepts learned in classroom to real world clinical scenarios.




Dr. MANOJ KUMAR.K.P
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KMCT Dental College
Manassery, Mukkam

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KMCT
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HANDS ON TRAINING ON SCALING AND ROOT PLANING

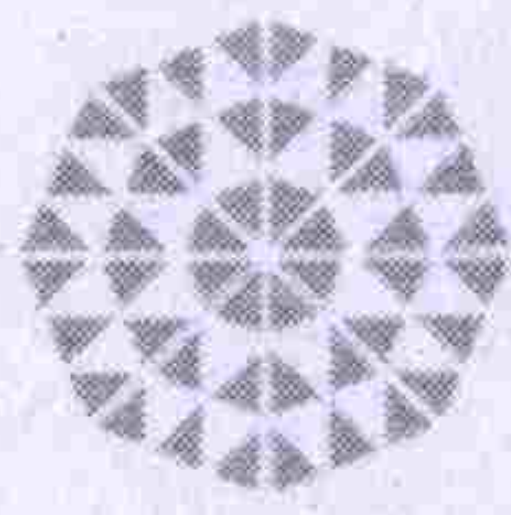
LEARNING OBJECTIVES:

- Perform effective scaling and root planing procedures using both hand and ultrasonic instruments.
- Develop proficiency in instrument handling and manipulation



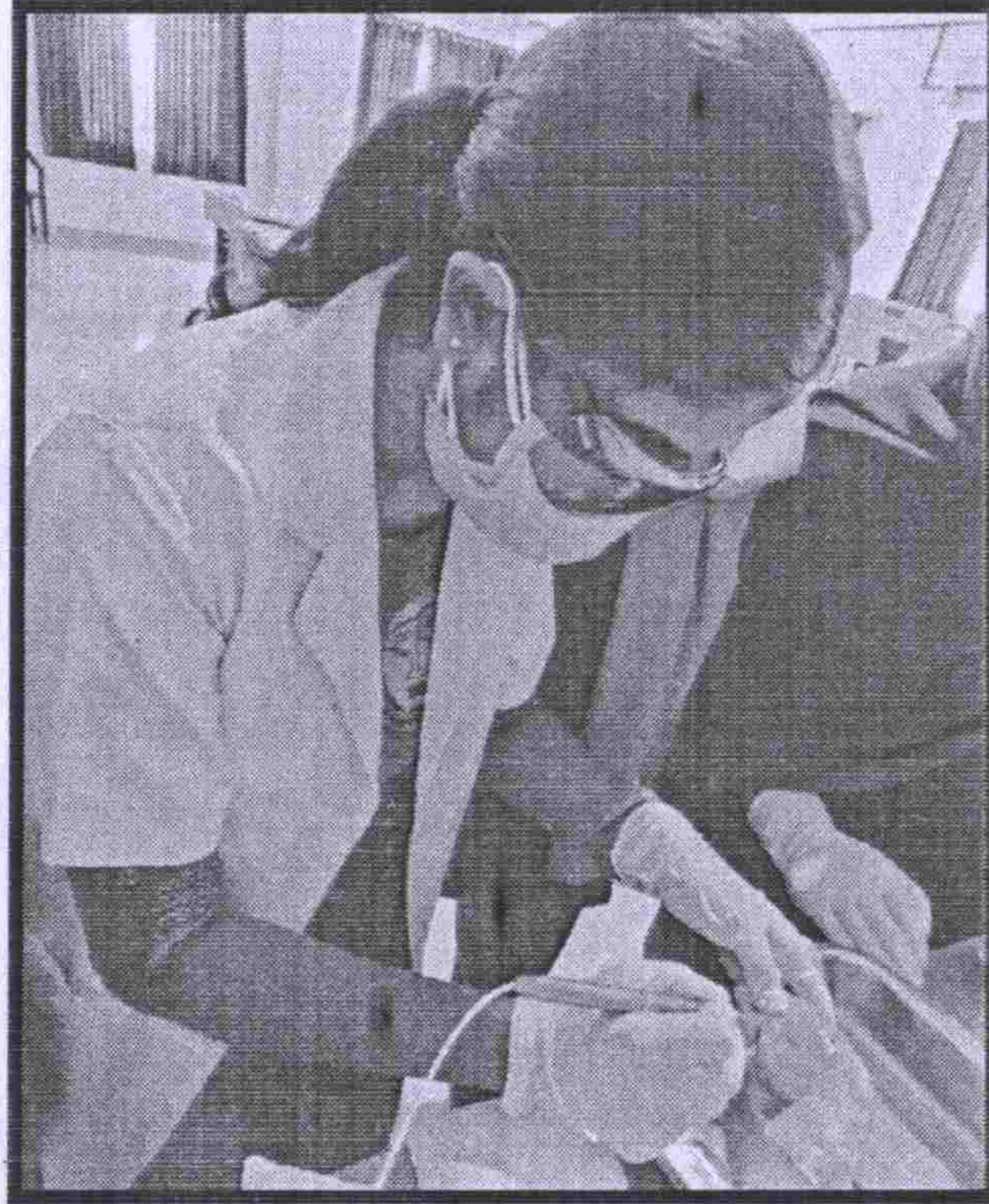
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KMCT
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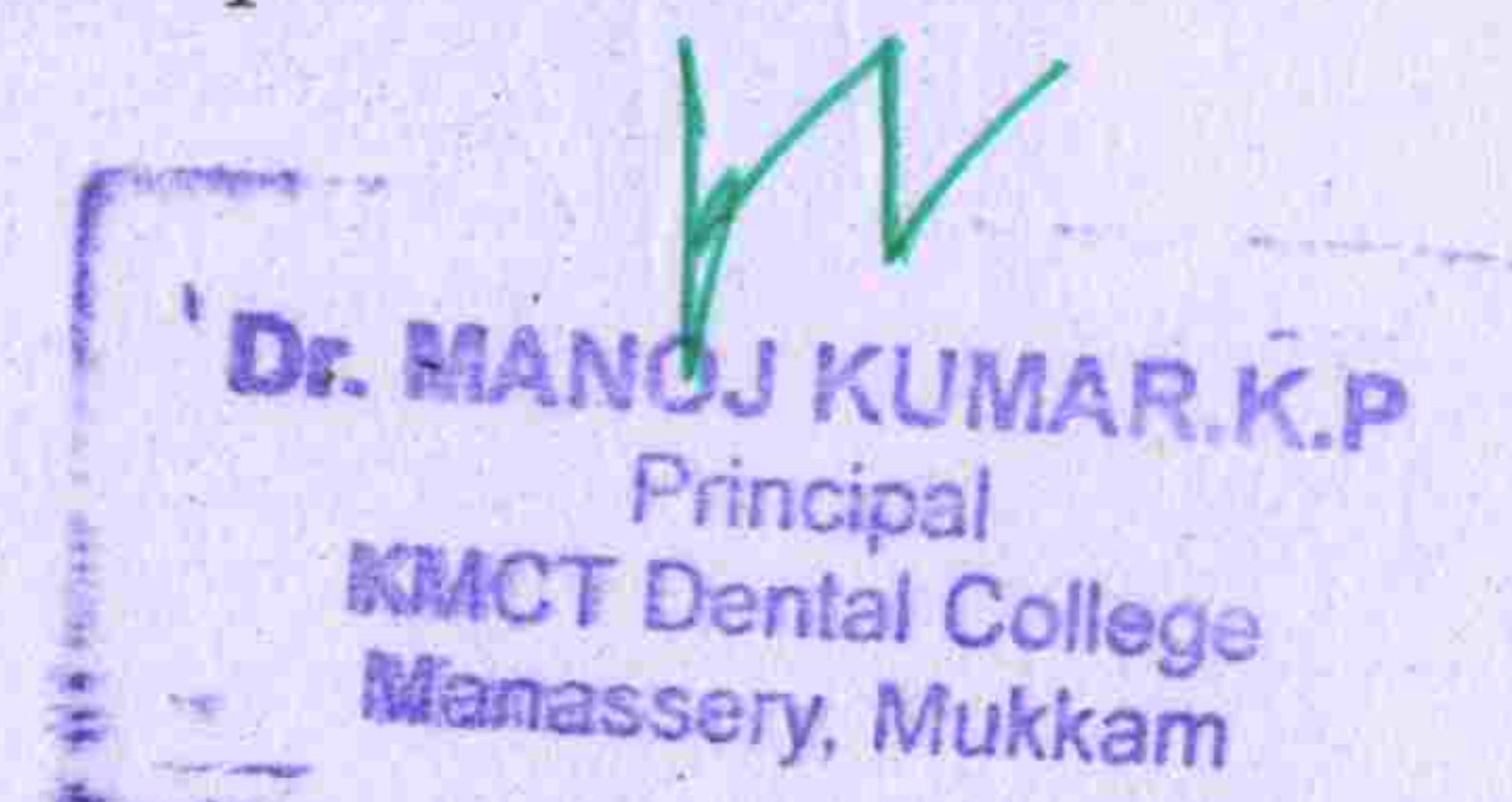
HANDS ON TRAINING ON MINOR SURGICAL PROCEDURES



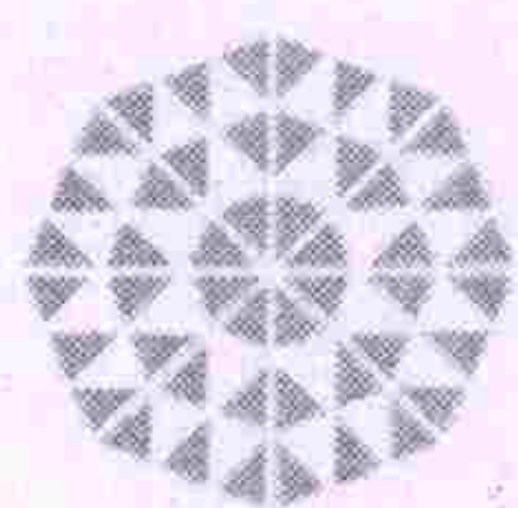
LEARNING OBJECTIVES:

- To develop necessary skills in flap design, incisions and suturing techniques.
- Develop proficiency in instrumentation

The hands-on training program in minor surgical techniques in periodontology for BDS students aims to equip participants with a thorough understanding of surgical principles, instrumentation, and patient management in periodontal procedures. Through practical experience, students will develop the skills necessary to perform minor surgical interventions, including flap design, suturing techniques, and tissue management, fostering their competence and confidence in delivering comprehensive periodontal care.



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**DEPARTMENT OF PERIODONTOLOGY
INTERN LOG BOOK**



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KMCT Medical College Campus, Mukkam, Kozhikode - 673602

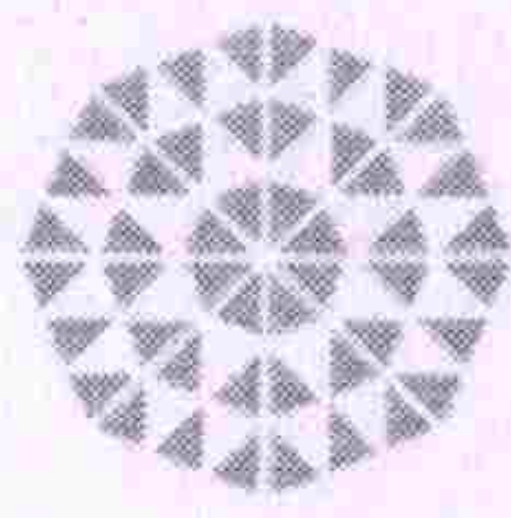
☎ 0495-2292000 ✉ dental@kmct.edu.in

🌐 www.kmctdentalcollege.org



INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE



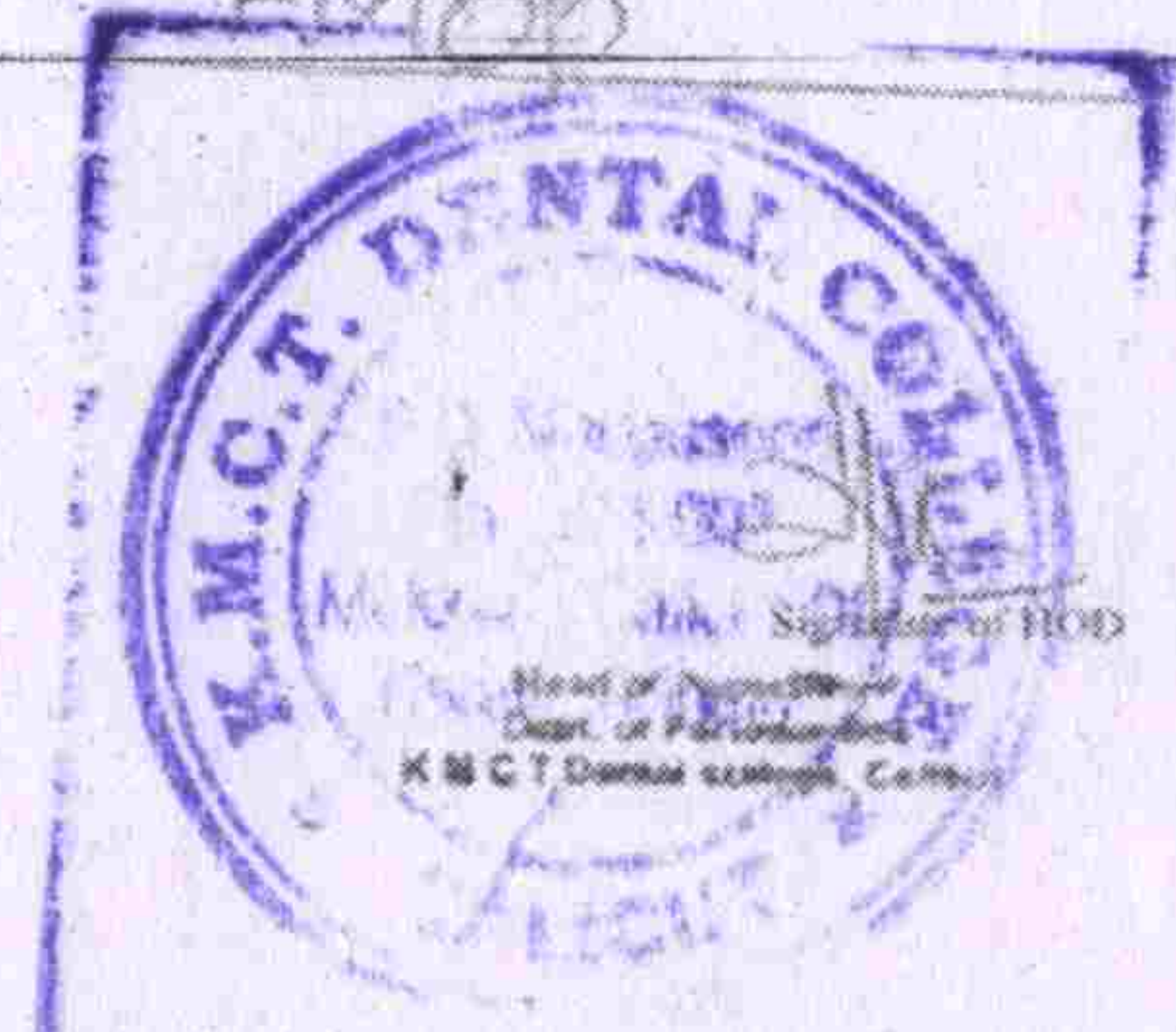


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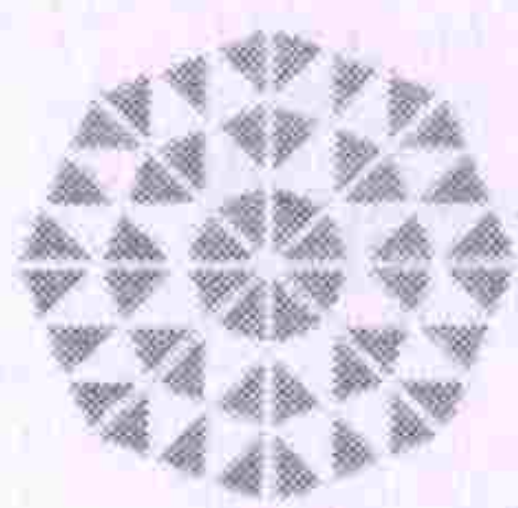
DENTAL COLLEGE

Sl. No	Op. No.	Name	Age/Sex	Treatment
1.	23724/24	Fousiya	25/F	FMOP done
2.	25502/24	Soumini .p	65/F	FMOP
3.	24504/24	Unnimoyin	63/M	FMOP
4.	22555/24	Anjali	30/F	FMOP
5.	24788/24	Muhammed Shaif	40/M	FMOP
6.	24786/24	Roulabhi	37/F	FMOP
7.	16243/24	Abdul Asees	60/M	FMOP
8.	26303/24	Rosamma	50/F	FMOP
9.	26451/24	Sanal Joseph	28/M	FMOP
10.	27363/24	Muhammed Shijan	21/M	FMOP
11.	27558/24	Jafar	47/M	FMOP
12.	25076/24	Rasmiya Sherin	21/F	FMOP
13.	27958/24	Janana prasad	72/M	FMOP
14.	28096/24	Drishya	30/F	FMOP
15.	3046/24	Shasmita	57/F	FMOP
16.	22593/24	prakashan	37/M	FMOP
17.	12855/24	Sulfikar	34/M	FMOP
18.	28571/24	Nafeesa	37/F	FMOP
19.	28442/24	Noufan	19/M	FMOP
20.	28722/24	Sheefa	48/F	FMOP

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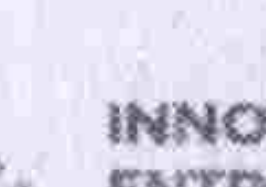


Sl. No	Op. No.	Name	Age/Sex	Treatment
41	31617/24	Haseena	47/F	FMOP
42	31765/24	Abdul jaleel	49/M	FMOP
43	31701/24	Firdhoos	32/M	FMOP
44	31965/24	Mubammed Salem	42/M	FMOP
45	32288/24	Shyama Pratha	58/F	FMOP
46	32195/24	Abuobacker	38/M	FMOP
47	30483/24	Shayas	31/M	FMOP
48	2684/24	Bhindu M	47/F	FMOP
49	44706/24	Sulaiman	52/M	FMOP
50	1162/24	Ayshamma	50/F	FMOP
51	33310/24	Prayesh Tv	50/M	FMOP
52	22570/24	Manoj kp	42/M	FMOP
53	2501/24	Rekha	26/F	FMOP
54	33775/24	Vijayan	52/M	FMOP
55	36701/24	Muhammed	59/M	FMOP
56	34208/24	Abdul Salam	48/M	FMOP
57	34208/24	Muhammed Shafi	34/M	FMOP
58	34170/24	Nandhana	19/M	FMOP
59	34366/24	Shakheela	42/F	FMOP
60	37818/24	Aphrem	69/M	FMOP

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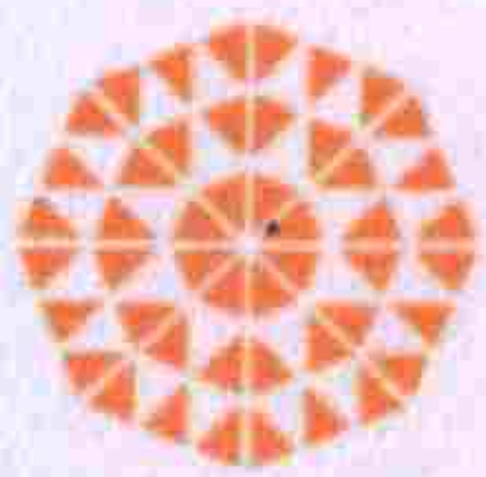


Signature of HOOD

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**INSTITUTION'S
INNOVATION
COUNCIL**
Office of Executive Learning



KMCT
DENTAL COLLEGE

DEPARTMENT OF ORAL & MAXILLOFACIAL SURGERY

INTERN LOG BOOK

Certificate

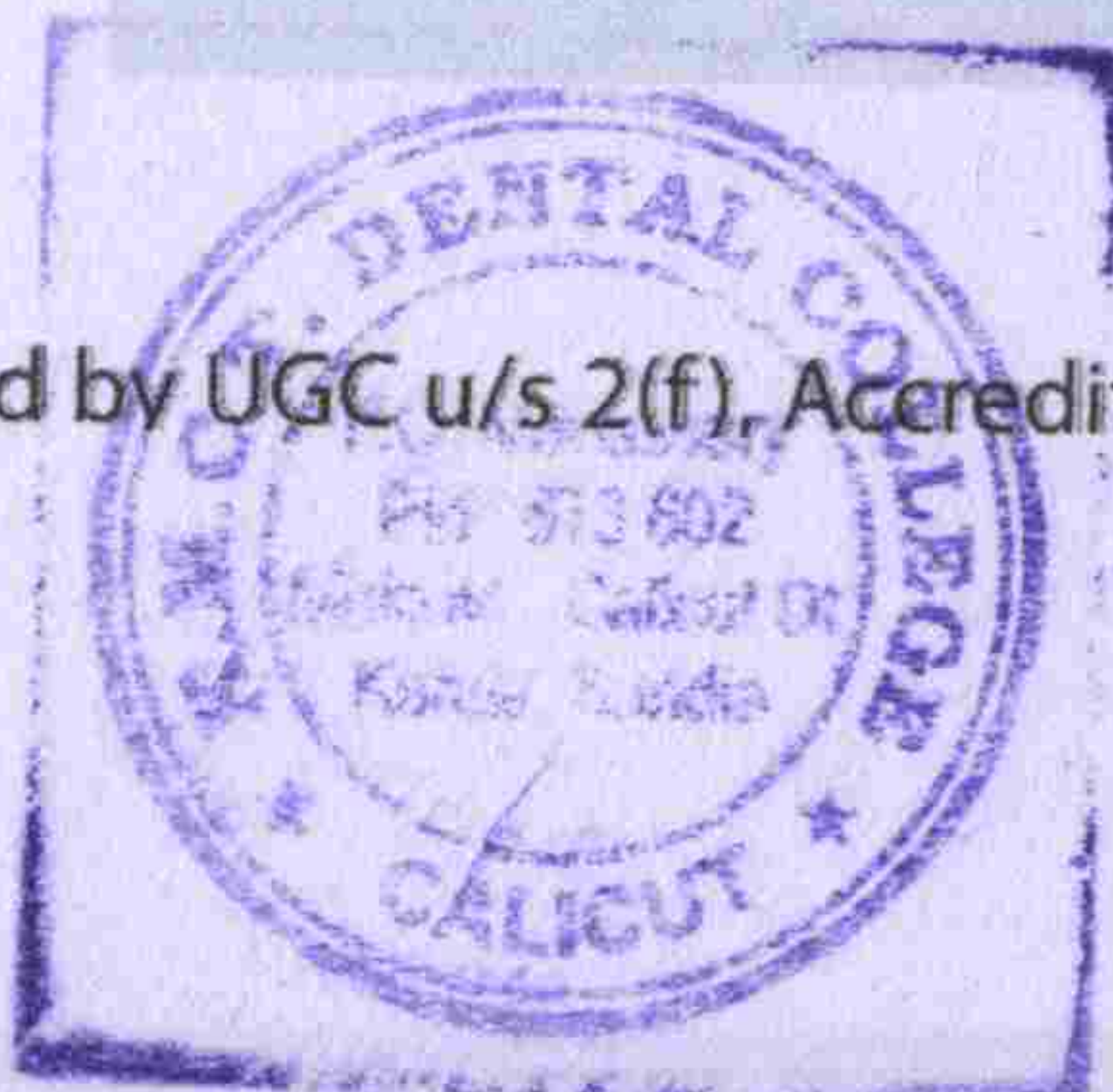
This is to certify that ~~Mr~~ Ms Maya.T.V a
bonafide student of KMCT Dental College, Manassery, Kozhikode has satisfactorily
completed his/her Compulsory Rotating Resident Internship in the Department of
Oral and Maxillofacial Surgery, from 29/07/24 to 26/9/24 for a
period of 60 days, according to the requirements of the Kerala
University of Health Science.

Head of the Department

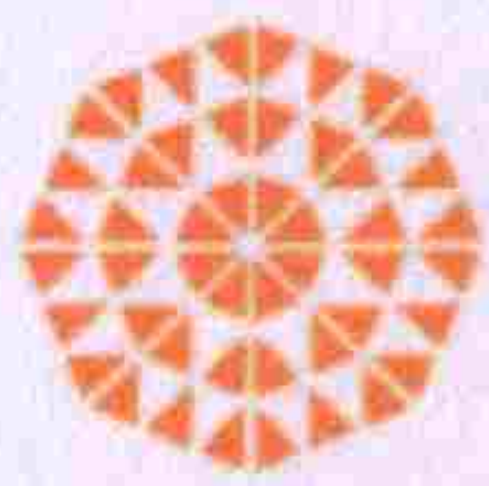
Place : Manassery
Date : 12/10/2024

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DEPT. OF ORAL &
MAXILLOFACIAL SURGERY
KMCT DENTAL COLLEGE
MUKKAM, CALICUT

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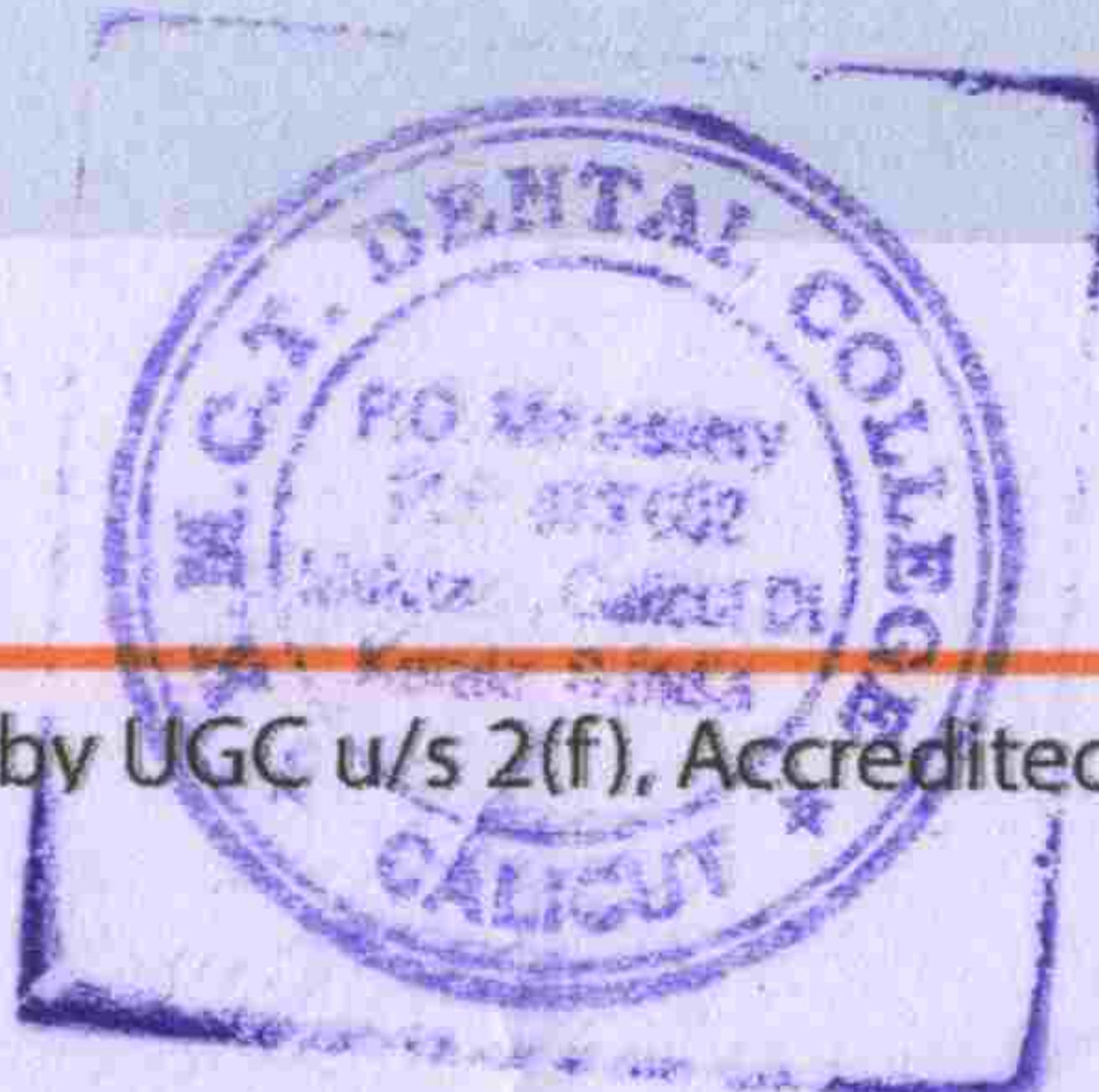
Posting Period

Summary of cases done

1.	Total no. of extractions done	52
2	Total no. of minor surgery done	—
3	Total no. of minor surgery assisted	12
4	Total no. of major surgery attended	1

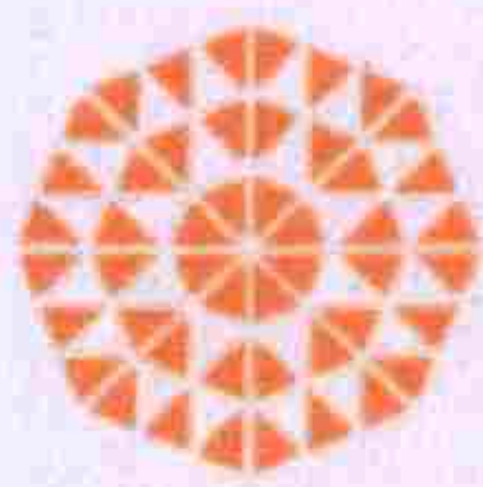
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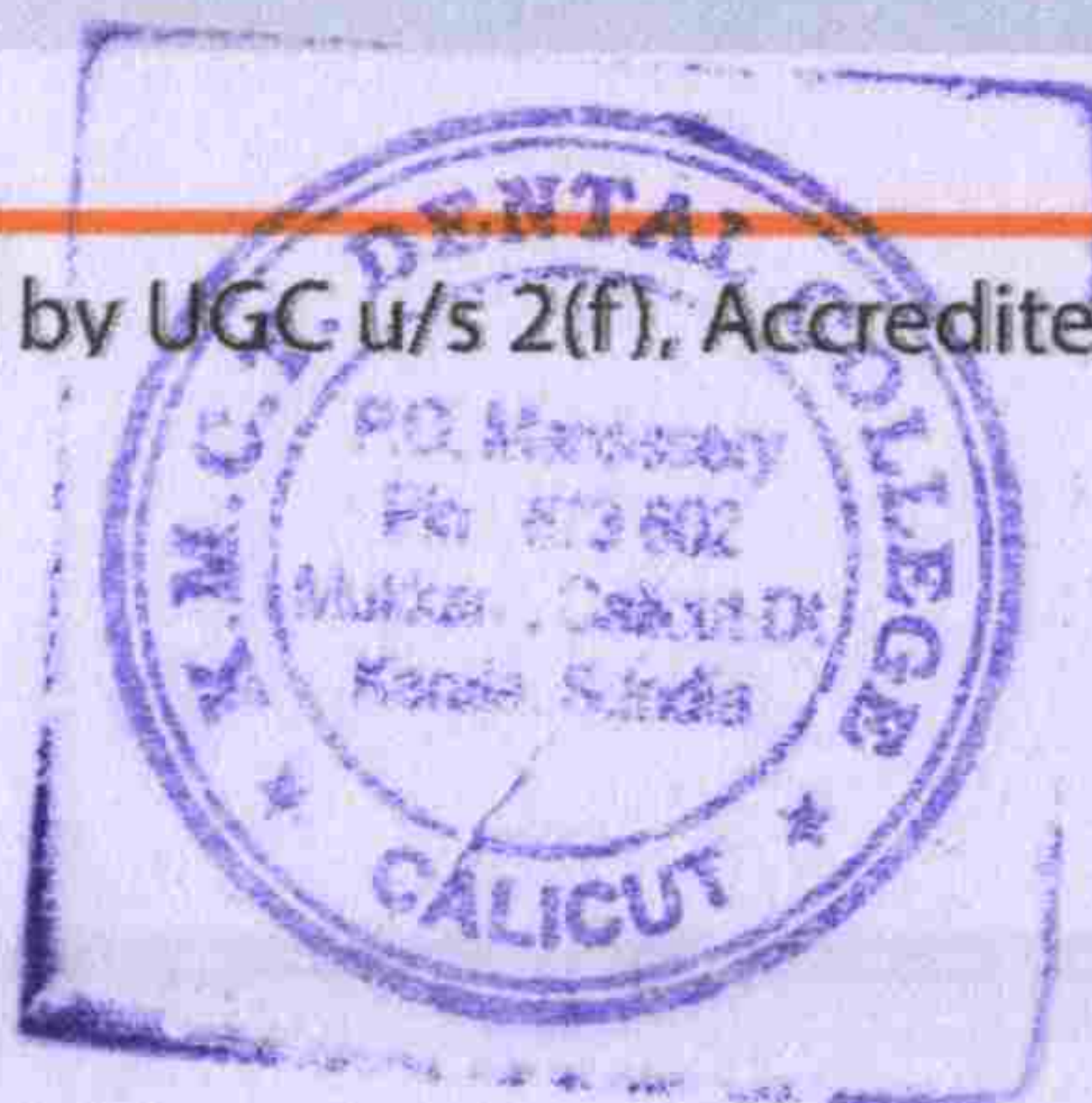
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Sl. No	Op. No.	Name	Age/Sex	Treatment
1.	25587/24	Pathumma	62/F	Suture removal done int $\frac{1}{3}$
2.	35036/24	Santha	44/F	OP consultation
3.	35633/24	Ferim Shadiya	28/F	Extraction of $\frac{8}{1}$
4.	35778/24	Abdul Rasag	47/M	OP consultation
5.	32165/24	Shamla N.K	36/F	OP consultation
6.	33409/24	Ramla	62/F	OP consultation
7.	34707/24	Amina	44/F	Extraction of $\frac{32}{1}$
8.	35036/24	Santha	44/F	OP consultation
9.	36134/24	Sulaikha	47/F	OP consultation
10.	29117/24	Hymaathy	61/F	OP consultation
11.	17357/24	Shamna	19/F	Extraction of $\frac{4}{1}$
12.	34512/24	Prema	55/F	Suture removal done int $\frac{4}{1}$
13.	36427/24	Pathumma	63/F	OP consultation
14.	22066/24	Abdul Rahman	63/M	OP consultation
15.	34495/24	Ameerudheen	26/M	OP consultation
16.	18490/24	Muhammed Ameen	14/M	OP consultation
17.	24563/24	Fathima Rasmi	18/F	Extraction of $\frac{1}{4}$
18.	32704/24	Bushara Beeni	46/F	Extraction of $\frac{1}{7}$

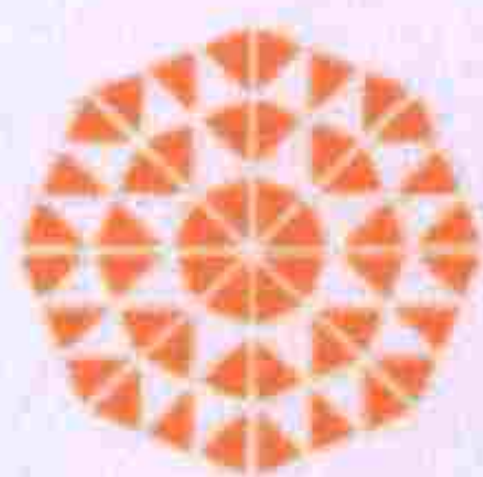

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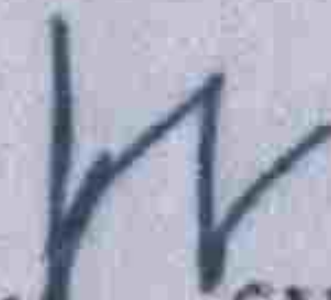
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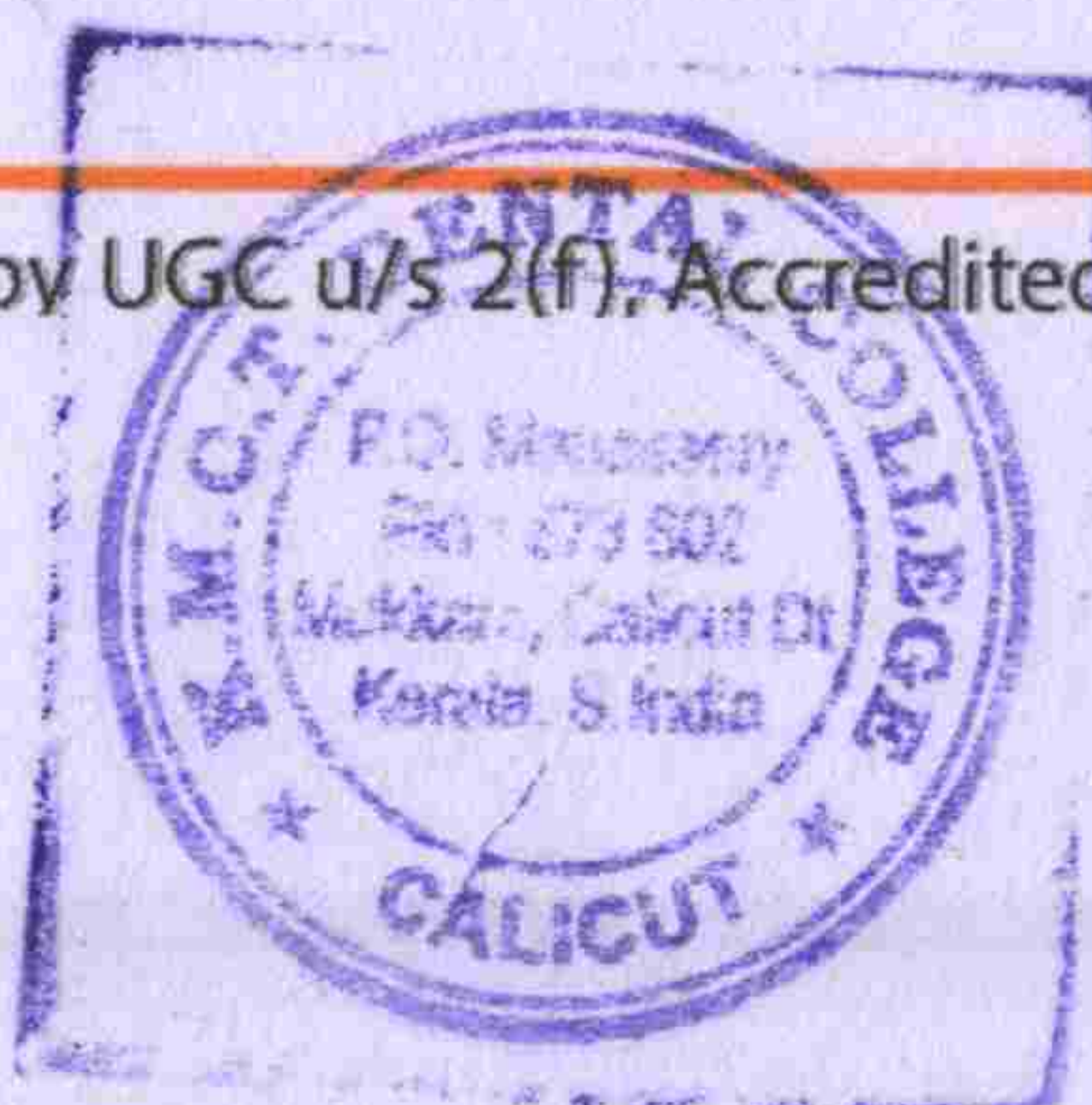
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Sl. No	Op. No.	Name	Age/Sex	Treatment
19	3477/24	Sameena	28/F	OP Consultation
20	3457/23	Thabsheera	20/F	OP consultation
21	24767/24	Diyana Fathima	14/F	OP consultation
22	35374/24	Arunima	18/F	Suture removal in ~~61~~
23	53557/23	Tanardhanan	68/M	Extraction of ~~54341~~
24	32733/23	Md. Basheer	38/M	Suture removal in ~~18~~
25	31616/24	Safiya	45/F	Extraction of ~~16~~
26	37357/24	Yasar Arafath	25/M	OP consultation
27	36735/24	Nasla Nasar	30/F	OP consultation
28	31817/24	Velayudham P.C	63/M	OP consultation
29	31993/24	Nizar	49/M	OP consultation
30	28656/24	Fareela K.P	35/F	Extraction of ~~61~~
31	36134/24	Sulai Kha	47/F	Extraction of ~~347~~
32	36678/24	Aleema A.K	60/F	OP consultation
33	37780/24	Santhosh	49/M	OP consultation
34	37721/24	Mariya T.K	46/F	Extraction of ~~61~~
35	21924/24	Sneha	18/F	Extraction of ~~16~~
36	34094/24	Premarajan	65/M	Suture removal in ~~61~~
37	3775/24	Muhammed Rafi	36/M	Extraction of ~~61~~
38	3805/24	Shahala M.P	29/F	OP Consultation

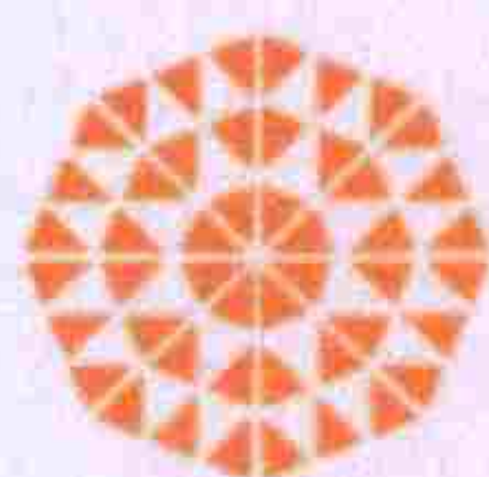

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Sl. No	Op. No.	Name	Age/Sex	Treatment
39	28510/24	Sirajudheen	17/M	Suture removal in +2
40	37022/24	Kadeeja	50/M	Suture removal in +23
41	38111/24	Saidalawi K	61/M	OP consultation
42	36874/24	Marayakutty	53/F	Extraction of +1237
43	35725/24	Aboobaker	57/M	OP consultation
44	38295/24	Fathima	50/F	OP consultation
45	36989/24	Ajayan	46/M	Suture removal in +8
46	27815/24	Jaseena	41/F	Extraction of +56
47	23484/24	Fathima Rushda	16/F	Suture removal in +6
48	38452/24	Padmini	71/F	OP consultation
49	38467/24	Rinshida N.P	23/F	OP consultation
50	30278/24	Busharabi	45/F	Extraction of +1234
51	32872/24	Jamsheera	39/F	Extraction of +8
52	38670/24	Salman Faris O	23/M	OP consultation
53	33937/24	Abdul Basheer	55/M	Extraction of 432/761
54	39078/24	Sareeja	41/F	OP consultation
55	39107/24	Ajanya	23/F	OP consultation
56	36134/24	Sulaikha	47/F	Suture removal in +317
57	37723/24	Harsha K.C	39/F	OP consultation
58	36324/24	Muhammed Nabhan	13/M	OP consultation

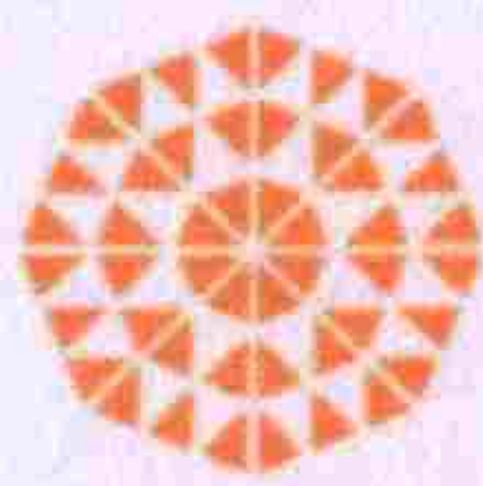
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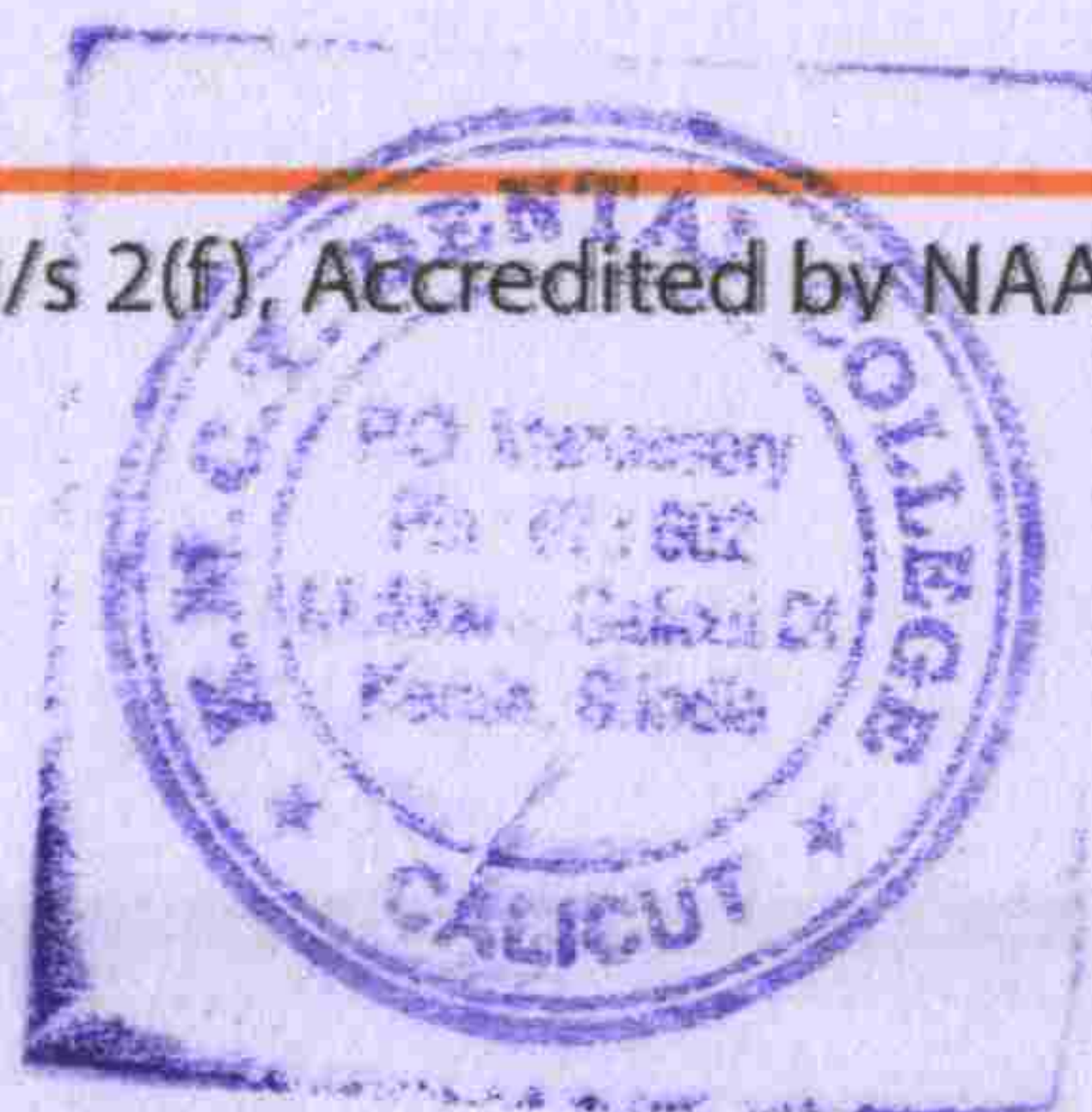
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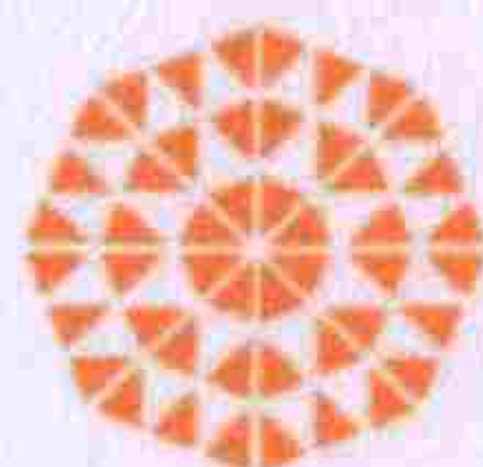
Sl. No	Op. No.	Name	Age/Sex	Treatment
59	38938/24	Jaseela	40/F	OP consultation
60	39537/24	Shareena	38/F	Extraction of $\frac{1}{2}$
61	13520/24	Anees Rahman	15/M	Extraction of $\frac{1}{4}$
62	9384/22	Anamika Suresh	15/F	Extraction of $\frac{5}{1}$
63	24828/22	Rasheed	27/M	OP consultation
64	38418/24	Jishnu Raj	22/M	OP consultation
65	15451/23	Md. Ali Nijad	17/M	Extraction of $\frac{1}{2}$
66	40016/24	Shammy M	51/M	OP consultation
67	39817/24	Ayisha	37/F	OP consultation
68	38941/24	Muhammed Anfas	14/M	Extraction of $\frac{1}{6}$
69	39553/23	Amirna	65/F	Extraction of $\frac{51}{1}$
70	37197/24	Kadeeja	38/F	OP consultation
71	40197/24	Unais	25/M	OP consultation
72	2567/24	Hiba	17/F	Extraction of $\frac{1}{6}$
73	32622/24	Rahmath O.P	45/F	OP consultation
74	40057/24	Nihala Sherim	26/F	Extraction of $\frac{1}{23}$
75	39747/24	Sheela Suresh	54/F	Suture removal in $\frac{3}{1}$
76	32613/24	Seenath T.P	28/F	Suture removal in $\frac{1}{1}$
77	50358/23	Diya Fobin	15/F	Extraction of $\frac{1}{4}$
78	29117/24	Hymnathy	61/F	Suture removal in $\frac{1}{5}$


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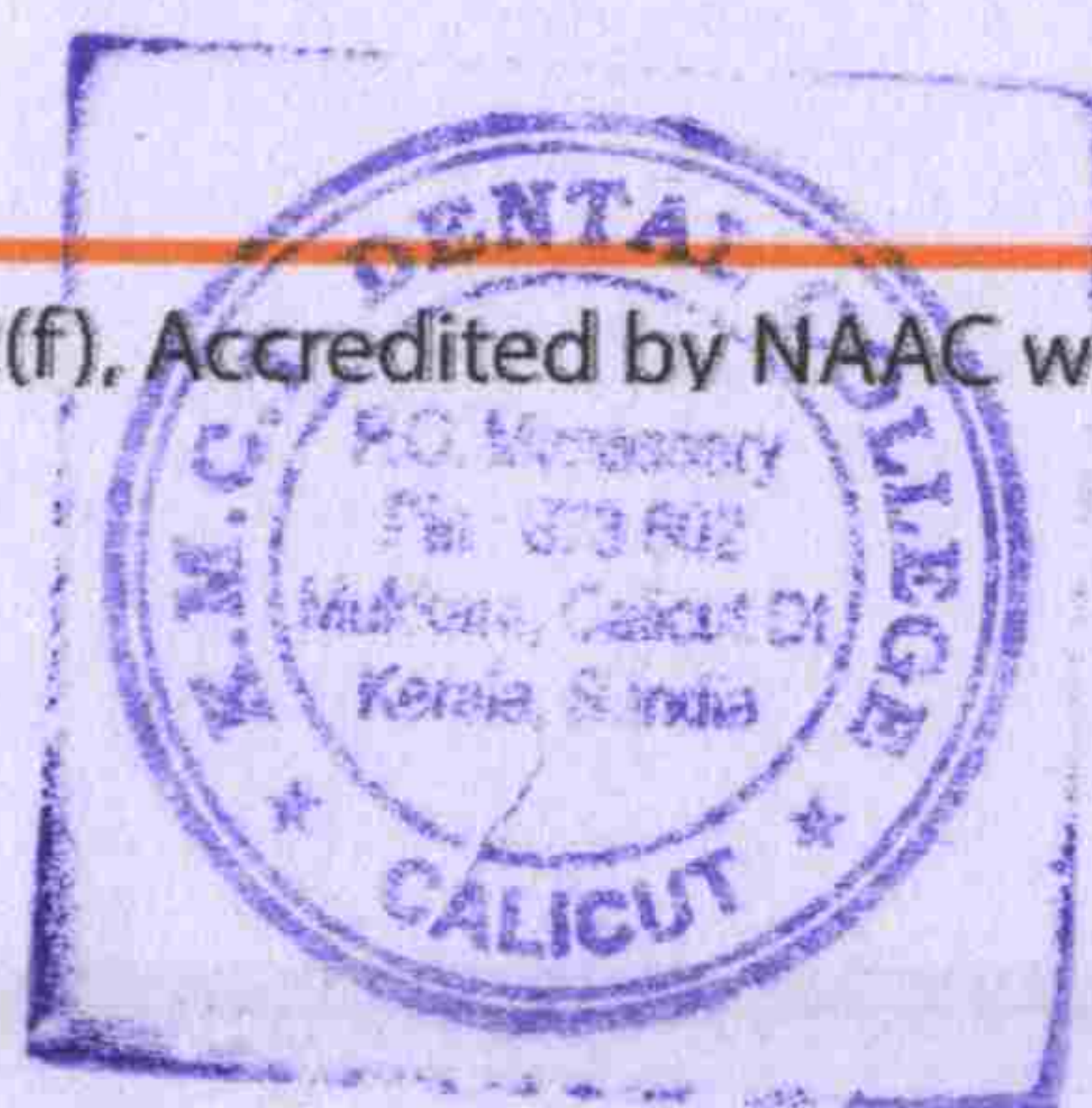
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Sl. No	Op. No.	Name	Age/Sex	Treatment
79	40762/24	Sajitha	43/F	OP consultation
80	37328/24	Beeram Koya	62/M	Extraction of 71
81	38930/24	Kanaya	26/F	Suture removal int 54
82	27895/24	Jaseena	41/F	Suture removal int 56
83	41062/24	Mammed	68/M	OP consultation
84	20406/24	Ramlath	39/F	Extraction of 65
85	37334/24	Nafila Nassrina	19/F	OP consultation
86	37762/24	Mujeeb Rahman	49/M	Suture removal int 5
87	41144/24	Bindhu	48/F	OP consultation
88	41453/24	Bushara	52/F	OP consultation
89	41464/24	Abdulla	48/M	OP consultation
90	13520/24	Anees Rahman	15/M	Suture removal int 4
91	41989/24	Hairunnisa P	39/F	Extraction of 31234
92	42174/24	Rabeen Muhammed	16/M	Extraction of 16
93	49563/23	Abdoobacker	61/M	OP consultation
94	29395/24	Reshmi	47/F	Extraction of 45
95	4435/24	Abdul Naser	54/M	OP consultation
96	40831/24	Fariha Aslam	24/F	Suture removal int 6
97	7345/24	Fasna Firoz	24/F	Suture removal int 7
98	37334/24	Nafila Nassrina	19/F	Suture removal int 5

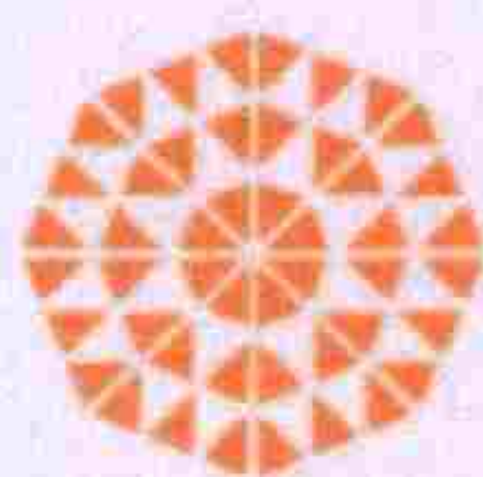
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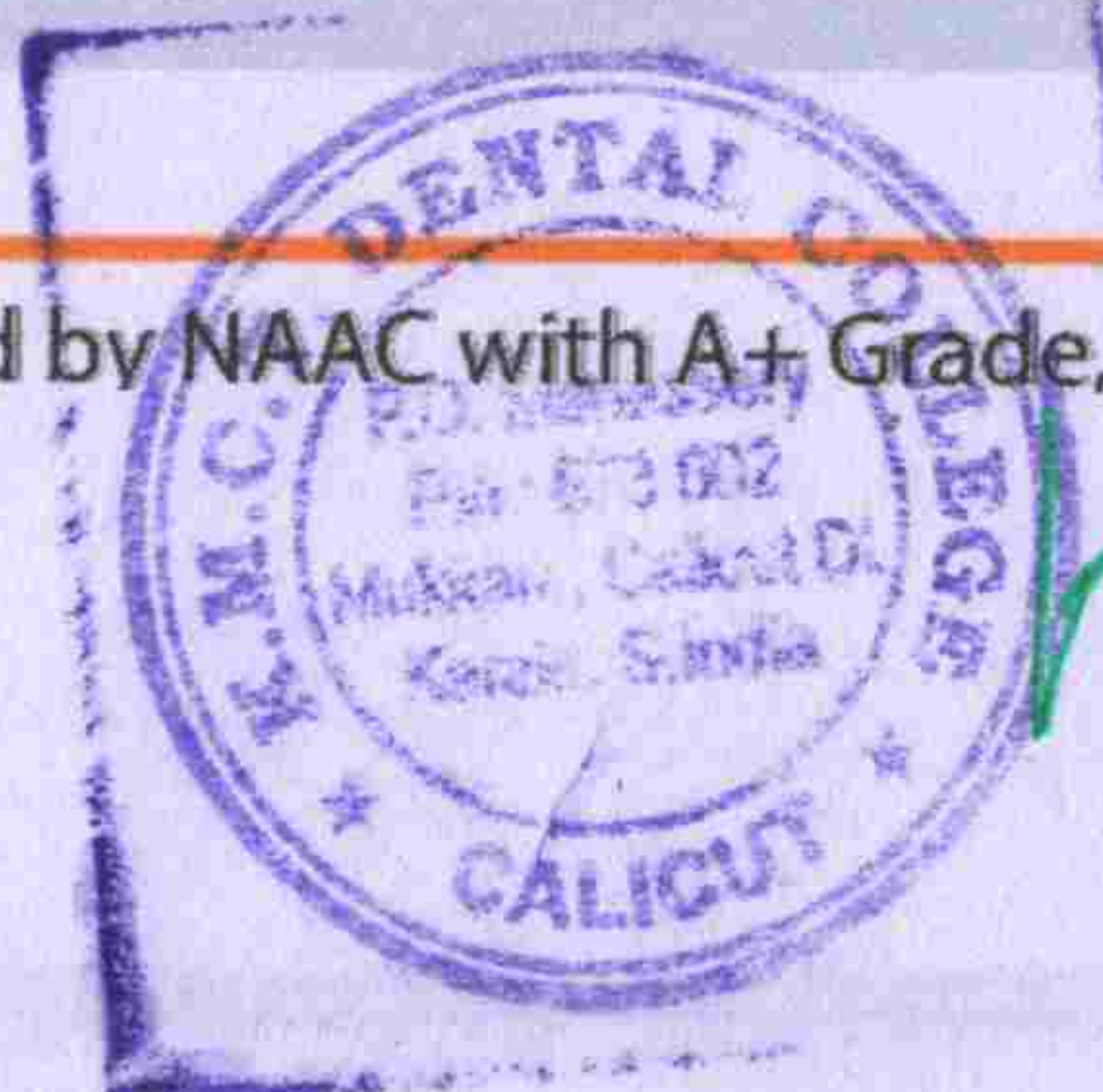
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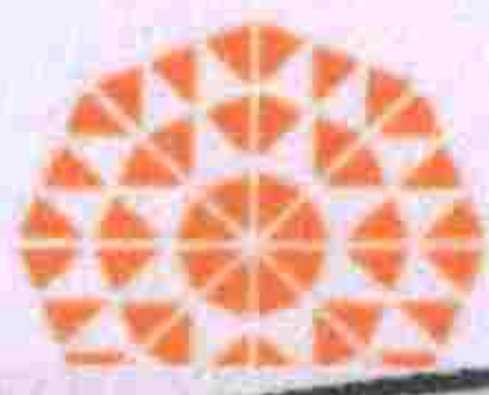
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Sl. No	Op. No.	Name	Age/Sex	Treatment
99	28850/24	Aysha E	63/F	Extraction of $\frac{32}{235}$
100	29780/22	Mumthas	34/F	Extraction of $\frac{7}{1}$
101	25865/24	Munshura	20/F	Extraction of $\frac{6}{1}$
102	943/24	Ameen Ahmad	14/M	Therapeutic extraction of $\frac{5}{1}$
103	33336/22	Nadha Fathima	11/F	Extraction of $\frac{1}{E}$
104	45676/24	Saifunneesa P	35/F	Extraction of $\frac{87}{1}$
105	44415/24	Vandana	19/F	Extraction of $\frac{5}{5}$
106	45979/24	Sivadasan A	62/M	Extraction of $\frac{1}{2}$
107	46233/24	Tanaki	79/F	Extraction of $\frac{1}{2}$
108	29469/24	Mujeeb Rahman	46/M	Extraction of $\frac{7}{1}$
109	56414/23	Dhanuwanth P.	16/M	Extraction of $\frac{1}{4}$
110	45545/24	Devi	68/F	Extraction of $\frac{1}{146}$
111	44926/24	Muhammed Siman	17/M	Extraction of $\frac{1}{6}$
112	43144/24	Muhammed Shafi	36/M	Extraction of $\frac{1}{6}$
113	34716/24	Koya ssan	54/M	Extraction of $\frac{1}{7}$
114	24775/22	Seenath	34/F	Extraction of $\frac{1}{8}$
115	5830/24	Ayisha	59/F	Extraction of $\frac{1}{345}$
116	43900/24	Azeez	50/M	Extraction of $\frac{7}{1}$
117	43668/24	Kadheja	45/F	Extraction of $\frac{1}{6}$
118	42584/24	Abdul Hammed	44/M	Extraction of $\frac{1}{6}$

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KMCT

GENERAL ASSESSMENT

1. Professional skills Knowledge
2. Attendance and punctuality
3. Dedication to duties
4. Relation with staff
5. Relation with patients

Excellent ☐ Very good ☒ Good ☐ Satisfactory ☐ Unsatisfactory ☐

Seal

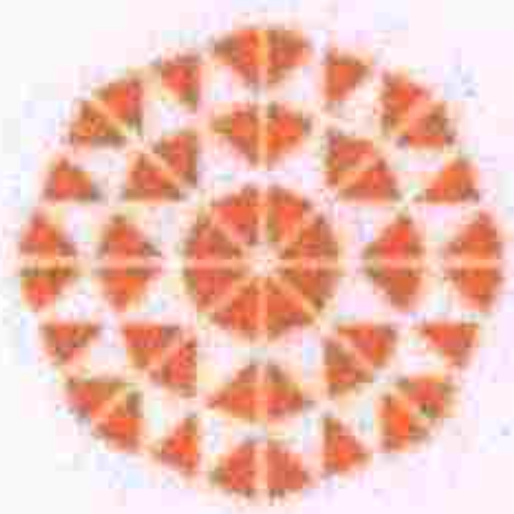
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DEPT. OF ORAL &
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KMCT DENTAL COLLEGE
MUKKAM, CALICUT

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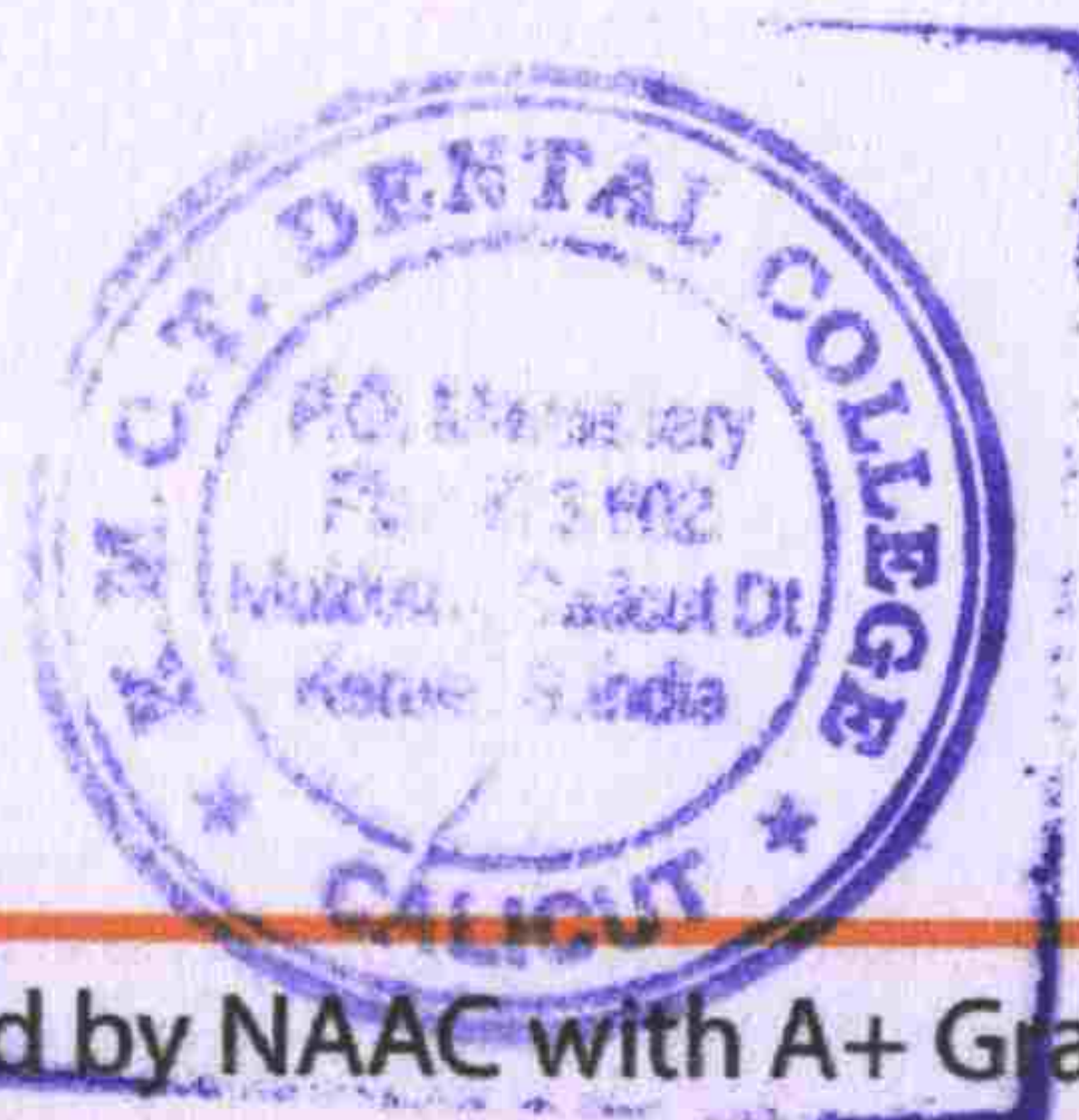
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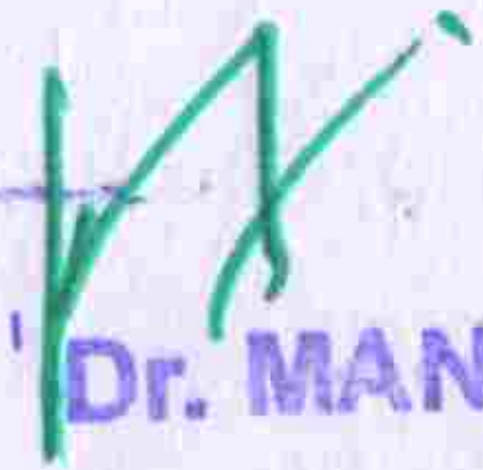


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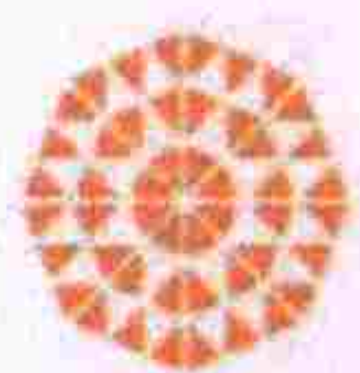
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REGISTER**



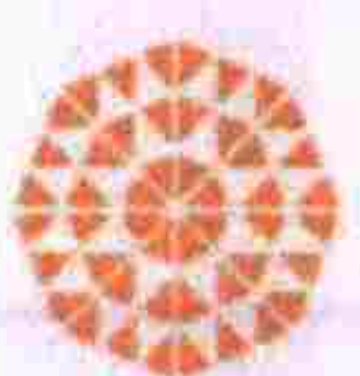

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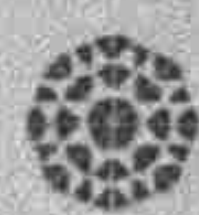




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Sl. No.	Date	Referral No.	Referral Name	Referral Date	Referral Time	Referral Location	Referral Type	Referral Status	Referral Remarks
1	5/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
2	5/10/23	433941	Punnamthi	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
3	11/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery



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Sl. No.	Date	Referral No.	Referral Name	Referral Date	Referral Time	Referral Location	Referral Type	Referral Status	Referral Remarks
4	11/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
5	11/10/23	433941	Punnamthi	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
6	11/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery



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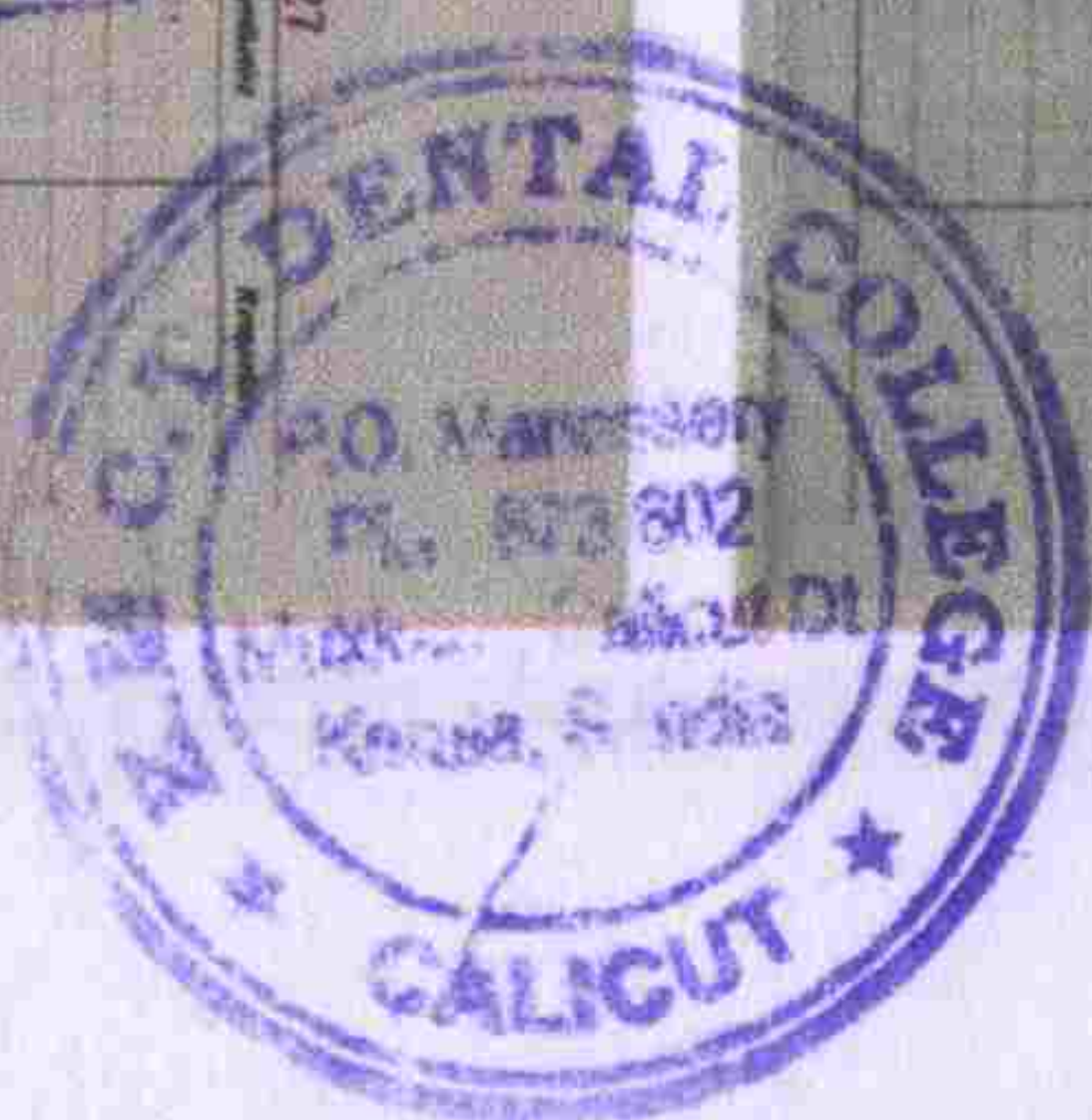
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7	10/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
8	10/10/23	433941	Punnamthi	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
9	10/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery



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Sl. No.	Date	Referral No.	Referral Name	Referral Date	Referral Time	Referral Location	Referral Type	Referral Status	Referral Remarks
10	10/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
11	10/10/23	433941	Punnamthi	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery
12	10/10/23	433941	Nigam	30/10	One of	Oral & Maxillofacial Surgery	Oral & Maxillofacial Surgery	Completed	Oral & Maxillofacial Surgery



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Sl. No.	Date	Referral No.	Referral Name	Age Sex	Department	Procedure / Type of Incision	Surgeon	Assistant	Recorder
1	5/11/23	145941	SEBASTIAN	91	DECEMBER 2023 CENTRO CERVICOM FIBROID	THIRD RESECTION ENUCLEATION & QUESTIGATION OF BODY OF HANDBALL	Dr. PRANAV KONGA Dr. PRUTHVIRAJ Dr. BISHNOI Dr. ANU Dr. NAGA Dr. ARITHA		
2	26/12/23	145942/	ABHINAVAN	47/M	LEFT ZMC FRACTURE	OPR & SW	Dr. BUNNY JITHENDRAN Dr. VINOD DAS Dr. SUDAN KUNJUMATHAN Dr. SHAMU Dr. SARABJEE Dr. JITHAN Dr. BISHNOI		
3	27/12/23	145943/	ANUSUB	20/M	REGION OF DEBRIDEMENT OF THE LEFT EAR AND ZYGOMATICA MAXILLARY FRACTURE	DENTAL RECONSTRUCTION UNDER GA	Dr. HANU KUNJA Dr. ANU THOMAS Dr. DEEPTI K Dr. VISHNU Dr. NAGA Dr. PRUTHVIRAJ Dr. BISHNOI Dr. GASTON		

[illegible]

Sl. No.	Age	IPSP No.	Patient Name	Age Sex	Illness	Procedure / Type of anesthesia	Signs
6	20/10/1935	44357/1935	Arundha	35/14	② ZMC fracture	Craniotomy	Dr. Mangalam Dr. Arundha Dr. S. S. Srinivas Dr. Arundha Dr. S. S. Srinivas Dr. S. S. Srinivas
3	20/10/1935	44357/1935	Arundha	35/14	② ZMC fracture	Craniotomy	Dr. Mangalam Dr. Arundha Dr. S. S. Srinivas Dr. Arundha Dr. S. S. Srinivas Dr. S. S. Srinivas
3	20/10/1935	44357/1935	Arundha	35/14	② ZMC fracture	Craniotomy	Dr. Mangalam Dr. Arundha Dr. S. S. Srinivas Dr. Arundha Dr. S. S. Srinivas Dr. S. S. Srinivas

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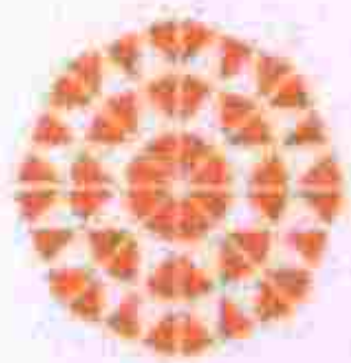
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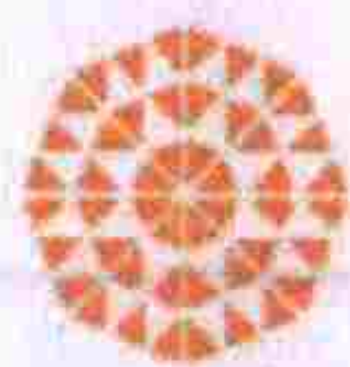
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Sl. No.	Date	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name
1	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
2	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
3	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
4	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12

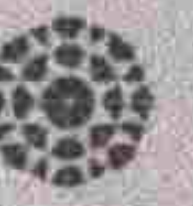


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Sl. No.	Date	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name
1	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
2	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
3	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
4	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12



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Sl. No.	Date	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name
1	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
2	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
3	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
4	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12



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Sl. No.	Date	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name	Referral No.	Referral Name
1	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
2	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
3	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12
4	11/12/23	419323	Agarwal	21/12	21/12	21/12	21/12	21/12	21/12

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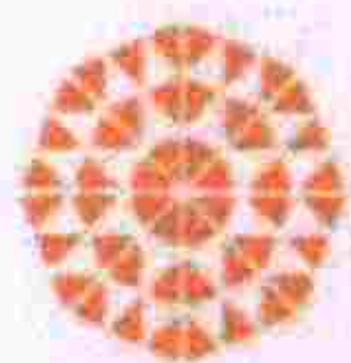
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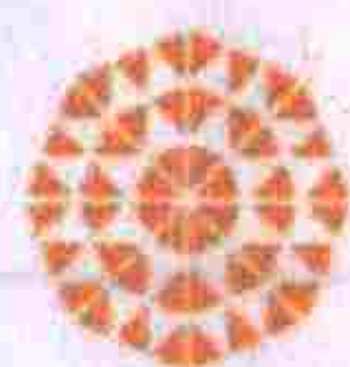


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Sl. No.	Date	Referral No.	Referral Name	Referral Type of Examination	Referral
1	19/10/23	433430/2023	Alvin Jones	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
2	19/10/23	433430/2023	Aravindhan	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
3	19/10/23	433430/2023	Aravindhan	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
4	19/10/23	433430/2023	Vipin	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar

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Sl. No.	Date	Referral No.	Referral Name	Referral Type of Examination	Referral
5	20/10/23	433430/2023	Huda	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
6	20/10/23	433430/2023	Benesh	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
7	20/10/23	433430/2023	Silva	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
8	20/10/23	433430/2023	Vishnu	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar

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Sl. No.	Date	Referral No.	Referral Name	Referral Type of Examination	Referral
1	21/10/23	433430/2023	Abdul Kalam	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
2	21/10/23	433430/2023	Alvin	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
3	21/10/23	433430/2023	Aravindhan	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
4	21/10/23	433430/2023	Aravindhan	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
5	21/10/23	433430/2023	Vipin	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar

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Sl. No.	Date	Referral No.	Referral Name	Referral Type of Examination	Referral
6	21/10/23	433430/2023	Vivek	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
7	21/10/23	433430/2023	Nisha K	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar
8	21/10/23	433430/2023	Rajin	Examination & CA	Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar Dr. Manoj Kumar

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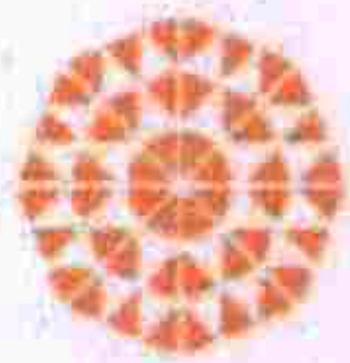
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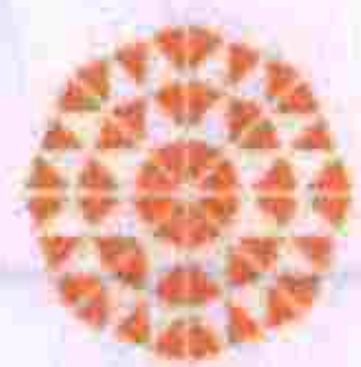




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No. In	Date	Procedure Name	Ref. No.	Procedure Type of Treatment	Signature
1	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
2	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
3	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
4	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
5	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
6	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
7	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
8	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
9	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
10	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.

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No. In	Date	Procedure Name	Ref. No.	Procedure Type of Treatment	Signature
1	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
2	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
3	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
4	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
5	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
6	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
7	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
8	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
9	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
10	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.



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No. In	Date	Procedure Name	Ref. No.	Procedure Type of Treatment	Signature
1	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
2	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
3	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
4	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
5	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
6	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
7	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
8	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
9	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
10	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.

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No. In	Date	Procedure Name	Ref. No.	Procedure Type of Treatment	Signature
1	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
2	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
3	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
4	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
5	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
6	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
7	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
8	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
9	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.
10	01/01/2024	Buccal	2024	ONE V 6A	Dr. Manoj Kumar K.P.

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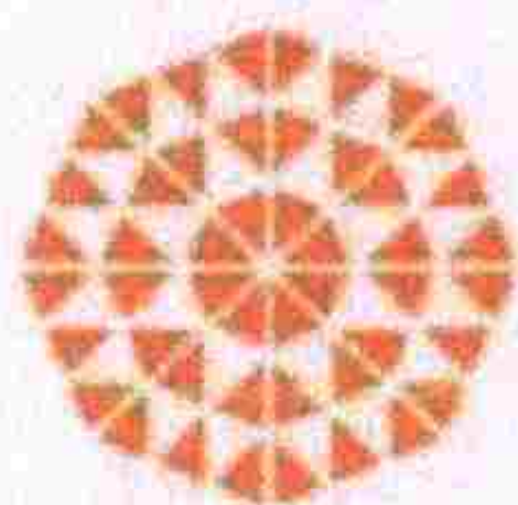
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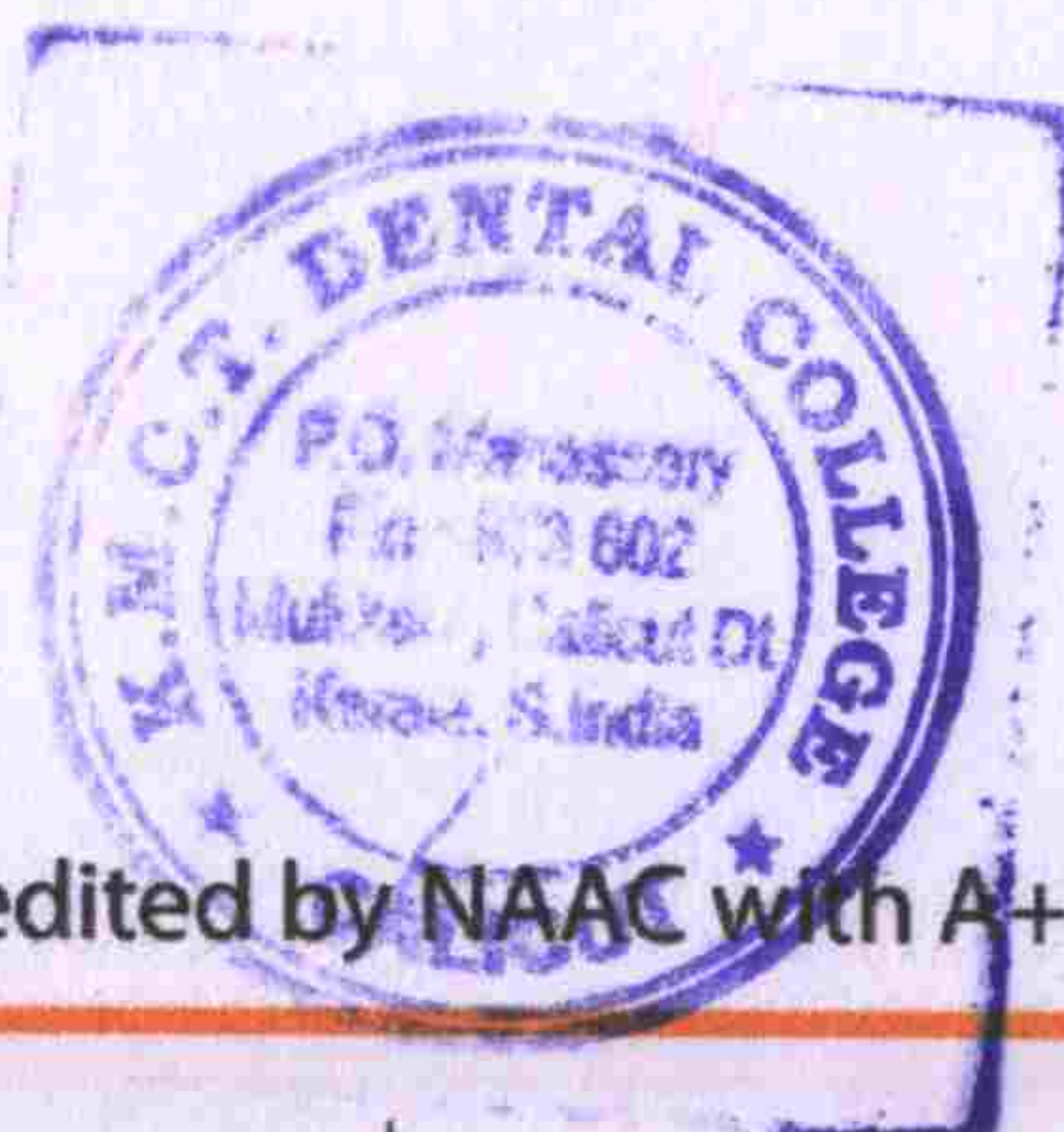




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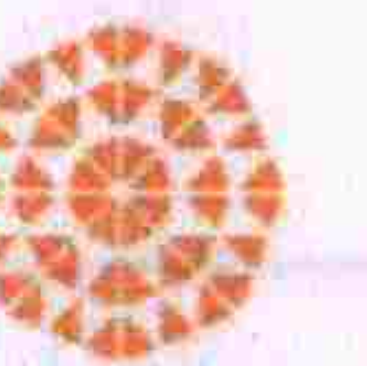
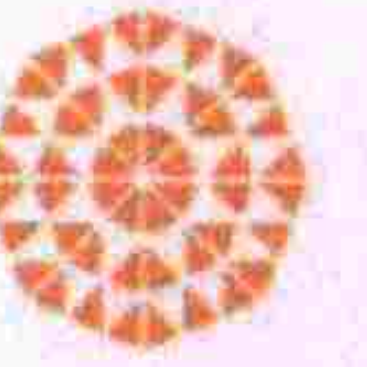
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130		February 2024		131	
Sl. No.	Particulars	Particulars	Particulars	Particulars	Particulars
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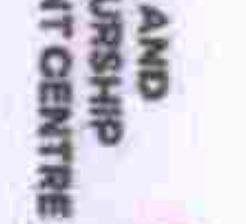
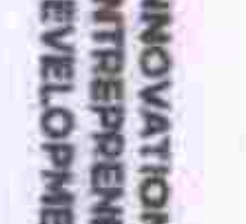
MARCH 2024

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Manassery, Mukkam

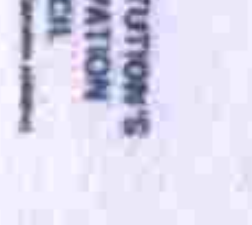
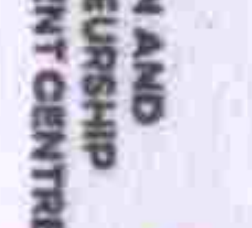
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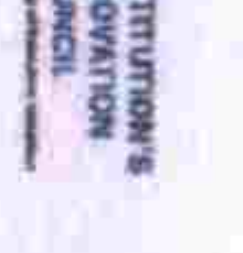


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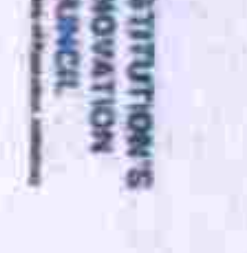
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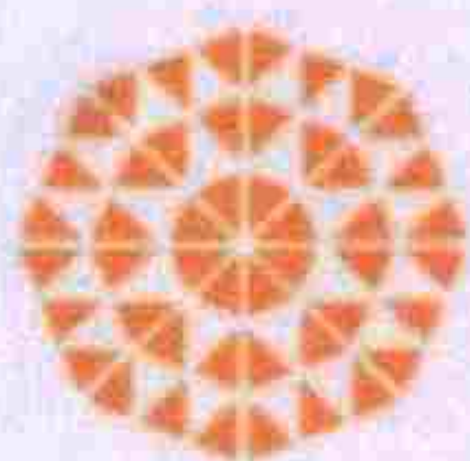
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I. EXPERIENTIAL LEARNING

- INTERNSHIP:

REPORT

It is mandatory to complete 15days Compulsory Rotating Resident Internship in Department of Oral Pathology and Microbiology as per KUHS after passing final year BDS examination. As part of internship programme, interns have been instructed to submit ground sections, dental charts and models and MCQ's for the benefit of them and undergraduate students. This enhances the hand skill as well as knowledge of the interns which will benefit them in the future.

Certificate

This is to certify that Mr/Ms FARHANA SHAIK a bonafide student of KMCT Dental College, Manassery, Kozhikode has satisfactorily completed his/her Compulsory Rotating Resident Internship in the Department of Oral Pathology & Oral Microbiology, from 15/04/24 to 29/04/24 for a period of 15 days, according to the requirements of the Kerala University of Health Science.


Head of the Department
Oral Pathology & Microbiology
KMCT Dental College, Calicut

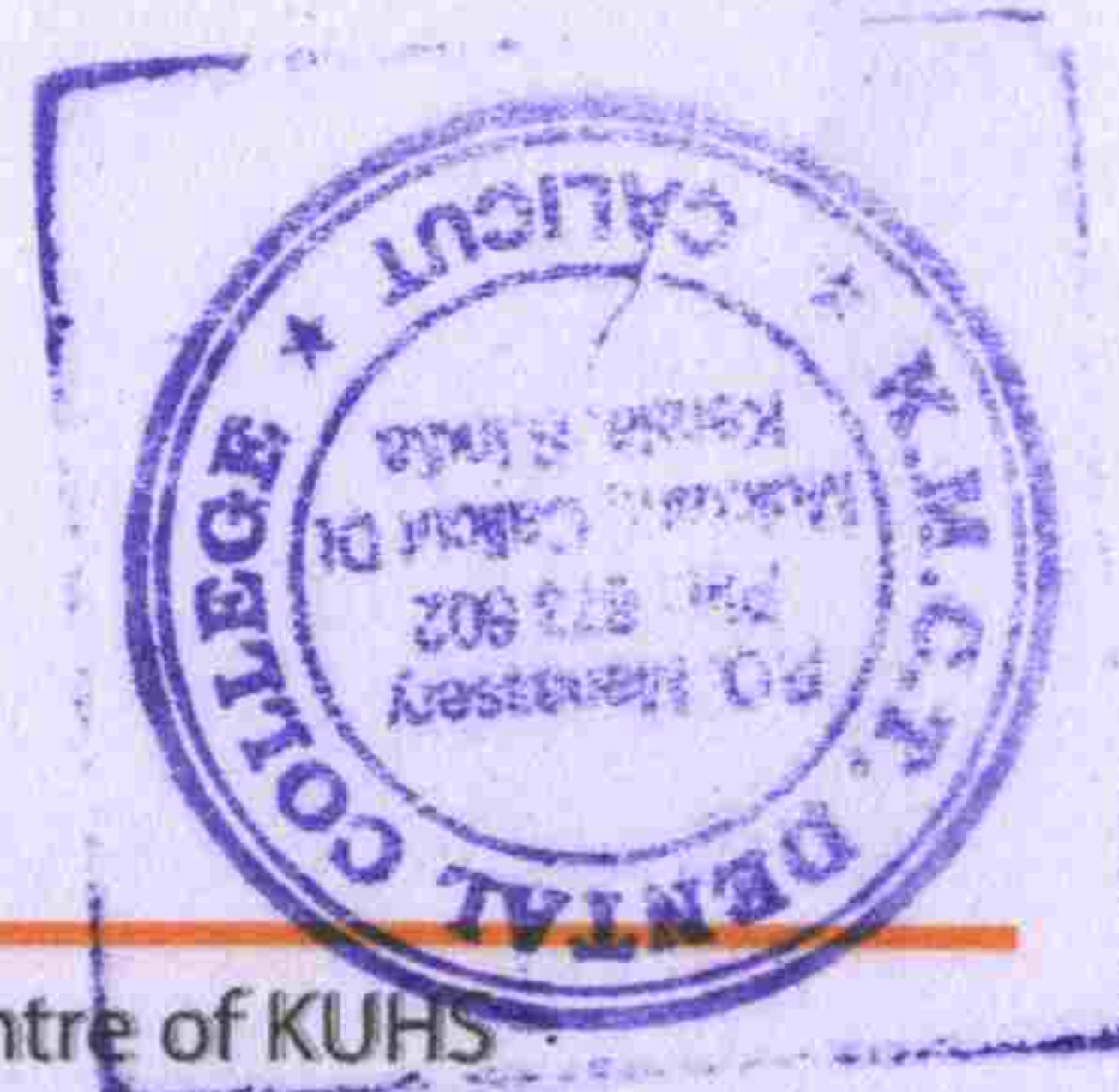
Place : Manassery
Date : 05/05/24

Dr. MANOJ KUMAR.K.P

Principal

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Manassery, Mukkam

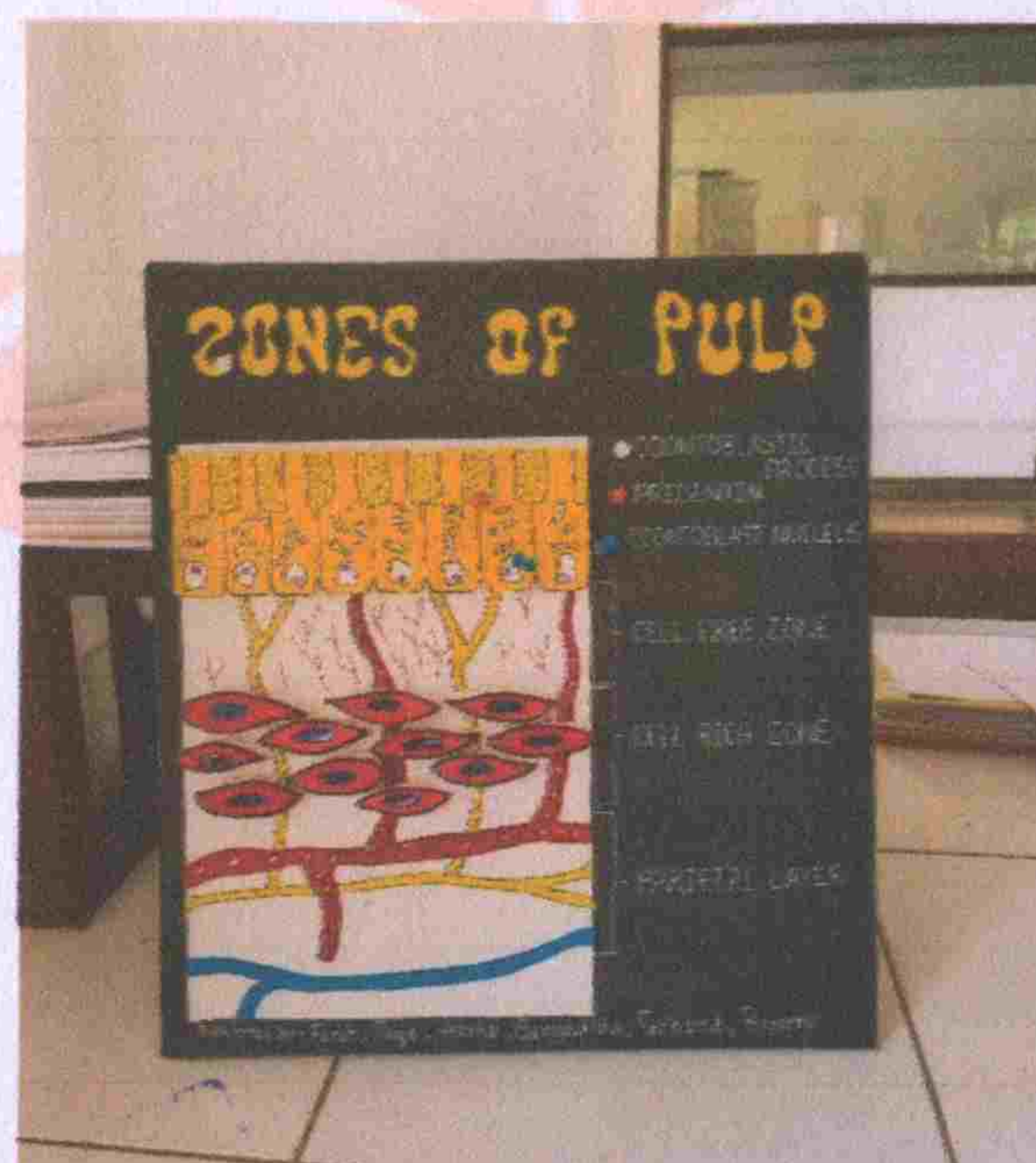
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- Intern Log book

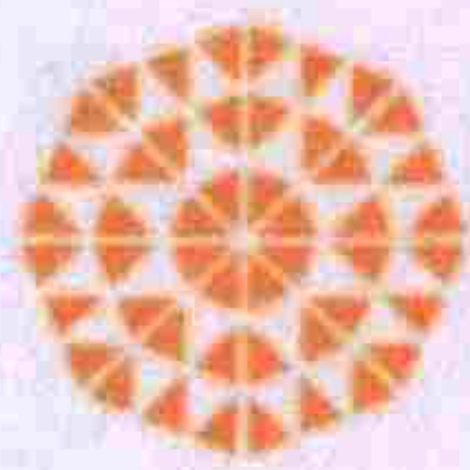


Model of Zones of Pulp (Study model-submitted by interns).

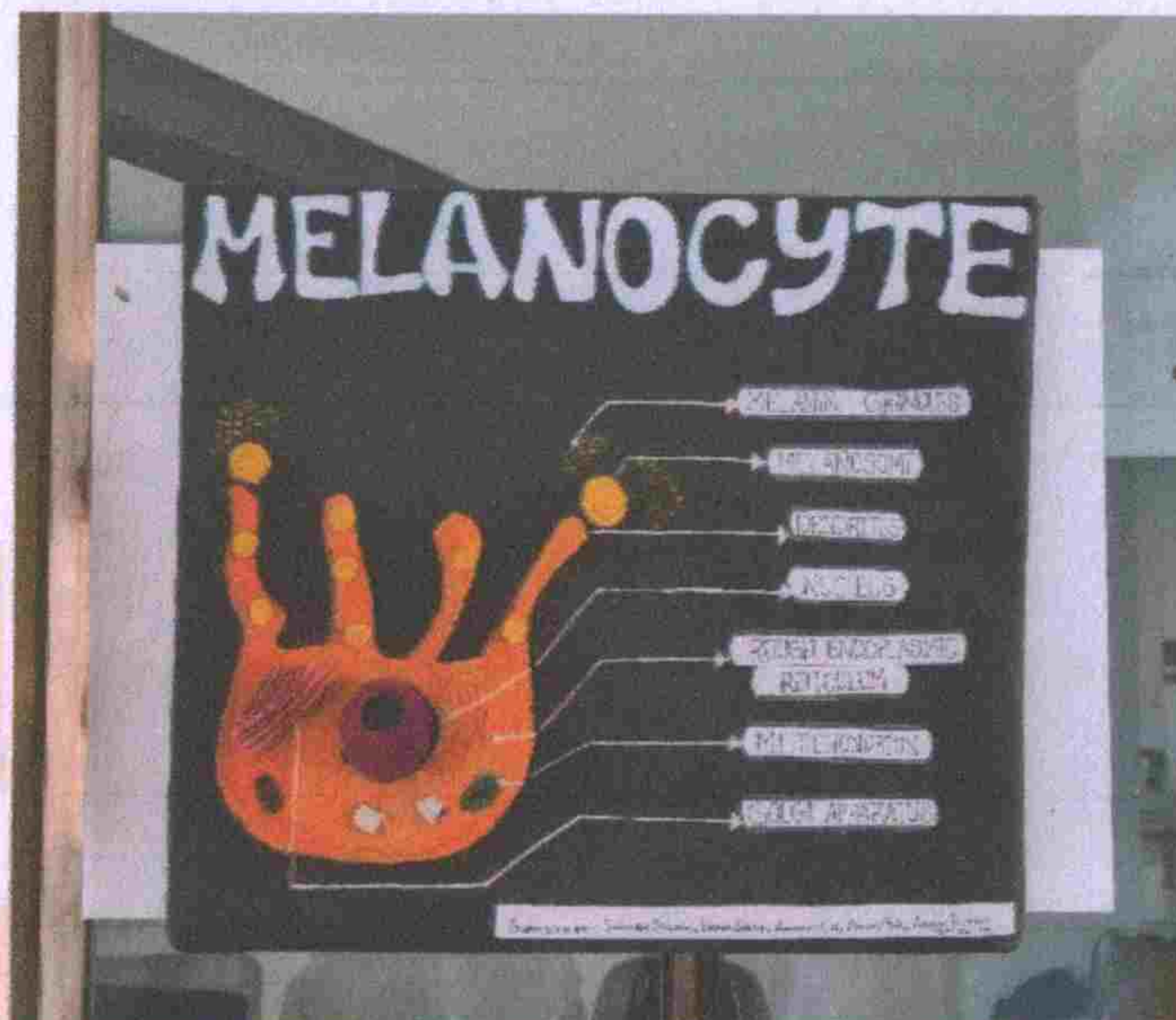
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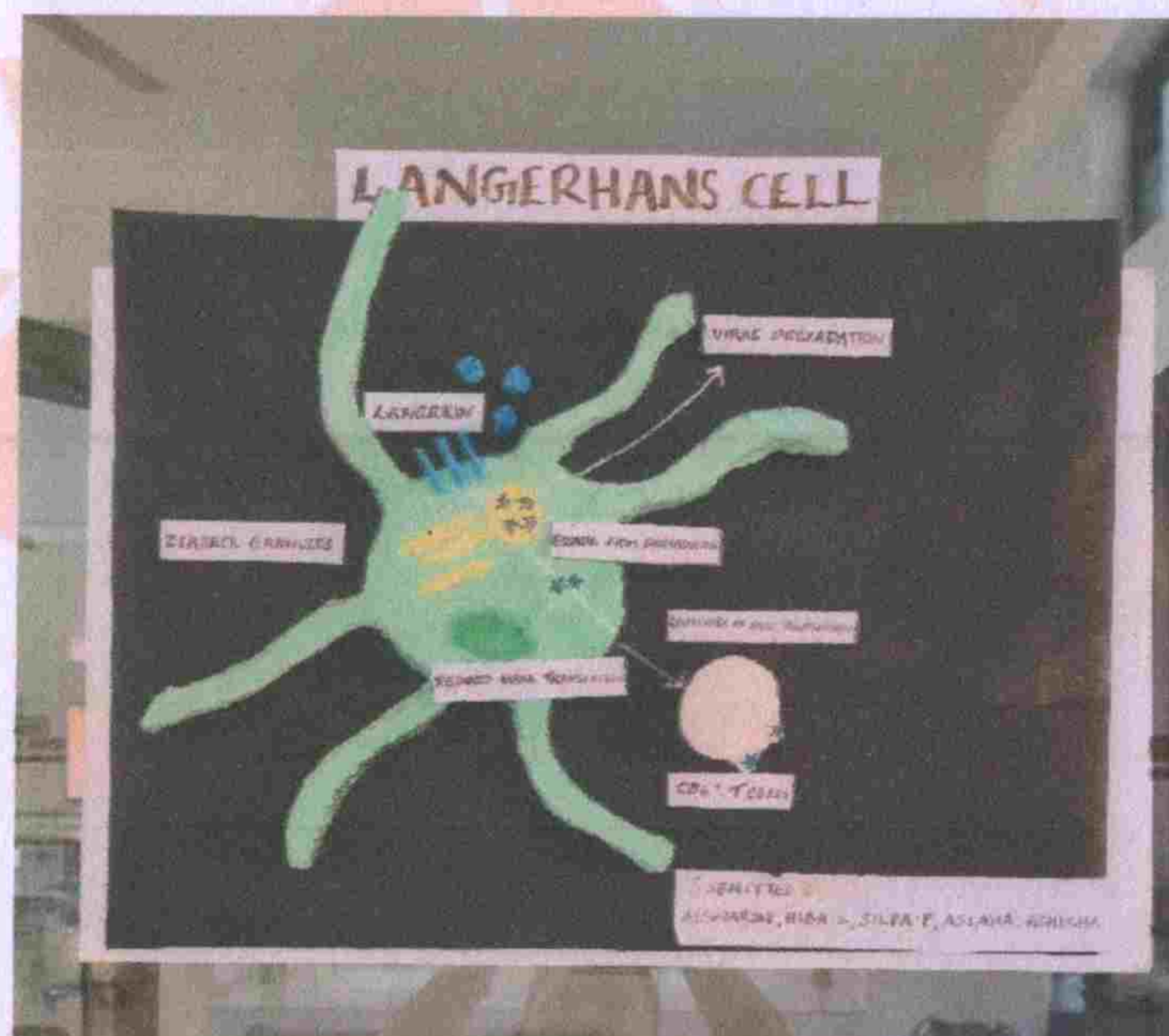




○ Other works submitted by interns:



- Model of Melanocyte (Non keratinocyte)

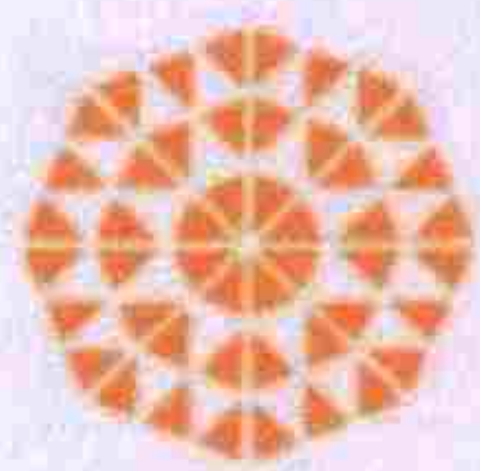


- Model of Langerhans cell (Non keratinocyte)

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- Model of Merkel cell (Non keratinocyte)



- Dream catcher(handwork) submitted by interns, explaining Morphological stages of tooth development.



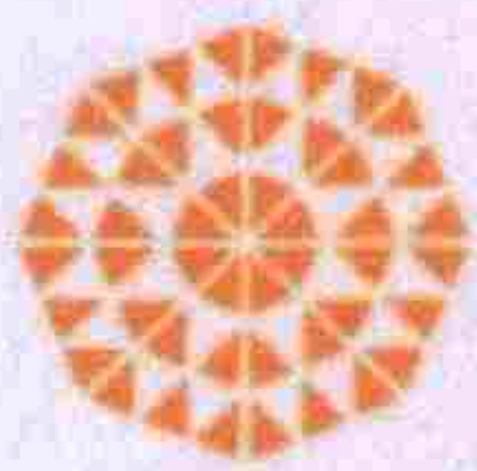
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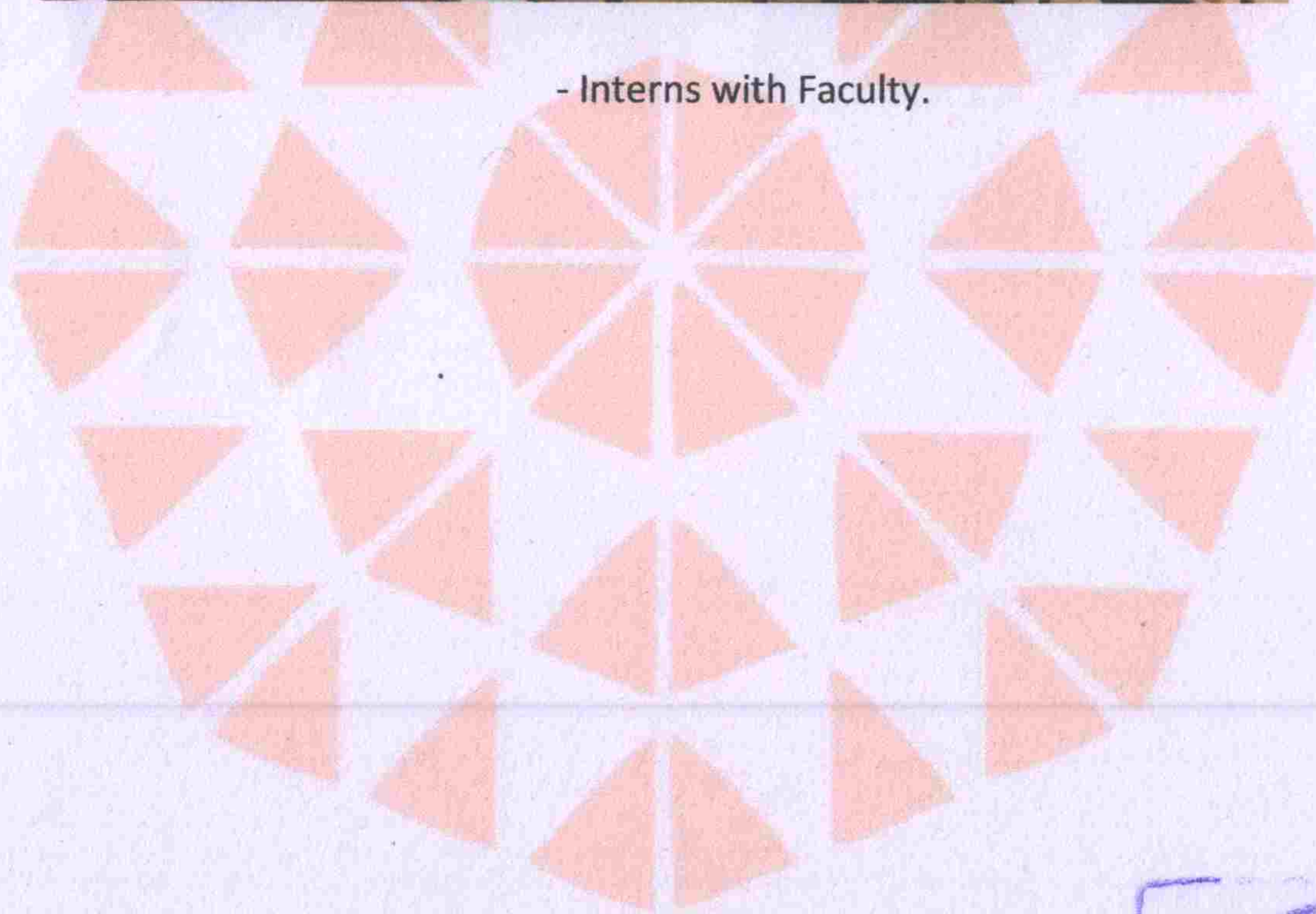




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- Interns with Faculty.



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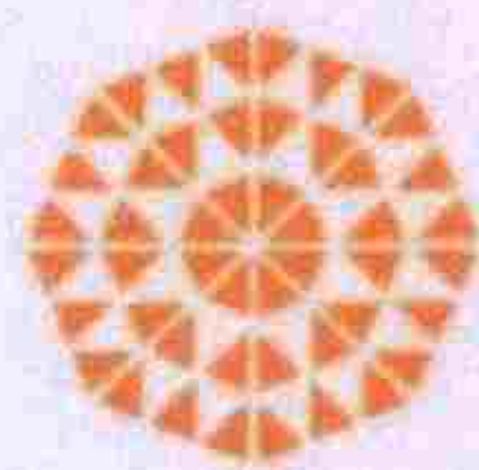
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• **UG RESEARCH:**

REPORT

ICMR has introduced UG Research programme as an initiative to cultivate research skills and problem-solving ability for the benefit of community.

A study proposal was submitted by **Ms Ninshidha**, Final year Part 1 UG student under the guidance of **Dr Sithara K, Senior Lecturer, Department of Oral Pathology and Microbiology** to **ICMR STS (2023)** in the month of January 2023 on the topic **"To analyse stress and occurrence of Aphthous ulcer during various phases of Menstrual cycle"**.

Status: Proposal was not accepted for grant by ICMR.

Manassery,

17/01/2023.

From

Ms. Ninshidha

Part 1 student

KMCT Dental College, Manassery, Calicut.

Through

Dr Rajeesh Mohammed P N

HOD, Department of Oral Pathology & Microbiology

KMCT Dental College, Manassery, Calicut.

To

The Chairman

Institutional Ethical Committee

KMCT Dental College, Manassery, Calicut.

Respected Sir,

Subject: Submission of UG Research Proposal to Institutional Ethical Committee for approval.

I, Ms Ninshidha, Part 1 student of KMCT Dental college, Calicut, is hereby submitting my Undergraduate research proposal titled "To analyse stress and occurrence of Aphthous ulcer during various phases of Menstrual cycle: a cross sectional study" to Institutional Ethical Committee for ethical clearance and approval. This study will be conducted under the guidance of Dr Sithara K, Senior Lecturer, Department of Oral Pathology & Microbiology.

There is no conflict of interest. I kindly request you to do the needful.

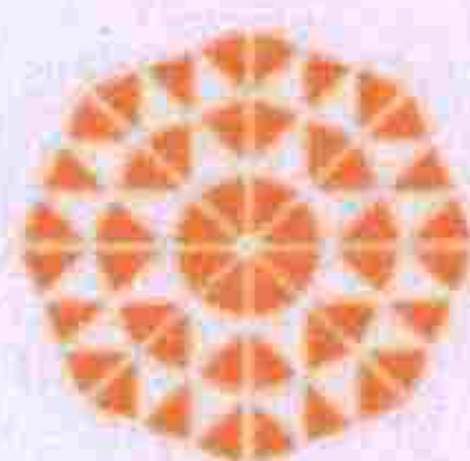
Thanking you,

Yours sincerely,

Ms Ninshidha

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Short Term Studentship (STS) 2023 Proposal

Reference ID:

2023-01009

Title: ASSOCIATION OF APHTHOUS ULCER OCCURRENCE AND STRESS WITH HORMONAL TURNOVER AMONG NORMALLY MENSTRUATING WOMEN

Introduction:

Aphthous ulcer or Recurrent aphthous stomatitis (RAS) is one of the most common oral mucosal ulcers affecting non-infectious aetiology, causing difficulty in mastication and speech due to pain. RAS is defined as recurrent episodes of oral aphthous ulceration where the ulcers heal spontaneously with subsequent recurrence and the exact etiology is not clearly understood. Psychological stress, genetics, trauma, vitamin deficiency and antibodies, and are cited as predisposing factors. Association of hormonal changes in the etiology of RAS in women is highly debatable.^[1]

The maintenance of life is critically dependent on the mechanism known as "homeostasis". The term "stress" was used by Selye (1956) to represent the effects of anything that seriously threatens this homeostasis. Even though stress responses evolved as adaptive processes, severe prolonged stress response might lead to tissue damage and disease.^[2]

Regular cyclic changes occur in the reproductive system of a female body as preparation for fertilization and pregnancy. The characteristic feature is the periodic vaginal bleeding that occurs as a result of shedding of uterine lining and happens during the reproductive life of females called as menstruation.^[3]

The average length of the cycle is 28 days - from the beginning of one menstrual period to the start of next. It begins at puberty, starting from the age of 10 to 16 years (Menarche) and ends at an average age of 50 years (Menopause).

The menstrual cycle consists of four phases, in which Follicular phase or proliferative phase (day 1-13) is the first long phase which comprises of initial menstrual phase (day 1 to 5) and remaining follicular phase. 3rd phase is the ovulatory phase (day 14) and last phase is luteal phase or secretory phase (day 15-28). The hormones, especially estrogen & progesterone, secreted during these phases are in a negative and positive feedback manner to control the menstrual cycle.^[4,5]

Majority of women experience unpleasant symptoms during premenstrual phase and cause problems with their day-to-day life, like stress, mood swings, body ache, stomach ache, aphthous ulcers etc.

Association between the menstrual cycle and onset of recurrent aphthous ulcers (RAU) are reported with troublesome ulcerations in the luteal phase between ovulation and menstruation.

This study aims to determine the aphthous ulcer occurrence and stress with hormonal turnover among normally menstruating women.

Objectives:

This study aims:

- To determine the aphthous ulcer occurrence during various phase of menstrual cycle among normally menstruating women.
- To determine stress during various phases of menstrual cycle among normally menstruating women.
- To determine the association of aphthous ulcer, stress and hormonal turnover among normally menstruating women.

Hypothesis:

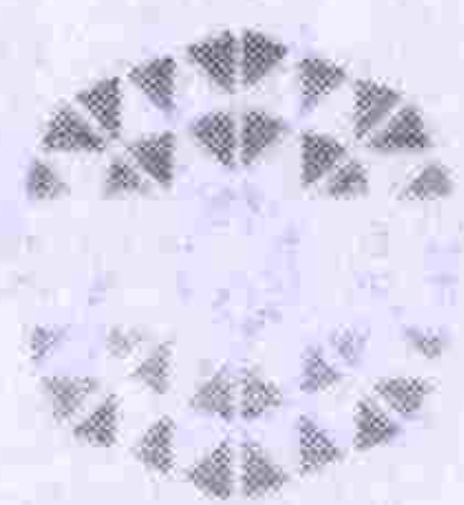
- Null hypothesis: There is no significant correlation between the aphthous ulcer occurrence and stress with hormonal turnover among normally menstruating women.

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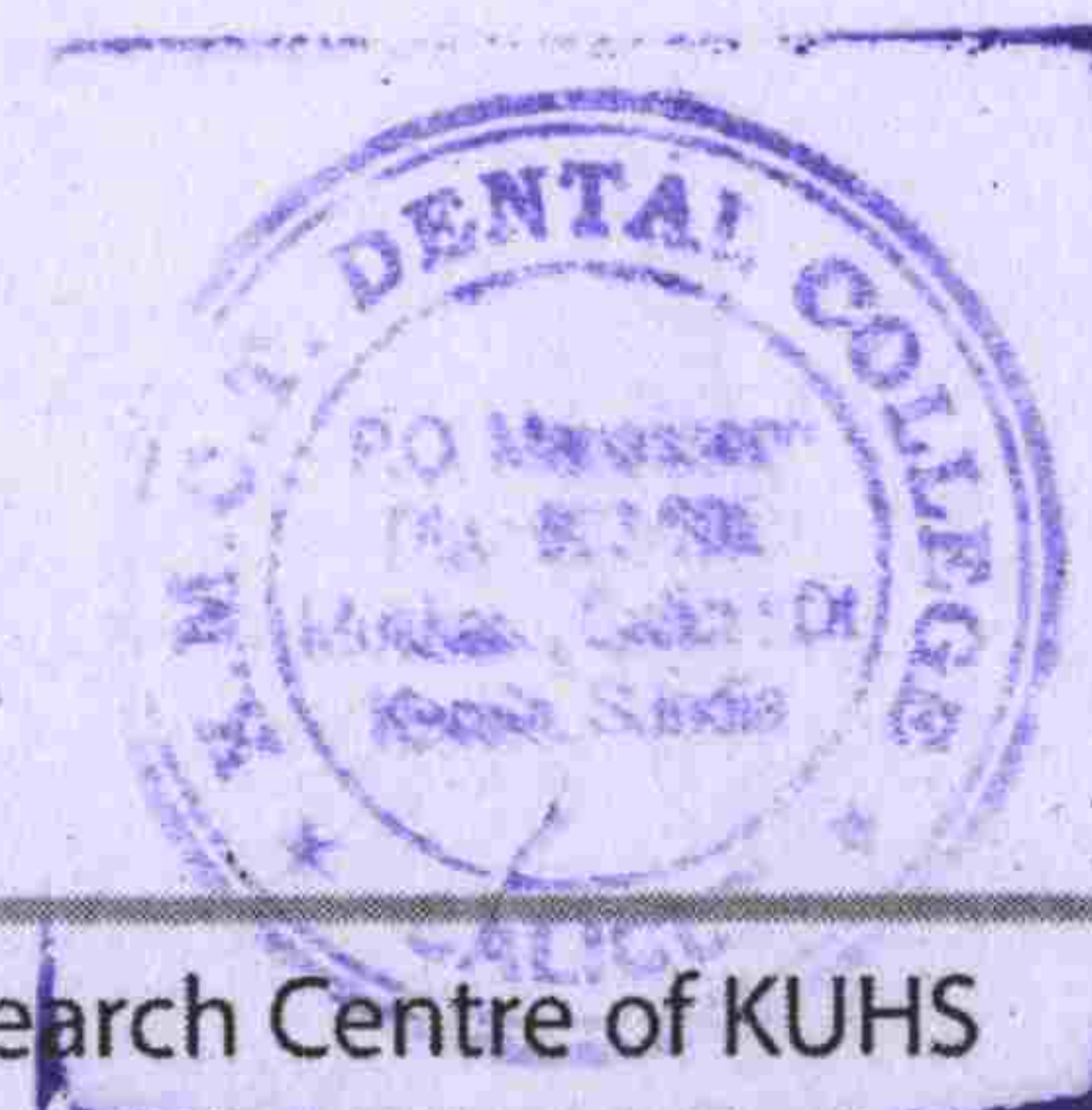


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ATTENDING PRE-CLINICAL LABS

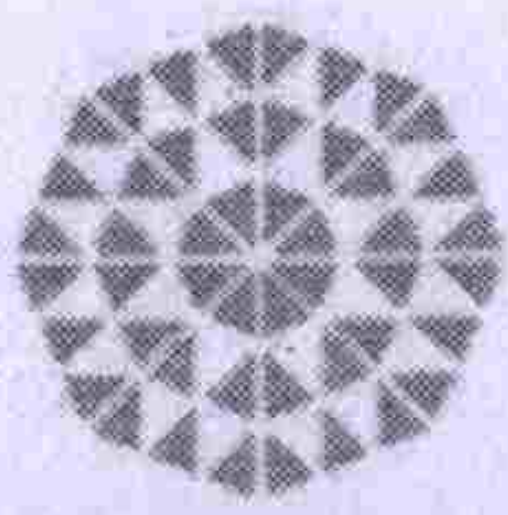
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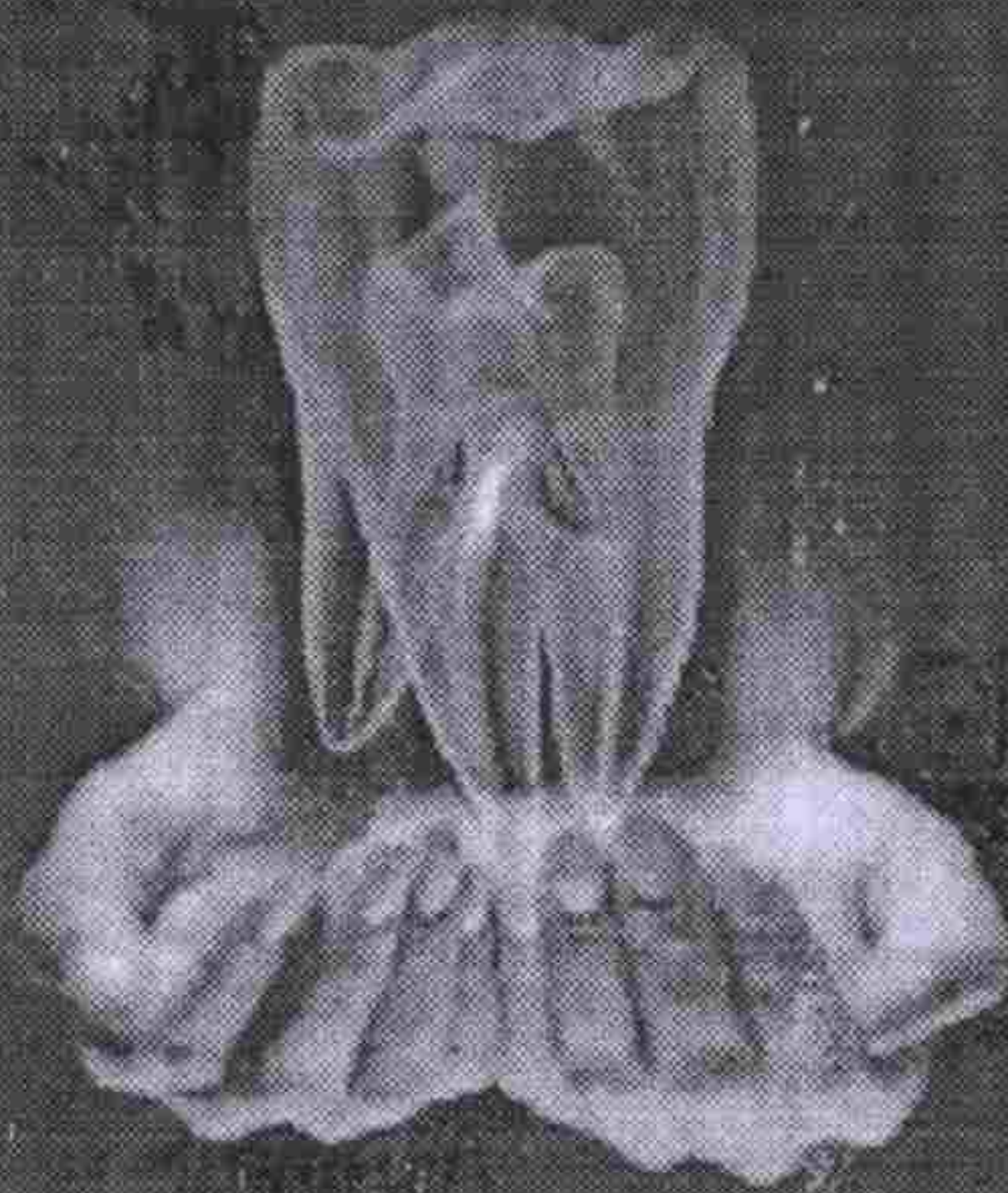
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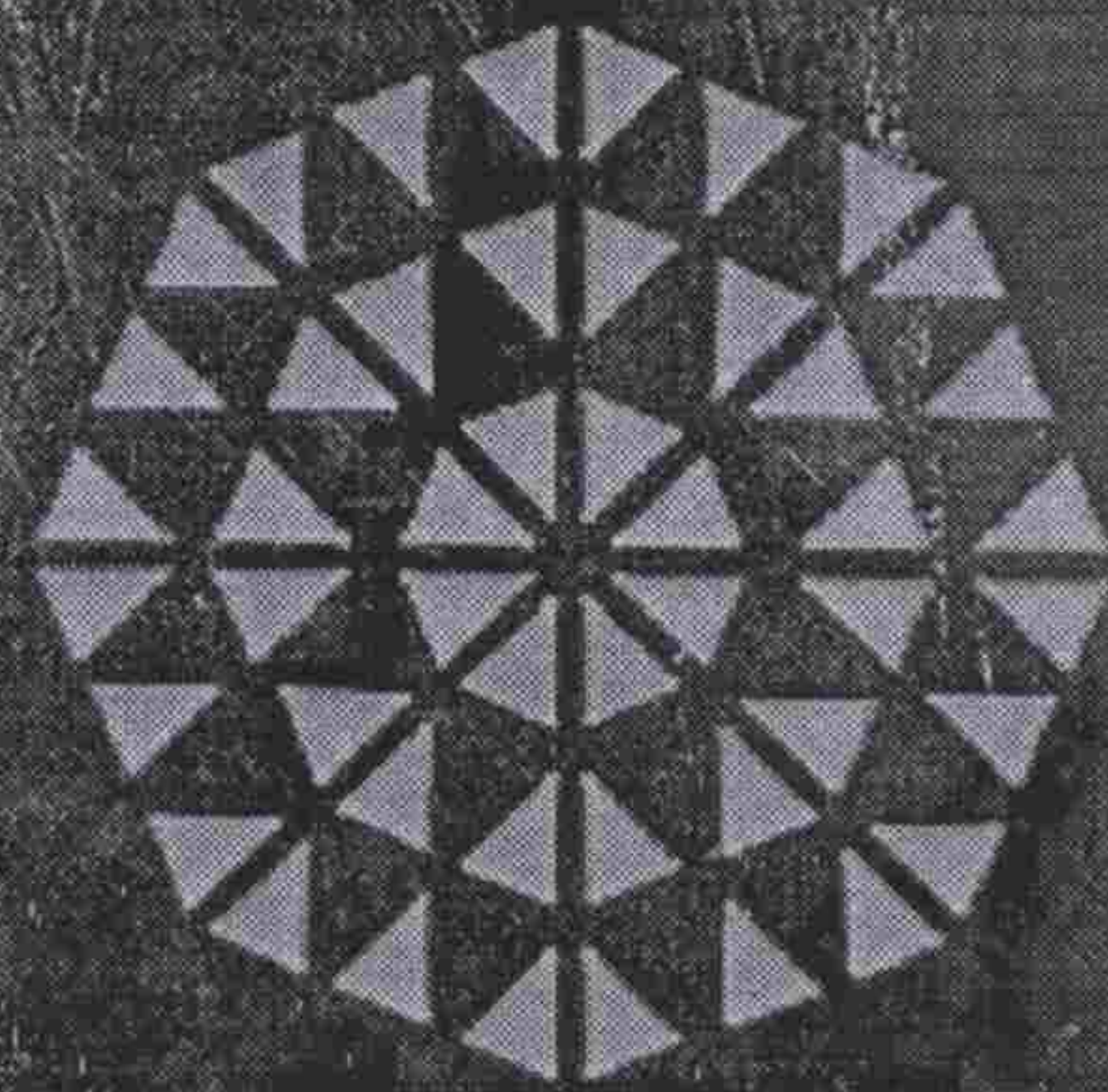


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AND ENDODONTICS**



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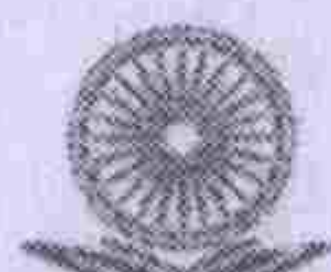
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YEAR OF STUDY: 2023 - 2026
REG NO:

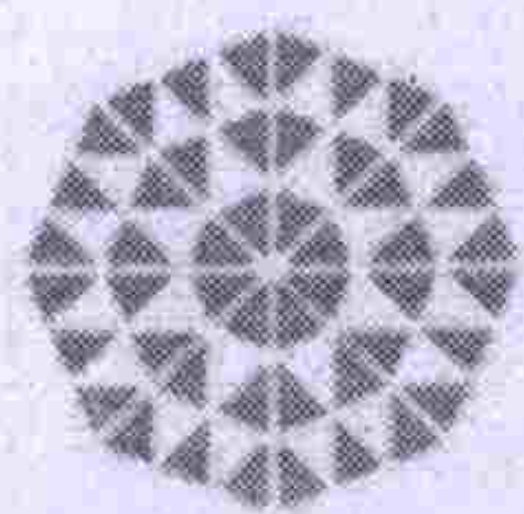
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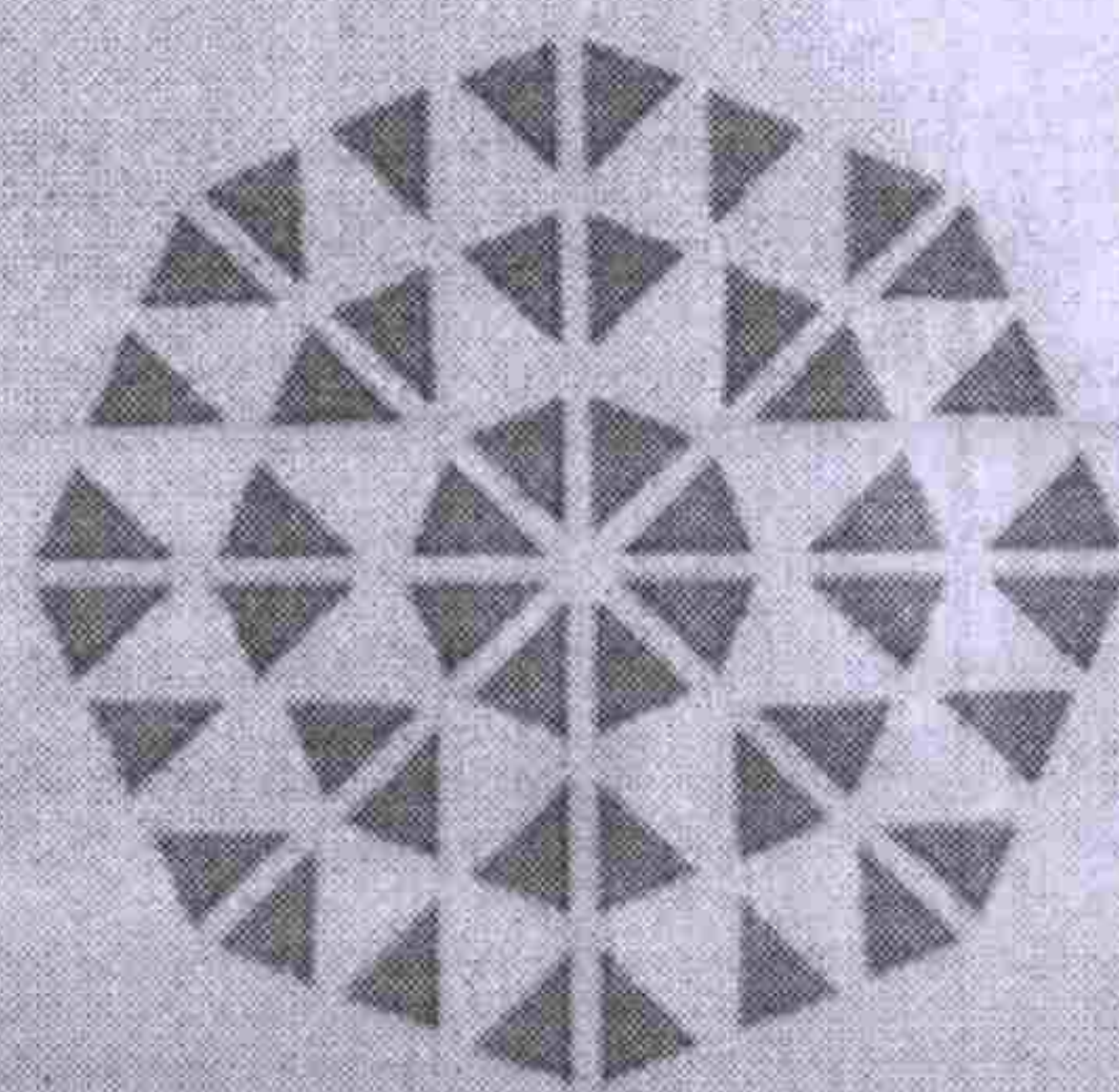


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NAME OF THE STUDENT: DR. ROSE MARIA JAIMON

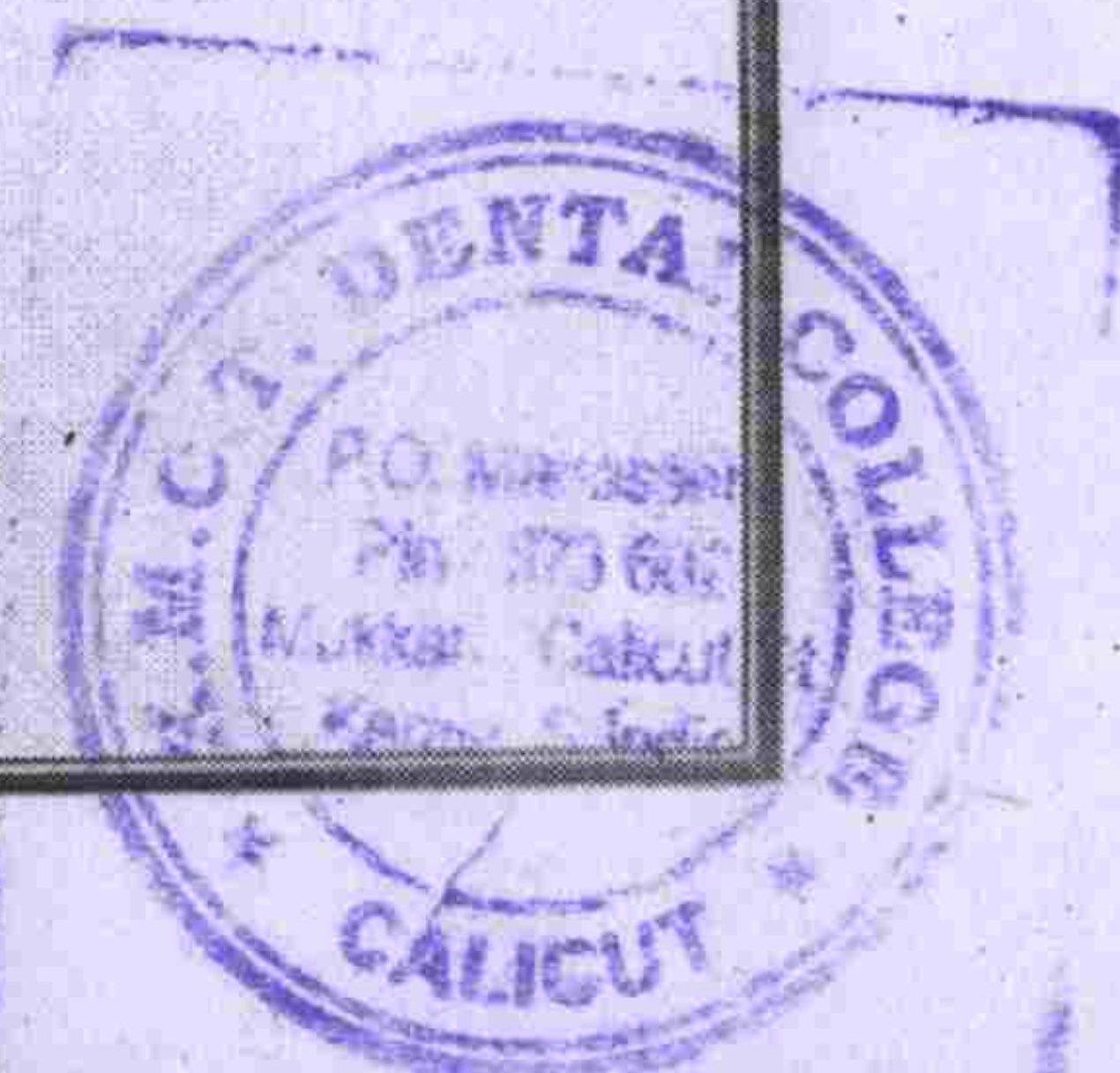
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